# CLATSOP COMMUNITY COLLEGE



# Community Education, Workforce Training, & SBDC



ENRICHING LIVES INSPIRING LEARNING CREATING OPPORTUNITIES

www.clatsopcc.edu

### **Registration Information**

For more information on registering for classes, go to <a href="https://www.clatsopcc.edu/register">www.clatsopcc.edu/register</a>. To register for classes, go to <a href="https://www.clatsopcc.edu/schedule">www.clatsopcc.edu/schedule</a> or call (503) 338-2411.

### **Community Education**

(503) 338-2408 communityed@clatsopcc.edu www.clatsopcc.edu/communityed

# Workforce & Professional Development

(503) 338-2566 workforcetraining@clatsopcc.edu www.clatsopcc.edu/workforce-training

### Admissions

(503) 338-2411 admissions@clatsopcc.edu www.clatsopcc.edu/admissions

# **Lexington Campus**

1651 Lexington Ave. Astoria, OR 97103 (503) 338-2411

### **MERTS Campus**

6550 Liberty Ln. Astoria, OR 97103 (503) 325-7962

# **South County Campus**

1455 N. Roosevelt Dr. Seaside, OR 97138 (503) 338-2402

# Para Asistencia en español

Llame al (503) 338-2484

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### Non-Discrimination Declaration

It is the policy of Clatsop Community College that there will be no discrimination or harassment on the grounds of race, color, sex, gender, marital status, religion, national origin, age, sexual orientation, gender identity or expression or disability in any educational programs, activities, or employment. Questions or complaints should be directed to Naomi Garbutt, Affirmative Action/Gender Equity (Title IX) Officer, Towler Hall, Suite 110, ngarbutt@clatsopcc.edu 503-338-2450; TDD 503-338-2468. The Title II/Section 504 Coordinator, Shelly Alford, is located in Towler Hall, Suite 312B, salford@clatsopcc.edu 503-338-2474

### Accommodations

Persons having questions about or a request for special needs and accommodation should contact JoAnn Zahn, Vice President of Finance and Operations, at Clatsop Community College, 1651 Lexington Avenue, Astoria, Oregon 97103, Library Suite 110, jzahn@clatsopcc.edu Phone (503) 338-2421 or TDD (503) 338-2468. Please send special needs and accommodations requests HERE. Contact should be made at least two business days in advance of the event.

### Declaración de no-discriminación

Es la política de Clatsop Community College que no habrá ningún tipo de discriminación o acoso por razón de raza, color, sexo, género, estado civil, religión, origen nacional, edad, orientación sexual, identidad de género o expresióno discapacidad en los programas educativos, actividades o en la contratación. Preguntas o quejas deben ser dirigidas al Naomi Carbutt, Oficial de Acción Afirmativa / Título IX localizado en Towler Hall número 110, ngarbutt@clatsopcc.edu número de teléfono 503-338-2450, TDD (discapacidad auditiva) 503-338-2468. El Coordinador de la Titulo II/Sección 504, Shelly Alford, se encuentra en Towler Hall, numero 312B, salford@clatsopcc.edu número de teléfono 503-338-2474. Para ADA y otras peticiones de servicios llame al 503-338-2474 o para TDD (discapacidad auditiva) 503-338-2468.

### Ayuda a personas discapacitadas

En cuanto a las personas discapacitadas, se les pide que se comuniquen con JoAnn Zahn, la Vice Presidente de Finanzas y Operaciones en Clatsop Community College, 1651 Lexington Avenue, Astoria, Oregon 97103, Library Suite 110, jzahn@ clatsopcc.edu número teléfonico (503) 338-2421 o a TDD (503) 338-2468. Haga el favor de notificar a la oficina para que se le pueda proporcionar apoyo. La comunicación debe tomar lugar por lo menos dos días de trabajo antes del evento por el cual se requiera tal ayuda.



**Disclaimer:** This publication is intended to inform students and residents about Clatsop Community College's programs and services. It includes a listing of credit, workforce, & community ed. classes for the term. Every effort is made to ensure accuracy at the time of publication; however, the college reserves the right to make changes without prior notice. Textbook information for listed classes is available in the online class schedule. For current information go to our website: <a href="https://www.clatsopcc.edu/schedule">www.clatsopcc.edu/schedule</a>

# **HOW TO READ THIS SCHEDULE:**

### Course ID:

The number list in the left column is the Course ID and Section Number needed to register for the class.

### Dates:

The date range in which the class is offered.

### Location:

Indicates where the offered class will be taking place. Please see "Locations" reference in the section to ther right of this page.

### Days:

The day(s) of the week that the class is offered.

Mon = Monday

Tue = Tuesday

Wed = Wednesday

Thu = Thursday

Fri = Friday

Sat = Saturday

Sun = Sunday

### Instructor:

The name of the instructor that will be facilitating the class.

### Time:

The time range in which the class will be held.

### Fees:

The cost or fee to enroll in the class.

### **TBA**

To Be Arranged

# **LOCATIONS:**

### ARTB

Art Building, CCC 1651 Lexington Ave., Astoria

### ASTRA-AQUACT

Aquatics Center 1997 Marine Dr., Astoria

### **CLTK-CHS**

Clatskanie High School 471 SW Bel Air Drive, Clatskanie

### **CLTK-FLC**

Faith Lutheran Church 1010 NE 5th St., Clatskanie

### **CMH**

Columbia Memorial Hospital 2111 Exchange St., Astoria

### COLB

Columbia Hall 1651 Lexington Ave., Astoria

### MTC

Integrated Manufacturing Tech Center Computer Lab, 6540 Liberty Lane, Astoria

IMTC-MEC Mechanical Shop

### **PATR**

Patriot Hall Gym, CCC 1651 Lexington Ave., Astoria

### **RAIN-SRCTR**

Rainier Senior Center 48 W 7th St., Rainier

### SCCC

South County Campus 1455 N. Roosevelt, Seaside

SCCC-LAB Computer Lab SCCC-RM1 Room 1

SCCC-RM2 Room 2

### **SEAS-BCCC**

Bob Chisholm Community Center 1225 Avenue A, Seaside

### TBA

To Be Arranged

### **TOWL**

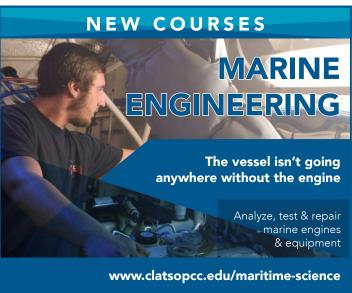
Towler Hall, CCC 1660 Lexington Ave., Astoria

# Looking for academic credit options?

Go to <u>www.clatsopcc.edu/class-schedule</u>
to find more information









# Looking for academic credit options?

Go to <u>www.clatsopcc.edu/class-schedule</u> to find more information



# Don't have a high school diploma?

Plan to attend a GED® orientation session. The GED® (General Educational Development) will enable you to pursue further education, improve your employment status, or fulfill a personal goal. Please call (503) 338-2347 for further information.

