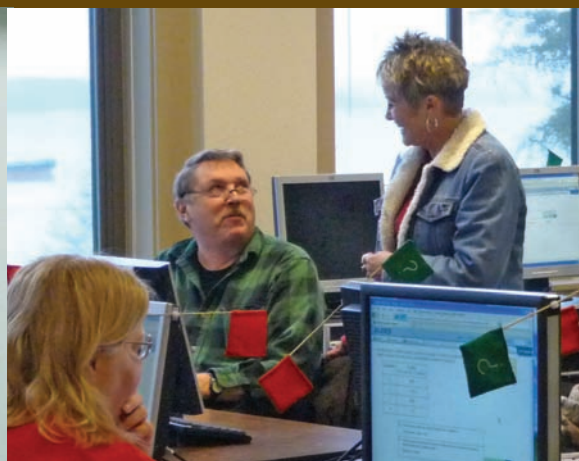




**CLATSOP
COMMUNITY
COLLEGE**

Workforce Training Spring 2011 *& Education For Life Classes*



Important Dates

March 7 - April 1

Registration

March 28

Classes Begin

April 1

Payment Due

April 1

Graduation Petitions Due

April 1

Last Day To Register
Without Late Fee, & Without
Instructor Approval*

April 1

Last Day To Pay For Classes
With No Late Payment Fee

April 1

Last Day To Drop
With Full Refund
(No refunds after this date)

April 4 - 8

Late Registration

April 8

Last Day To Register
For Term Length Classes

April 22

Last Day To Drop With
No Notation on Transcript

April 22

Refunds Mailed

May 13

Last Day To Drop A Course
Or Change To Credit, Audit

May 30

CCC Closed

June 3

Last Day To Completely
Withdraw From All Classes

June 6 - 9

Final Exams

June 14

Grades Available
Online Using MyCCC

* No late registration fee for
open-entry classes.

What is the Gold Card Discount?

Clatsop Community College students 62 or older may hold a Clatsop Community College Gold Card. Card holders are entitled to a 25% discount on course tuition and instructional related fees. Other fees, including technology and materials fees, are the responsibility of the bearer. Students must present proof of age. The College reserves the right to exempt courses from the Gold Card discount. Look in the "Gold Card Tuition & Fees" column of the class listings to determine the cost of your class.

How To Read This Schedule:

COURSE NUMBER:

The 3-letter, 6-digit number listed to the right of the class title needed to register for the class.

SECTION ID:

The 1-letter, 1-digit number needed to register for the class.

INSTRUCTOR:

Indicates who teaches the class.

TIME: The time the class is offered.

DAYS: The day(s) the class is offered.

N	Sunday	R	Thursday
M	Monday	F	Friday
T	Tuesday	S	Saturday
W	Wednesday	TBA	To Be Announced

LOCATIONS:

See below for class locations.

TUITION/FEES OR GOLD CARD:

Cost to enroll in class.

NO FEE:

There is no fee to take this class.

SEE ABOVE:

The fee is not collected through CCC but rather through the individual instructor/business that offers the course. See class description for pricing information.

GOLD CARD:

See "What is the Gold Card Discount" for Gold Card pricing information.

CODES:

☐/Evening Class

Indicates that the class begins at or after 5:00 p.m.

I/Instructor Permission

Students must have permission from course instructor before registering for the class.

O/Open Entry/Open Exit

Many Open Entry/Exit courses have no late registration fees. Many of these classes may be started at anytime during the term. You must complete the required amount of hours. Contact the class instructor for more information.