# **Literacy Tutoring**

Volunteer tutors work one-on-one with students enrolled in adult basic skills classes to supplement class instruction to improve students' basic literacy skills in reading, writing, math or to pass the citizenship test. Various locations at various times. Please call (503) 338-2557 for further information.

# **ESL**

English as a Second Language (ESL) classes are for adults who want to learn English or improve their English skills. Please call (503) 338-2557 for further information.

Para obtener información sobre las clases de español para GED®, tutoría de alfabetización e inglés como segundo idioma, llame al **(503) 338-2557.** 

Course ID	Location	Days	Time
Lexingto	on Campus	(Astoria)	
English / Speak	kers Other Languag	es	
DESL01E1	COLB-117	Tue	6 – 8 pm
English / Speak	cers Other Languag	es - Int. Mon	6 – 9 pm
GED® Preparat			
DGED48D1 DGED48E3	COLB-114 COLB-114	Tue, Wed, + Thu	9 am – 12 pm 6 – 9 pm
ABE: Mathema		Wed	1 – 8 pm

Course ID	Location	Days	Time
South County Campus (Seaside)			
English / Spea	akers Other Langu	ages	
DESL01E1	SCCC-RM2	Wed	6 – 9 pm
DESL01E2	SCCC-RM2	Thu	6 – 9 pm
ABE: Mathema	atics		
DMTH07	SCCC-RM1	Tue	5:30 – 8:30 pm
GED® Prepara	ation		
DGED48	SCCC-RM1	Thu	5:30 – 8:30 pm
Off-Campus (Clatskanie) GED® Preparation			
DGED48	CLTK-CHS	Mon + Wed	6 – 9 pm
DGED40	OLIN-UNS	iviori + vved	0 – 9 pm

# **COMMUNITY EDUCATION CLASSES** | FALL 2019

Course ID Dates / Days / Time / Location Instructor Fee

# Art

### **Candle Making**

Candles are the perfect cool weather project that will bring light to your home and handle power outages in style. In this workshop, students will explore the possibilities of wax-making both container candles and hand-dipped tapered candles. Please bring the following to class: a few half-pint canning jars or "old-fashioned" glasses that are not too narrow at the top and no more than 4" tall, candle scents or dyes, and a bibbed apron. For more information, please call the instructor, Virginia Hall, at 503-325-0998. \$35 + \$15 for supplies

PER000171E1	Oct 14 – 28	Mon	6 – 8:30 pm
	ARTB-101	Hall	\$50 for 3 sessions

### **Jewelry Metal Piercing for New Students**

Metalsmithing is the practice and art of forming and fabricating metal into jewelry. In this class, students will learn how to make silver, brass, or copper jewelry by using hand tools and precious metals to produce cut-work designs and finished pieces. \$50 for class + \$30 supplies

PER000188E1	Sep 26 - Oct 24	Thu	6 – 8:30 pm
	ARTB-101	Hall	\$80 for 5 sessions

### **Jewelry Metal Piercing for Returning Students**

Metalsmithing is the practice and art of forming and fabricating metal into jewelry. In this class, students will learn how to make silver, brass, or copper jewelry by using hand tools and precious metals to produce cut-work designs and finished pieces. \$50 for class + \$15 supplies **Prerequisite**: Jewelry Metalsmithing

PER000188E2	Sep 26 – Oct 24	Thu	6 – 8:30 pm
	ARTB-101	Hall	\$65 for 5 sessions
	AKID-IUI	Пан	\$65 IOI 5 Sessions

### **Jewelry Soldering**

Take your Jewelry Metalsmithing to a whole new level! Building on the skills developed in the Jewelry Piercing course, students will learn to solder non-ferrous metals to make fabricated jewelry, like rings and pendants, that showcase cabochon cut stones. No class 11/28. Fee breakdown: \$50 for class + \$15 supplies. Prerequisite: Jewelry Metalsmithing or Jewelry Metal Piercing

PER000189E1	Oct 31 – Dec 5	Thu	6 – 8:30 pm
	ARTB-101	Hall	\$65 for 5 sessions

### Soap Making

Take a modern look at the ancient craft of soap making. In this workshop, students will learn three different methods to make soap: melt and pour, hot process, and cold process. Students will craft lovely soaps for home or gifts. For more information, please call Virginia Hall at 503-325-0998. \$35 + \$15 for supplies

PER000172XE1	Sep 23 – Oct 7	Mon	6 – 8:30 pm
	ARTB-101	Hall	\$50 for 3 sessions

Course ID	Dates / Location	Days / Instructor	Time / Fee	
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# **Fitness**

### **Aquatic Fitness**

A physical conditioning program for women and men, this body-conscious cardio and resistance-workout targets heart rate, range of motion and strength-building techniques done in chest-deep water. In addition to the course fee, students must purchase a season pool pass from the Astoria Aquatic Center. No class 11/11, 11/28 or 11/29.

FIT085003D1	Sep 23 – Dec 4	Mon, Wed + Fri	7 – 8 am
	ASTR-AQUACT	von Payens	\$75 for 30 sessions
FIT085003D2	Sep 23 – Dec 4	Mon, Wed + Fri	11 am – 12 pm
	ASTR-AQUACT	von Payens	\$75 for 30 sessions
FIT085051D1	Sep 24 – Dec 3	Tue + Thu	7 – 8 am
	ASTR-AQUACT	von Payens	\$60 for 20 sessions

### **Bandit Community Fitness**

This fitness opportunity for community members allows participants to develop a personalized fitness plan to improve physical, mental, and emotional health. Enrollment includes access to Patriot Hall's indoor track, weight equipment, cardio equipment, gym floor, and open court sports for the term. Participants are encouraged to sign up for a fitness orientation session to become familiar with the equipment, review sample fitness plans, set personal fitness goals, and develop a fitness plan for the term. Visit the Patriot Hall front desk to sign up for a fitness orientation session (dates TBA). Please note, Track/Court Punch Cards do not include access to the weight and cardio equipment. Access begins September 23rd and ends January 5th. Visit clatsopcc.edu/patriothall for hours and scheduled closures.

FIT085067D1	General Public	\$99
FIT085067D2	Veteran / Military / First Responder	\$60
FIT085067D3	CCC Graduate	\$55
FIT085067D4	Senior (62+)	\$60
FIT085067D5	Patriot Hall Punch Cards (5 Visits)	\$25
FIT085067D6	Track / Court Punch Card (5 Visits)	\$15

### Cardio Kickboxing for Fitness

Cardio kickboxing is a high-energy, full-body workout that combines cardio fitness and kickboxing/martial arts techniques. In this class, students will improve coordination and flexibility, increase stamina and physical endurance, and learn and practice real martial arts moves in a fun safe environment. No class 11/11 or 11/29.

FIT085075XE1	Sep 23 – Dec 2	Mon + Wed	5 – 6 pm
	PATR-305	von Payens	\$75 for 20 sessions
FIT085075XE2	Sep 23 – Dec 4	Mon, Wed + Fri	5 – 6 pm
	PATR-305	von Payens	\$115 for 30 sessions

Course ID	Dates / Location	Days / Instructor	Time / Fee	

### **Interval Circuit Training**

This workout features a combination of strength and cardio activities set up in a circuit that will provide a high-calorie burn and body sculpting. Each class features different combinations of activities and is a great form of cross-training. At the end of the circuit, participants will do core strengthening on the mat and finish with a good stretch. No class 11/11.

FIT085065D1	Sep 23 – Dec 2	Mon + Wed	12 – 1 pm
	PATR-306	Mulligan	\$75 for 20 sessions

### Strong Women Strong Bones with CMH

This program is a national evidence-based community exercise and nutrition program targeted to midlife and older women. The program assists women in maintaining muscle mass strength and function. It is easy and fun! We have mats and weights, but students are welcome to bring their own. Wear comfortable clothing and shoes and bring a water bottle. To register, visit www.columbiamemorial.org or call 503-338-7564. Pay course fee to CMH.

HEL085331XD1	Sep 24 – Nov 21	Tue + Thu	10 – 11 am
	PATR-305	Staff	\$45 for 18 sessions
HEL085331XD2	Sep 24 – Nov 21	Tue + Thu	12:30 – 1:30 pm
	PATR-305	Staff	\$45 for 18 sessions
HEL085331XE1	Sep 24 – Nov 26	Tue + Thu	5:30 – 6:30 pm
	PATR-305	Staff	\$45 for 19 sessions

### Tai Chi with CMH (Astoria)

This evidence-based community fall prevention program transforms traditional Tai Chi movements into therapeutic training for improved balance and daily functioning. The movements are simple, continuous and rhythmic. The program is designed for older adults and is traditionally done standing, using coordinated eye, head, hand, and body movements. It can be modified for those with mobility difficulties. Participants should wear comfortable clothing and shoes. Shoes with a minimal sole are recommended. To register, visit www.columbiamemorial.org or call 503-338-7564. Pay course fee to CMH.

FIT085072XD1	Sep 24 – Nov 21	Tue + Thu	11:15 am – 12:15 pm
	PATR-305	Staff	\$45 for 18 sessions

### Tai Chi for Health: Level 1 (Clatskanie)

Slow and gentle Sun (soon) style Tai Chi movements improve mobility and balance, increase muscular strength, reduce stress, and cultivate "Qi," the life energy that circulates in and around the body. In this class, students will be introduced to a deeper understanding of the Qigong breathing exercises, TCA Basic Core movements, and the body-mindfulness association. Classes are conducted at a relaxed pace. Chairs are available for seated or standing support. Activities in this class are appropriate for individuals with arthritis and other chronic conditions. Please wear clothing that is easy to move in and sneakers or other flat, flexible shoes (no open-toe or open-heel sandals). No class 10/10.

FIT08078D1	Sep 24 – Nov 15	Tue + Thu	10 – 10:50 am
	CLTK-FLC	Eastman	\$65 for 12 sessions
	CLIK-FLC	Eastillaii	\$65 IOI 12 SESSIONS

Course ID	Dates / Location	Days / Instructor	Time / Fee	
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### Tai Chi for Health: Level 2 (Clatskanie)

Slow and gentle Sun (soon) style Tai Chi movements improve mobility and balance, increase muscular strength, reduce stress, and cultivate "Qi," the life energy that circulates in and around the body. In this class, students will learn new forms, focus on increasing Chi (internal energy) flow and cultivation and improve concentration and self-awareness to make each movement more meaningful—opening the door to the meditative quality of Tai Chi. Students will build multi-levels of awareness and depth of the movements learned in the beginner's course. Activities in this class are conducted at an accelerated pace. Chairs are available for seated or standing support. Please wear clothing that is easy to move in and sneakers or other flat, flexible shoes (no open-toe or open-heel sandals).

FIT08077D1	Sep 24 – Nov 15	Tue + Thu	11 – 11:50 am
	CLTK-FLC	Eastman	\$65 for 12 sessions

# Language

### Japanes for Beginners: Hiragana (5 Weeks)

There are three kinds of characters in Japanese: hiragana, katakana, and kanji. Hiragana and katakana, like the alphabet, represent sounds. Hiragana is used to conjugate endings, function words, and native Japanese words not covered by kanji. In this class, we will learn to read and write the hiragana alphabet and how to use 18 everyday greetings and phrases in context. Emphasis will be on writing hiragana using brush and ink. This course will be very intense but also very fun. Recommended workbook: Adventures in Japanese

JPN060104E1	Sep 25 – Oct 23	Wed	5:30 – 7 pm
	TOWL-309	Neitzel	\$40 for 5 sessions

### Japanese for Beginners (10 weeks)

There are three kinds of characters in Japanese: hiragana, katakana, and kanji. Hiragana and katakana, like the alphabet, represent sounds. Hiragana is used to conjugate endings, function words, and native Japanese words not covered by kanji. In the first five weeks of this course, we will learn to read and write the hira-gana alphabet and how to use 18 everyday greetings and phrases in context. Emphasis will be on writing hiragana using brush and ink. In the second five weeks, we will apply our knowledge and learn a famous Japanese song that incorporates both hiragana and kanji. Recommended workbook: Adventures in Japanese

JPN060105E1	Sep 25 – Nov 27	Wed	5:30 – 7 pm
	TOWL-309	Neitzel	\$65 for 10 sessions

### Spanish for Beginners 2

This course is a continuation for beginners of the Spanish language. Students will continue to learn basic vocabulary, grammar, and pronunciation. Students will be reading, writing, and conversing in Spanish in a fun and inclusive environment.

SPN062108E1	Oct 30 - Nov 27	Wed	6 – 7:30 pm
	TOWL-307	Rojas-Galvan	\$40 for 5 sessions

# **COMMUNITY EDUCATION CLASSES** | FALL 2019

Course ID Dates / Days / Time / Location Instructor Fee

### Spanish: Advanced

In this class, students will read, study, and discuss the book, Cuba En La Encrucijada, 12 perspectivas sobre la continuidad y el cambio en la Habana y en todo el país, editado por Leila Guerriero. The book is composed of twelve essays. The class will cover five of the essays.