Locations:

ARTB: Art Building, CCC

1799 Lexington Ave., Astoria

ASTR AQUACT: Aquatics Center

1997 Marine Dr., Astoria

ASTR CMH: Columbia Memorial Hospital

2111 Exchange St., Astoria

ASTR JOSIE: Josie Peper Building, CCC

1642 Franklin St., Astoria

ASTR LBACAD: Life Boat Academy

91868 Young's River Road, Astoria

ASTR LOTUS: Lotus Yoga Studio

2935 Marine Dr., Suite F, Astoria

ASTR PEACE: Peace Lutheran Church

565 12th St., Astoria

CLTK CHS: Clatskanie High School

471 SW Bel Air Dr., Clatskanie

CLTK SENIOR: Clatskanie Senior Center

620 S.W. Tichenor, Clatskanie

COLB: Columbia Hall, CCC

1651 Lexington Ave., Astoria

ASTRFBART: Fiber Arts Academy

1296 Duane St., Astoria

PACM: Performing Arts Center

16th St. and Franklin St., Astoria

PATR/PATR GYM: Patriot Hall/Patriot

Hall Gym, CCC

1650 Jerome Ave., Astoria

SCCC/SCCC LAB: CCC South County

Campus/Computer Lab

1455 N. Roosevelt, Seaside

SEAS BCCC:

Bob Chisholm Community Center

1225 Ave. A, Seaside

SEAS HIGHS: Seaside High School

1901 N. Holladay, Seaside

SEAS MASON: The Masonic Temple

201 N. Holladay Dr., Seaside

TBA: To be announced

TOWL: Towler Hall, CCC

1660 Lexington Ave., Astoria

WARR OCEAN: Ocean Crest Motors

855 Alt. Hwy. 101, Warrenton

Do Your Employees Need Additional Training To Increase Productivity At Work?

Are You Sending Employees Out Of The Region For Training?

Do You Struggle With Organizing and Finding The Time For In-house Training?

Our customized training services are designed to help you identify specific industry skills and create convenient and affordable training sessions that hit the target. Assessment consulting is free!

What Is Workforce Training?

Workforce training strives to be responsive to the workforce needs of local businesses by providing training opportunities for workers seeking to gain or improve skills, knowledge or understanding of various topics needed in their occupations. Customized training is also available to businesses based on specific needs and is delivered in a flexible format geared to specific schedules and site locations. For example, training topics may include pre-employment orientation, industrial and manufacturing, safety and regulatory, medical, computer, and hospitality service. You can increase your business capacity to utilize specialized training with services such as train-the-trainer workshops, job analysis, needs assessment, pre-employment preparation, refresher and skill upgrading, and consulting services. For more information call 503-338-2408.

Types Of Training Available To You

- Industry-Specific Short Courses & Workshops
- Accounting & Bookkeeping
- Supervisory & Management Training
- Industry Certifications/Recertification & Testing
- Effective Workplace Communications & Team Building
- New Employee Orientation
- Customer Service
- OSHA Safety
- Manufacturer Training
- Supervisory Training
- Medical Training
- Computer Training
- Basic Office Skills
- Pre-employment Training
- Safety & Regulatory Training
- Real Estate Workshops
- Leadership Training
- Public Safety Classes & Workshop

For Information On Workforce Training, Contact:

Kristen Wilkin

Dean, Workforce Education
CCC - MERTS Campus
6540 Liberty Lane
Astoria, OR 97103
503-338-7696

Paula Duncan

Education For Life Coordinator
CCC - Josie Peper Building
1642 Franklin St.
Astoria, OR 97103
503-338-2408

INDUSTRIAL SAFETY TRAINING APPLICATIONS

Clatsop Community College's Industrial and Manufacturing Technologies Center offers modules affording open entry/exit enrollment utilizing a self-paced format of delivery approximately four hours in length.

For available modules, days, times, and registration information, contact the IMTC Department office at 503-338-7670.



Programs That Are Here To Help You

Clatsop Economic Development Resources (CEDR)

Does solving your business challenges seem like an impossible task?

The mission of CEDR is to deliver business-driven economic development services to create, grow, and retain businesses in Clatsop County. CEDR covers all aspects of your business' life cycle-from concept to expansion to exiting. CEDR provides confidential and free business counseling, specialized services, workforce recruitment and training. CEDR is a one-stop, high quality and low cost business solution.