 SPN062109E1
 Sep 25 – Oct 23
 Wed
 6 – 7:30 pm

 TOWL-307
 Rojas-Galvan
 \$40 for 5 sessions

# **General Interest**

### **Auto Care Basics**

In this introductory-level auto care workshop, students will learn basic auto industry terminology, the main automotive systems and how they function, how to do simple car inspections, warning indicators and what to do, as well as how to gather information to make a decision about a new/used vehicle and or a major repair. Bring your vehicle to class, and we'll take a look inside!

 PER042503W1
 Oct 19
 Sat
 10 am - 2 pm

 IMTC-MECH
 Nolan
 \$40 for 1 session

### **Computer Basics: PC**

Computers are an integral part of modern life. In this hands-on crash course on PC computers, students will learn the components of a computer, how to turn one on and off, how to open, close and use computer programs, how to check, send and receive email, and surf the Internet to find topics of interest.

 TEC070110D1
 Nov 1 – 8
 Fri
 10 am – 12 pm

 TOWL-105
 Olson
 \$35 for 2 sessions

### First Aid / CPR / AED

HEL944625 See description under "Workforce & Professional Development" on page 12.

### **Food Handler Certification Training**

HRT9543X See description under "Workforce & Professional Development" on page 13.

### Handgun Safety

CRJ912600 See description under "Workforce & Professional Development" on page 13.

Course ID Dates / Days / Time / Location Instructor Fee

### Sailing: Harness the Wind

In this interactive seminar, students will learn the part of a sail, the points of sail, adjusting for the wind and direction, and the language of sailing. This class is taught by a USCG Licensed Master Mariner Certified Sailing Instructor.

PER031409E1 Oct 9 Wed 5:30 - 8:30 pm
TOWL-306 Cahen \$20 for 1 session

### Sailing: All About Sailboats

Keel, Hull, Jib, Boom. What? Sailboats have their own vocabulary and nomenclature that can mystify persons new to sailing. In this interactive seminar, we pull back the curtain and learn the common names for the parts of a sailboat, rigging, as well as the common terms used to communicate aboard a sailing vessel. Upon completion of this course, students will be able to identify the parts of the boat and rigging as well as basic commands. Students will gain the general knowledge necessary to pass the standard NauticEd quiz.

PER031408E1 Oct 16 – 23 Wed 5:30 – 7:30 pm TOWL-306 Cahen \$25 for 2 sessions

### Septic Systems

Participants will learn everything they wanted (and likely did not want) to know about the septic system that is working hard every day to dispose of wastewater. Working silently underground, a septic system is like the engine in a car: it needs to be maintained properly to make sure it functions well for a very long time. Homeowners, renters, realtors and the curious are invited to come and learn about how a septic system works, where to find it on a property, and how to properly feed and maintain it to assure longevity.

 PER040503E1
 Oct 17
 Thu
 5:30 – 7 pm

 SCCC-RM2
 McNickle
 \$20 for 1 session

### **Smart Phones: Basics**

This hands-on, three-hour crash course in smartphones basics introduces students to their smartphones. In this course, students will learn the difference between Apple and Android operating systems, become familiar with basic settings and applications, and practice using (and troubleshooting) their phones.

PER047519D1 Oct 4 Fri 10 am – 1 pm TOWL-310 Olson \$25 for 1 session

### **Tarot Profiles**

Using the numerology of birthdates and tarot cards, students will gather greater insights into their own strengths and potential as well as increase their ability to make conscious choices. In this one-session workshop, students will learn how to identify which major arcana tarot cards are more influential in their lives, how to identify their own cards' characteristics and utilize their unique gifts, and how the annual cards cycle through their lives. Suggested reading: "Who Are You In The Tarot?" by Mary K. Greer

PER047533E1 Oct 15 Tue 6 – 8:30 pm TOWL-310 Hesse \$25 for 1 session Course ID Dates / Days / Time / Location Instructor Fee

# Health & Wellness

### 30 Days of Natural Healing for Chronic Conditions

Whether you have been experiencing pain, fatigue or any unwanted condition, this course will help you shift to feeling better. Join us as we explore many different techniques, both in class and at home, to take you from wherever you are to a better feeling place. Healing can be fun! In this interactive class, we will build an understanding of the basic principles of energy and emotions, explore physical wellbeing, relationships, circumstances, dreams, and desires. In the final session, we evaluate and inventory change and share our progress.

PER047531D1	Sep 25 – Oct 23	Wed	2 – 4 pm
	SCCC-1	Stewart	\$45 for 5 sessions

### 30 Days of Natural Healing: Start Feeling Great

Modern science proves that our bodies are primarily made up of empty space. That empty space is energy. By shifting our thoughts, emotions, and beliefs in simple ways, we can learn to shift our energy and allow our body's natural healing to take place. This class will be a fun, interactive exploration of different techniques, practiced both in class and at home, to take you from wherever you are to a better place in 30 days. We will discuss the power of meditation, daydreaming, and feeling joy. We will look at beliefs around our health and lives and learn techniques to shift those beliefs and allow our bodies to begin healing. Well-being is our natural state of being, and healing can be fun! In the final class, we will evaluate our progress.

PER047532E1	Sep 25 – Oct 23	Wed	6 – 8 pm
	TOWL-207	Stewart	\$45 for 5 sessions

### Meditation

This is an ongoing meditation class and silent sitting group offered year-round for people with previous meditation experience. In this class, we explore our present moment experience using the foundational practices of breath, body, heart, and mind. Each term the class focuses on a different key element of meditation. This term, the emphasis will be on concentration. We will explore techniques to train the mind to stay focused in present moment experience as well as investigating obstacles to concentration. This is a non-religious class lead by a Zen priest. \*If you are new to meditation, please sign up for the Meditation: An Introduction course.

PER06021XE1	Sep 24 – Nov 26	Tue	5:30 - 7:30 pm
	TOWL-306	Monial	\$45 for 10 sessions

### Meditation: An Introduction

In this class, we will explore our present moment experience using the foundational practices of breath, body, heart, and mind. Concentration, posture, and establishing a practice will be emphasized. This class is specifically designed for beginners, although anyone is welcome to join. This is a non-religious class lead by a Zen priest.

PER06022XD1	Sep 24 – Oct 22	Tue	4 – 5 pm
	TOWL-306	Monial	\$25 for 5 sessions
PER06022XD2	Oct 29 – Nov 26	Tue	4 – 5 pm
	TOWL-306	Monial	\$25 for 5 sessions

Course ID	Dates / Location	Days / Instructor	Time / Fee	
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### **Ecopsychology: An Introduction**

Nature is good for us, and in this course you'll learn the many benefits it has for our mental health! We'll go over the background of ecopsychology and ecotherapy, and engage in nature-based activities to promote stress relief and overall well-being. Includes walking.