South County Campus 503-338-2402

Small Business Management Program (SBM)

Since 1979, the Small Business Management Program has assisted small business owners to achieve their goals through improved organization, management, operations and marketing of their businesses. Instruction is practical and immediately usable, tailored to each business's individual needs. If you're a business owner who is willing to commit time for classes and on-site visits and willing to try and accept new ideas, then this program is for you!

You'll benefit from monthly classroom sessions covering specific topics, group discussion and an exchange of ideas with other business owners; monthly visits to your business by the SBM instructor for personalized and confidential application of classroom topics and subjects of your choosing, and an analysis of your business to help you develop a sound plan for growth, expansion and greater profits.

South County Campus 503-738-2417

Small Business Development Center (SBDC)

The path traveled to start, run and grow a business is filled with a variety of obstacles that often result in costly setbacks, or even failure. Traveling this path alone can be overwhelming and is extremely risky. The Clatsop Community College SBDC counselors have traveled the path and can assist with overcoming the obstacles. The result is lower risk and increased probability of success. We accomplish this by providing:

- No Cost Business Consulting
- Training Sessions & Materials
- Business Information Referrals

South County Campus 503-338-2402
1455 N. Roosevelt
Seaside, OR 97138

Workforce Training Courses - Spring 2011

Continuing Education

SECTION ID	INSTRUCTOR	TIME	DAY	LOCATION	TUITION/ FEES	GOLD CARD	CODES
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ETHICAL BOUNDARIES (SOC96101) OR ETHICAL BOUNDARIES-CEU (SOC96101CE) (o Credit)

Working in mostly isolated rural communities has special ethical challenges for the clinician. Avoiding some form of dual relationship is virtually impossible when there are only two grocery stores, one plumber and one school. Awareness of ethical pitfalls and having strategies to avoid them will help therapists weave personal boundaries into their work from initial interview through termination. Workshop begins at 8:30am with registration and a continental breakfast and then lunch on your own from 12-1pm. (The CEU section is only for students wishing Continuing Education Units (CEU) credit. CEU section cost is \$30.)

D1 STAFF 8:30am-4:30pm F COLB-219 See Above See Above

Start Date: MARCH 18 End Date: MARCH 18

EVENT PLANNING & COORDINATION (GWF077801) (o Credit)

Meetings and conventions bring people together for a common purpose, and meeting and convention planners work to ensure that this purpose is achieved seamlessly. If you are interested in coordinating and planning every detail of meetings and conventions, then this class is for you! You will learn about general planning, the timing of an event, how to work within a budget, how to work with vendors and staff. You'll also gain knowledge about the aesthetics of setting up an event and how to get the best WOW factor for clients through the use of color coordination. You'll also learn the importance of excellent customer service! Please call 503-338-2408 for information about dates, days, times and location. Cost of the class is \$75.

E1 ABEL 1:00-4:00pm TR SCCC-RM2/3 \$75.00 \$75.00

Start Date: MAY 9 End Date: MAY 10

TOURISM GUEST SERVICE TRAINING BEGINNERS (HRT975301) (o Credit)

Knowing how to give exceptional service is one of the keys to growing and sustaining a tourist business, whether you are the business owner who manages employees, or if you are the employee. This course is designed to teach students how to maintain a friendly attitude to ensure customer loyalty, how to keep a smile on your face, even during stressful and busy times, and how to handle difficult, unpleasant or dissatisfied customers. Students will also learn how to make hotel and restaurant guests comfortable and welcome, and how to tailor the customer's experience to their specific needs. (With the April class students can be prepared for the Coastal Career Fair at the Seaside Convention Center on April 13 from 12:30 to 4:00 pm!)