PSY949406W1	Oct 26	Sat	10 am – 3 pm
	TOWL-308	Lexa	\$45 for 1 sessions

# **Seniors**

### AARP Smart Driver (\$15 for AARP Members / \$20 for Non-Members)

This course is specifically designed for drivers age 50 and older. The course will help students refresh driving skills and knowledge of the rules (and hazards) of the road, and help reduce the chances of receiving a traffic violation or getting into an accident. Oregon state law provides a discount on auto insurance premiums for completing this course. One does not have to be a member of AARP to take this class. \$15 for AARP members / \$20 for non-members. Pay course fee to instructor in class.

SAF090201D2	Sep 11 SEAS-BCCC	Wed	9 am – 4 pm
SAF090201D3	Oct 17 COLB-219	Thu	9 am – 4 pm
SAF090201D5	Nov 6 SEAS-BCCC	Wed	9 am – 4 pm
SAF090201D1	Dec 5 COLB-219	Thu	9 am – 4 pm
SAF090201D6	TBA RAIN-SNRCTR	TBA	9 am – 4 pm

### Computer Basics: PC

TEC070110	See description under "General Interest" on page 8.

### Conference on Extraordinary Living

This year's Conference on Extraordinary Living (CEL) for people ages 50+ will feature a keynote address titled "Around Oregon: Trains" followed by three breakout sessions with four informative presentations in each breakout. As always, lunch is free. \$10 suggested donation. For more information or to preregister, visit clatsopcc. edu/cel or call 503-338-2411.

LIF065210W1	Sep 7	Sat	8:30 am – 1:30 pm
			Free

### **Smart Phones: Basics**

PER047519	See description under "General Interest" on page 8.

# **COMMUNITY EDUCATION CLASSES** | FALL 2019

Course ID

Dates / Location

Days / Instructor

Time / Fee

Dates / Course ID Location

Days / Instructor Time / Fee

# **Volunteer Trainings**

### Volunteer Training: CASA Becoming an Advocate

This course gives students the knowledge and skills needed to become a CASA (Court Appointed Special Advocate) Volunteer but is open to anyone interested in the child welfare system and judicial approaches to the issue of child abuse and neglect. For more information about the course or Clatsop CASA, please call 503-338-6063.

SOC992004E1 Oct 9 - Nov 13

SCCC-LAB

Wed

5 - 8 pm

Free for 6 sessions

# Writing

### Writer's Workshop

You have a story inside you. It happens when you walk down the grocery aisle, when you look at family photos, or go on a long walk. You invent characters. You know their demeanor and occupation. You know how they fall in love and what they do when trapped in an elevator. It's time to get the people in your head out of there and on the page. Poets, short story writers, novelists, memoirist, hybridists, and total newbies all writers and writing-curious are welcome to this prompt and feedback-driven class. Each day, we will discuss an aspect of writing, read an example of excellence, write to a prompt, and share our work with each other. We'll learn how to give and receive useful feedback. We'll enjoy the struggle to express and be supported by each other in it. Laughter likely. Inspiration guaranteed.

PER013505D1 Oct 8 - 29 **TOWL-307** 

Tue Brennock 3 - 5:30 pm\$45 for 4 sessions

### Writing Workshop: Promptpalooza

In this class, will learn to work with an abundance of creative writing prompts. With a focus on wordplay, students will move through a series of fantastic catalysts at a semi-rapid pace—creating laughter and a light-hearted atmosphere. Let curiosities inspire you and poignant vignettes help you get your words on paper. Using all five senses, we'll go on a little scavenger hunt, plugging into your sense of lyric and rhythm. This class is great for both beginning and more practiced writers.

PER013535D1

TOWL-307

Brennock

\$20 for 1 session

### Writing Romantic Elements in All Genres

Romance is the top-selling genre in Fiction right now. Who doesn't want a little bit of love in their lives? In this workshop, we will take a brief look at the industry itself and how romance weaves through all genres, before diving under the covers for writing practice. Bring your laptop or a notebook for writing.

PER013538W1

Oct 19 SCCC-RM1 Cameron

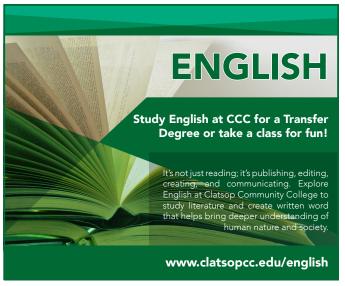
1-4 pm

\$20 for 1 session

# **Looking for academic** credit options?

Go to www.clatsopcc.edu/class-schedule to find more information





### WORKFORCE & PROFESSIONAL DEVELOPMENT FALL 2019

Time / Dates / Days / Course ID Location Instructor Fee

# **General Interest**

### **Employment Essentials Series**

The Employment Essentials Series is a set of four courses designed to equip you with the skills to succeed in finding and securing a new job. In this series, you will learn how to create a stand-out resume and cover letter, how to successfully interview for a job, navigate a job offer, and enter your next workplace with confidence. Each course offers in-depth explanation, step-by-step instruction, and provides tips and tools for success as you navigate your next job or career search.

BUS974210E1 Oct 3 - 24 Thu 6-8 pmTOWL-208 Parker \$50 for 4 sessions

### Resume Building

A resume is a document that shows a person's skills, background, and accomplishments. In this course, you will get step-by-step instructions and in-depth explainations for creating a stand-out resume for your next job search. You will leave this course with the skills and confidence to craft a well-written resume that fully represents your abilities and assets.

BUS974208E1 Oct 3 Thu 6-8 pmTOWL-208 Parker \$15 for 1 session

### Stand Out Cover Letters

A cover letter is a document sent out with a resume to demonstrate a person's skills and attributes in narrative style, and illustrate why a candidate is an excellent fit for the position. In this class you will learn how to format your cover letter effectively, what to avoid, and how to highlight your relevant experience. You will get step-bystep instruction and the tools to create your next great cover letter.

BUS974206E1 Oct 10 Thu 6-8 pmTOWL-208 Parker \$15 for 1 session

### Job Interview Essentials

A job interview is an important step in demonstrating that you are the right candidate for the job. In this course, we will discuss the most common interview questions, what to avoid in your interview, the importance of researching your potential employer, and how to negotiate a job offer. By the end of this course you will gain the knowledge and confidence to ace your next job interview.

BUS974209E1 Oct 17 Thu  $6 - 8 \, pm$ TOWL-208 Parker \$15 for 1 session

Time / Dates / Days / Course ID Location Instructor Fee

### Workplace Skills

Workplace Skills are skills, personal qualities, and attitudes that are helpful and necessary to perform well in any workplace. In this course, you will gain an understanding of appropriate etiquette and attire for your new workplace, what agencies are in place to support you, and how to correctly navigate new-hire paperwork and procedures. You will leave with the confidence and knowledge to be successful as you enter your new workplace.

BUS974207E1 Oct 24 6-8 pmTOWL-208 Parker \$15 for 1 session

### Commercial Drivers License Training (Offered through TBCC)

The Commercial Drivers License Training course is designed to prepare students to take and pass their Commercial Drivers License exam. In this 4-week class, students will be trained in rules and regulations, best-practices, and behind-thewheel experience for commercial driving. This class is offered through Tillamook Bay Community College and hosted at MERTS campus in Astoria. To enroll, please visit www.TillamookBayCC.edu or call 503-842-8222.

TBCCF1 Sep 23 - Oct 18 8 am - 5 pm Mon - Fri MERTS Staff \$5,000 for 20 sessions

### **Local Amateur Radio Resources**

Students will learn how to use their hand held and base station VHF (2 meter) radios, how local repeaters operate, suggested types of antennas, effective communication skills, how traffic nets operate, emergency and battery power soruces, accessing Echo link, IRLP and digital systems, how the Columbia River Lightship shortwave/ wireless (HF) amateur radio station operates and the type of license needed and the purpose of QSL cards. Presentations made by the Community Emergency Response Team (CERT) and the Amateur Radio Emergency Services (ARES) staff. Information about local clubs and releated groups will be provided. This course is not a license prep class or a theory class. This is a "how to do it" course.

9 am - 4 pm SAF090704W1 Sep 21 Sat COLB-219 Staff Free for 1 session

### Interpersonal Communication for the Workplace

Effective interpersonal communication is an essential part of a well-run workplace. Interpersonal communication involves the process of sharing thoughts, ideas, feelings, and emotions both verbally and non-verbally. In this course you will learn the importance of effective communication in the workplace and how to build upon your interpersonal communication skills. Each session you will hone in on you skills by evaluating context, self-awareness, non-verbal cues, and empathy as it relates to your work setting.

COM9753E1 Oct 23 - 30 Wed 6-8 pmTOWL-201 Gasser \$35 for 2 sessions

# WORKFORCE & PROFESSIONAL DEVELOPMENT | FALL 2019

Dates / Days / Time / Course ID Location Instructor Fee

### **Parliamentary Procedure**

This five-week course introduces the basics of parliamentary procedure and Robert's Rules of Order. In this course, students will learn basic parliamentary procedures for handling business during a meeting. Students will have the opportunity to learn and practice: making and amending motions, debating, voting, rights in participation, and secondary motions. They will also learn how and when to use the tools defined within Robert's Rules of Order. This class is great for elected officials or persons currently serving on or planning to serve on a board.

BUS952434E1	Sep 24 – Oct 29	Tue	6 – 7:30 pm
	TOWL-209	Taylor	\$60 for 6 sessions

### Referee Training: Soccer

Students will review and discuss soccer officiating, rules and other aspects of officiating high school soccer games according to national federation rules. Call 503-338-2445 for registration information.

PED9974XD1	TBA	TBA	TBA
	TBA	Toyas	Free

### Referee Training: Basketball

Students will review current and new rules which pertain to officiating high school basketball. The rules are sanctioned under the National Federation of High Schools. Students will also practice floor positioning and correct referee techniques. Call 503-338-2445 for registration information.

PED9974XD2	TBA	TBA	TBA
	TBA	Toyas	Free

### Referee Training: Volleyball

Students will review and discuss volleyball officiating, rules and other aspects of officiating high school volleyball matches according to national federation rules. Call 503-338-2445 for registration information.

PED9974XD3	TBA	TBA	TBA
	TBA	Toyas	Free

# **Looking for academic** credit options?

Go to www.clatsopcc.edu/class-schedule to find more information

Course ID	Dates / Location	Days / Instructor	Time / Fee	
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# **Health & Safety**

### First Aid / CPR / AED

This First Aid/CPR/AED course is designed to prepare participants to provide First Aid, CPR, and use an automated external defibrillator (AED) in a safe, timely, and effective manner. This course teaches the critical skills needed to respond to and manage an emergency until emergency medical services arrive. This course includes infant/child First Aid and CPR. Upon successful completion of the course, students will receive the American Heart Association First Aid/CPR/AED two-year certification.

HEL944625D1	Sep 19	Thu	8 am – 1 pm
	TOWL-306	McCoy	\$55 for 1 session
HEL944625W1	Oct 5	Sat	8 am – 1 pm
	TOWL-310	McCoy	\$55 for 1 session
HEL944625D2	Nov 7	Thu	8 am – 1 pm
	TOWL-310	McCoy	\$55 for 1 session
HEL944625W2	Dec 7	Sat	8 am – 1 pm
	TOWL-310	McCoy	\$55 for 1 session

### **Basic Life Support for Healthcare Providers**

The American Heart Association Basic Life Support for Health Care Providers class is designed to train health professionals (hospital staff, nurses, EMR's and above) to recognize life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe and timely manner. This class is structured as a team-based approach. First Aid training is not provided in this class. Register and pay 2 DAYS PRIOR TO CLASS to secure your spot.

HEL944601D1	Sep 19	Thu	2 – 6 pm
	TOWL-306	McCoy	\$60 for 1 session
HEL944601D2	Nov 7	Thu	2 – 6 pm
	TOWL-310	McCoy	\$60 for 1 session

### Flagger Certification: Traffic Control Training

This course provides flaggers with the basic knowledge, information and awareness to perform their jobs safely. This course will alert participants to dangers and pitfalls inherent in the work place, provide them with the information they need to be safe and maintain a safe environment for coworkers, drivers and pedestrians. After completing the course, students will receive a Washington State Flagger Certification card with reciprocity in Oregon, Idaho and Montana. The card is valid for three years. STUDENTS MUST REGISTER AND PAY AT LEAST 2 DAYS BEFORE CLASS. Please bring a pen and picture ID.

OST9877XW1	Sep 28	Sat	9 am – 4 pm
	TOWL-306	Bolden	\$85 for 1 session
OST9877XW2	Nov 9	Sat	9 am – 4 pm
	TOWL-306	Bolden	\$85 for 1 session

Course ID Dates / Days / Location Instructor	Time / Fee
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### **Food Handlers Training**

Food Handlers will learn how to properly prepare and serve safe food. Emphasis will be placed on Oregon's new food codes and the five major factors of food-borne illnesses. Students are required to complete 1.5 hours of training and pass an exam for certification. Certification is required of all food handlers in the State of Oregon. Bring 1 form of picture ID for review. Pay course fee to instructor in class.