D1 NOFIELD 2:00-5:00pm MT SCCC-RM2 \$50.00 \$50.00

Start Date: APRIL 11 End Date: APRIL 12

D2 NOFIELD 2:00-5:00pm TW SCCC-RM2 \$50.00 \$50.00

Start Date: MAY 17 End Date: MAY 18

THE "NEW" NETWORK MARKETING BIZ (BUS924503) (o Credit)

If you can't find a (better) job because you are "too old, don't have a degree, overqualified", etc., then Network Marketing may be just what you need. Discover the NEW network marketing industry, endorsed by Donald Trump (Billionaire Business Mogel), Stephen Covey (7-Habits of Highly Effective People) and Jack Canfield (Chicken Soup for the Soul). The internet, Facebook, Twitter, etc. has revolutionized this industry. . . .making it more attractive and easier to begin a home-based business. This workshop will provide OBJECTIVE information about Network Marketing with ZERO pressure to join a company. Get the facts. . . .then choose for yourself. (SECTION W1: April 16, 2011 TOWL 307) OR (SECTION W2: May 7, 2011 SCCC-RM1)

STERLING 9:00am-4:00pm S \$95.00 \$95.00

PUBLIC POOL/SPA SAFETY COURSE (HPE939001) (o Credit)

This short course is designed to teach the operators of public pools and spas the public health reasons behind the administrative rules for their facilities and how to keep pools/spas safe and clean. The focus will be water chemistry balance, operational parameters that contribute to facility sanitation and general safety issues. For further information please call 503-325-8500 X1927. Cost of the class is \$15 and can be paid to the instructor at the class.

D1 NAUMAN 8:00am-12:00pm W SCCC-RM2 See Above See Above

Start Date: MAY 4 End Date: MAY 4

FLAGGER TRAINING-ODOT CERTIFICATION (OST9877X) (o Credit)

Prepares those employed or employable as flaggers to train or retrain for certification in Oregon, Washington and Idaho. Alerts participants to dangers and pitfalls inherent in the work place, provides them with the information they need to be safe and prepare a safe environment for coworkers, drivers and pedestrians. (Section W1: April 2, 2011) OR (Section W2: May 7, 2011) OR (Section W3: June 4, 2011)

MCDONALD 9:00am-4:30pm S ARTB-101 \$60.00 \$60.00

ADULT CPR (HEL9446X) (o Credit)

Participants will develop the skills necessary to overcome any reluctance to act in emergency situations and care for life-threatening emergencies such as respiratory or cardiac emergencies in adults. Workshop cost is \$25. Please call 503-325-4721 for dates and to pre-register. Fee based on pre-registration.

D1 FLUES TBA See Above See Above

Start Date: MARCH 28 End Date: JUNE 9

ADULT CPR/FIRST AID (HEL9446X) (o Credit)

Participants will develop the skills to provide First Aid in emergency situations and care for life-threatening emergencies such as respiratory or cardiac problems, sudden illness or injury. Workshop cost is \$35. Please call 503-325-4721 for dates and to pre-register. Fee based on pre-registration.

D3 FLUES TBA See Above See Above

Start Date: MARCH 28 End Date: JUNE 9

INFANT/CHILD CPR (HEL9446X) (o Credit)

Participants will learn to recognize and respond to life-threatening respiratory or cardiac emergencies in infants and children and will develop the skills necessary to overcome reluctance to act in emergency situations. Workshop is \$25. Call 503-325-4721 for dates and to pre-register. Fee based on pre-registration. This is an excellent course for baby-sitters and day care employees.

D2 FLUES TBA See Above See Above

Start Date: MARCH 28 End Date: JUNE 9

SECTION ID	INSTRUCTOR	TIME	DAY	LOCATION	TUITION/ FEES	GOLD CARD	CODES
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CPR FOR HEALTH PROFESSIONALS (HEL9446X) (o Credit)

The American Heart Association Basic Life Support for Health Care Providers is designed to provide health professionals training to recognize several life-threatening emergencies, provide CPR and use an AED, and relieve choking in a safe, timely and effective manner. Please pre-register by calling 503-338-8438 or 503-338-2411. (Section D4: March 15, 2011) OR (Section D5: April 12, 2011) OR (Section D6: May 24, 2011)

NORMAN	8:00-11:50sm	T	ASTR-JOSIE	\$28.00	\$28.00	
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FOOD HANDLERS TRAINING (HRT9543X) (o Credit)

Food Handlers will learn preparation and serving of safe food. Emphasis will be placed on the five major factors of food-borne illnesses. An exam is required for certification. Student required to complete 2 hours of training. Please call 503-325-8500 x1927 for exact information on times, days and dates of the class.