HRT9543XD1	Sep 25	Wed	9 – 10:30 am
	SCCC-RM2	Staff	\$10 for 1 session

### Food Handlers Training en Español

Las personas quienes son reconocidas en inglés como "Food Handlers", completarán una clase donde se aprenderá a preparar y a servir comida de calidad segura. El enfoque trata con enseñar y demostrar las nuevas reglas o códigos del estado de Oregon. Incluso, habrá un enfasis en los cinco factores mayores de enfermedades transmitidas por los alimentos. Al estudiante se le require que complete 1 hora y media de aprendizaje y entrenamiento por medio de una clase. La misma clase incluye un examen que se dará en conclusion a tal clase. Al completar la clase y al aprobar el examen, el estudiante recibirá su certificado. La certificación se require de toda persona que prepare o sirva comida en el estado de Oregon. Haga el favor de pagar la cuota de \$10.00 al instructor de la clase. Traiga a la clase y presente una identificación que tenga fotografía suya.

HRT9543XD3	Sep 25	Wed	10:30 am - 12:30 pm
	SCCC-RM2	Staff	\$10 for 1 session

### Ham Radio Technician

Ham Radio Technician License is a Federal Communications License which a person must have to operate on Ham Radio Frequencies. In this class, students will prepare for the Amateur Radio "Technician License Exam" and learn about: Radio Theory, Allowable Frequencies, RF Exposure Limits, Repeaters, Radio Ethics, Antennas, and Allowable Frequency Bands. The objective of this class is to help prepare people to help with radio communications for non-emergency and emergency situations such as wind storms, floods, tsunamis and other possible man-made disasters that may cause major damage, and/or power and communications failures. Please bring your ID, SSN, and a calculator. All other materials are supplied. Class is free. Test fee is \$14. For questions or to register, email hamclass@charter.net. Friday session 5:30 - 9:00 pm, Saturday session 8:30 am - 6:00 pm. The FCC exam begins at 4:30 pm.

CRJ9126XW1	Oct 18 – 19	Fri	5:30 – 9 pm
		Sat	8:30 am - 6 pm
	SCCC-RM2	Staff	Free for 2 sessions

### Handgun Safety

Participants will learn handoun safety for personal and/or professional applications. and will obtain the necessary training to apply for a concealed weapon permit. Students must preregister for this class. Do not bring a handgun to class.

CRJ912600W1	Oct 12	Sat	9 am – 12 pm
	TOWL-308	Meres	\$55 for 1 session

Course ID	Dates / Location	Days / Instructor	Time / Fee	
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### **Managing Patient Emergencies**

Effectively managing patient emergencies is a critical care skill every nurse must know. In this course you will learn how to identify the RED flags through assessment, and learn interventions for patients presenting with issues including cardiovascular, respiratory, gastrointestinal pain, agitation, delirium, and decompensation. This course will sharpen your crisis management skills and provide rapid assessment tips to improve overall patient outcomes. This course is presented by Columbia Memorial Hospital. Fee for non-CMH employees is \$75. Payments may be made in advance by contacting Betsy Brenden, bbrenden@columbiamemorial.org, 503-338-4632.

NUR9467D1	Oct 22	Tue	8 am – 5 pm
	COLB-219	Staff	\$75 for 1 session
NUR9467D2	Oct 23	Wed	8 am – 5 pm
	COLB-219	Staff	\$75 for 1 session

### Yoga Teacher Training

Students of the Yoga Teacher Training course will receive a well-rounded knowledge of basic yogic traditions, practices, philosophies, and techniques. Through firsthand experience, students will deepen their self-awareness and understanding of yoga, leaving the program empowered to teach a variety of basic modalities safely, effectively, and confidently. Students will develop the confidence and ability to instruct Hatha Yoga, Vinyasa Flow, Yin Yoga, and Restorative Yoga classes. Upon completion of the two-term course, students will obtain a 200-Hour Yoga Teacher Training Certificate recognized by the Yoga Alliance, the tools to launch a new yoga business model, and the confidence to engage in the community as an industry leader. This is part 1 of a 2 part course series. Course must be taken in sequence. Cost covers all materials and tuition for two-term course. Part 2 runs 1/6 - 3/13. About the instructor: Kristin Kabanuk lives and teaches yoga in Seaside, OR. She became officially certified as a teacher at Ashtanga & Hatha Yoga Mysore under Ely Ruales and Mahesh Chandra in Varkala, Kerala, India in 2013. Fee for 2 terms must be paid upfront.

PATR-207 Kabanuk \$2,750 for 200-Hour YTT Certificate	EDU9617CD1	Sep 23 – Mar 13 PATR-207	Mon, Wed, + Fri Kabanuk	
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### Yoga Teacher Training Information Session

This information session will give students an overview of the commitment required to complete the 200-hour Yoga Teacher Training program. Students will gain an understanding of the structure of the course and the intended outcomes. This info session serves as a prerequisite to the Yoga Teacher Training class. Students who are unable to attend the info session but are interested in enrolling in the Yoga Teacher Training class must contact the instructor prior to enrolling. Kristin Kabanuk, at (503) 739-7104 or kristin@seasideyogaretreats.com.

EDU9618E1	Sep 5	Thu	6 – 7 pm
	TOWL-308	Kabanuk	Free for 1 session

# WORKFORCE & PROFESSIONAL DEVELOPMENT | FALL 2019

Course ID

Dates / Location Days / Instructor Time / Fee Course ID Dates / Days / Time / Location Instructor Fee

# **Leadership & Management**

### Interpersonal Communication for the Workplace

COM9753E1

See description under "General Interest" section on page 11.

### Leadership and Management: Team Building

Team building is an effective way to unite among a common goal, strengthen relationships, wipe out negativity, and promote better communication within a group or workplace. In this course you will learn creative ways to strengthen your group, build strong connections, promote accountable, and support individual growth. Each session will tackle the issues challenging your team or workplace, and find resourceful solutions through team building.

BUS975265E1

Nov 13 – 20 TOWL-201 Wed Gasser 6 – 8 pm \$35 for 2 sessions

ridual growth. debate, and conduct nominations and elections.

Nov 5 – Dec 3 TOWL-209

**Parliamentary Procedure for Presiding Officers** 

**Parliamentary Procedure** 

BUS952434E1

BUS952435E1

Tue Taylor

This five-week course teaches the procedures required to be an effective Presiding Officer for meetings that use parliamentary procedure. The class is for Chairs, Vice

Chairs, and anyone with inclinations of becoming a presiding officer. Students will

learn by practicing the processes in the class. In this course, students will learn how

to administer the processes as described in Robert's Rules of Order, including how to

properly manage the agenda, handle motions and amendments to motions, manage

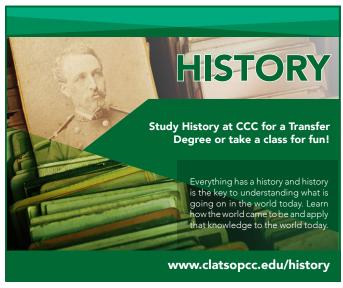
Ssee description under "General Interest" section on page 12.

6 – 7:30 pm \$55 for 6 sessions

# Looking for academic credit options?

Go to www.clatsopcc.edu/class-schedule to find more information





# SBDC | SMALL BUSINESS DEVELOPMENT CENTER | FALL 2019

Course ID	Dates /	Days /	Time /
	Location	Instructor	Fee
	Location	instructor	ree

### Ready, Set, Start Your Business

This workshop is for anyone looking to start a new business. Topics covered include identifying your reasons for starting a business, seeing if business ownership is right for you, evaluating your business opportunities, learning the "basics" of starting a business, and much more!

You will come away with a good understanding of what it takes to license, register, and obtain the proper permitting and other specific needs related to your endeavor. We will be covering some of the trials and tribulations that others have encountered so that you can avoid common pitfalls and errors that could cause your business to fail due to improper planning. We will also be sharing constructive tools such as LivePlan to help you create your own custom business plan.

What happens after this class?

If you decide you want to actively pursue your vision of opening a business you can schedule a private appointment with one of our qualified Clatsop Community College SBDC business advisors. It is always FREE and CONFIDENTIAL.

Seating is limited and pre-registration is required: https://bizcenter.org/centers/clatsop-sbdc/our-classes

BUS975224D1	Sep 4	Wed	8:30 – 10:30 am
	COLB-219	Staff	\$20 for 1 session
BUS975224D3	Oct 2	Wed	8:30 – 10:30 am
	SCCC-RM2	Staff	\$20 for 1 session
BUS975224D3	Dec 4	Wed	8:30 – 10:30 am
	SCCC-RM2	Staff	\$20 for 1 session

### Governor's Marketplace

Want to know about Public Contracting opportunities and available local resources? The Governor's Office leads the way to show you how.

This event brings opportunity for, and breaks down barriers to, public contracting and helps connect small business to an array of resources, tools, and networking opportunities to make public contracting more accessible.

This event is scheduled for Wednesday, November 6, 2019 at Clatsop Community College, Columbia Hall, room 219, from 7:30 am – 1:00 pm. (7:00am check-in)

The Governor's Marketplace activities will include:

- Tools and Resources Public Contracting 101 & 201
- Cutting Red Tape
- · Locate Financing
- · Lightning Round of Opportunities
- Networking luncheon

Seating is limited and pre-registration is required: https://bizcenter.org/centers/clatsop-sbdc/our-classes

BUS9289D1	Nov 6	Wed	7:30 am – 1 pm
	COLB-219	Staff	\$49 for 1 session

Course ID	Dates / Location	Days / Instructor	Time / Fee	
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# Getting Started with QuickBooks (online version) & Introduction to Financial Reports

Students will begin with an introduction to financial reports, and then be hands-on as they learn how to create a path toward a more strategic financial management approach by learning:

- -The knowledge of common financial business terms and concepts.
- -The basics of understanding the three key financial reports including Profit and Loss, Cash Flow, and Balance Sheet.
- -How to "open" a new company.
- -The different types of QuickBooks, and how to navigate within them.
- -How to add users, change basic settings, and do basic customizations.
- -How to use the banking center, reconcile bank accounts, loans, and credit cards.
- -How entries affect Profit and Loss, Cash Flow, and Balance Sheets.
- -How to create and memorized financial reports.
- -How to use current financial records to create financial reports.

Students can register for this 2 part series at: https://bizcenter.org/centers/clatsop-sbdc/our-classes/

Sep 17	Tue	8:30 – 11:30 am
SCCC	Staff	\$30 for 1 session
Sep 17	Tue	5:30 – 8:30 pm
TOWL-105	Staff	\$30 for 1 session

### Advanced QuickBooks (online version) with 1-Hour Open Lab Advising

It's time to take your knowledge of QuickBooks (online) to the next level. Join us to learn the advanced features that QuickBooks has to offer. If you have employees and/or a business with inventory this class will be really helpful. Plus, you can get hands-on help by scheduling a separate 1 hour session for the QuickBooks Open Lab. Participants will get one-on-one assistance to answer their specific questions and get help troubleshooting real life issues.

In the workshop students will be learning:

- -Accounts Receivable—entering invoices, receiving payments, etc.
- -Accounts Payable-entering bills, paying bills, writing checks, etc.
- -How to customize invoices and use QuickBooks Payment system.
- -How to manage/track inventory using QuickBooks.
- -How to integrate other systems with QuickBooks such as POS, payroll, and payment processing.

Students can register for this 2 part series at: https://bizcenter.org/centers/clatsop-sbdc/our-classes/

Oct 8	Tue	8:30 – 11:30 am
SCCC	Staff	\$30 for 1 session
Oct 8	Tue	5:30 – 8:30 pm
TOWL-105	Staff	\$30 for 1 session

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# ECRWSS POSTAL PATRON

# **DEGREES & CERTIFICATES**

**Associate of Arts Oregon Transfer** 

**Associate of Science Oregon Transfer** 

**Business or Computer Science** 

### **Associate of General Studies**

### **Associate of Applied Science**

**Automotive Technician** 

**Business - Accounting or Management** 

Criminal Justice

Diagnostic Imaging (partnership with Linn-Benton CC)

Fire Science

Historic Preservation and Restoration

Maritime-Vessel Operations

Nursing-RN

Occupational Therapy (partnership with Linn-Benton CC)

Welding

### Certificate Programs | 1 year or less

**Automotive Technician** 

**Business Professional** 

Computer Aided Design and Drafting (CADD)

Historic Preservation and Restoration

Maritime - Seamanship

Medical Assistant

Welding

### Certification Preparation | Less than 1 year

Emergency Medical Technician and Adv. EMT

Nursing Assistant Nursing Assistant II



# DEGREE PARTNERSHIPS WITH OSU, PSU, WOU, EOU, OHSU, & LINFIELD COLLEGE

Opportunity to earn bachelor's degree on our campus with EOU

# AREAS OF INTEREST FOR TRANSFER

Art Foreign Language

Biology History
Business Mathematics
Chemistry Physics
Communications Psychology

English Social Services / Sociology