\$10 fee to be paid to the instructor at the class. (The May 2 class will be for Spanish speakers only.) (Section D1: May 2, 2011) OR (Section D2: May 16, 2011)

TAYLOR	7:00-8:20pm	M	SCCC-RM1	See Above	See Above	
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HANDGUN SAFETY (CRJ9126X) (o Credit)

Participants will learn handgun safety and obtain information necessary to meet the training requirements for a concealed weapon permit.

(Section E1: April 4, 2011) OR (Section E2: May 2, 2011) OR (Section E3: June 6, 2011)

OLSEN	7:00-9:50pm	M	ARTB-101	\$60.00	\$60.00	
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HAM RADIO TRAINING (CRJ9126X) (o Credit)

Students must hold a Technician Amateur Radio License to take this class. This class will prepare students for the Amateur Radio (Ham Radio) "General License Exam," and will expand on what the students had previously learned. They will learn more about Radio Theory, Basic Electronic Theory, RF Exposure Limits, Radio Ethics, Antennas, Expanded Frequency Bands, as well as other important and necessary subjects to know in order to pass the Ham Radio General Class Exam. The Exam will be given on Saturday at 9:00am. The objective of this class is to expand the knowledge of the Ham Radio operator in order for them to upgrade to the General Class license. (Class is held Friday, April 15 from 5:30-8:30pm, and Saturday, April 16 & Sunday, April 17 from 9:00am-5:00 pm.)

W1	HOLWEGE	FSN	SCCC-RM2	No Fee	No Fee	
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Start Date: APRIL 15 End Date: APRIL 17

PRIVATE SECURITY PROFESSIONAL (CRJ913001) (o Credit)

This 12-hour course provides the minimum necessary training for obtaining a license to provide unarmed private security. Curriculum is created and maintained by Oregon State Department of Public Safety, Standard and Training (DPSST). Students passing this course receive a license to work entry-level private security anywhere in the State of Oregon. Your license will normally expire after two years and re-certification classes are available. Please pay the instructor the course fees of \$100 at the time of the class. There will also be a fee of \$130 for an Oregon State licensing and background check payable to DPSST with your application for licensure. Certain past criminal convictions will disqualify students from receiving a license. Please call 503-458-6950 for further information.

D1	SANDOVAL	12:00-5:50pm	TW	PATR-325	See Above	See Above
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Start Date: APRIL 12 End Date: APRIL 13

UNARMED SECURITY REFRESHER (CRJ913002) (o Credit)

You may begin the re-certification process up to 90 days before your license expiration date. This 6-hour course provides the minimum necessary training to re-certify a licensed security provider-unarmed. Curriculum is created and maintained by the Oregon State Department of Public Safety, Standard and Training (DPSST). Students passing this course can continue to work private security anywhere in the State of Oregon. Please pay the instructor \$50 at the time of the class. There will also be a fee of \$80 for Oregon State licensing, payable to DPSST with your application for renewal. Criminal disqualifiers will prevent you from continuing your license. Please call 503-458-6950 for further information.

D1	SANDOVAL	12:00-5:50pm	R	PATR-325	See Above	See Above
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Start Date: APRIL 14 End Date: APRIL 14

BASKETBALL REFEREE TRAINING (PED9974X) (o Credit)

Students will review current and new rules which pertain to officiating high school basketball. The rules are sanctioned under the National Federation of High Schools. Students will also practice floor positioning and correct referee techniques. Please call 503-338-2445 for registration information.

E1	TOYAS	TBA	TBA	No Fee	No Fee
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Start Date: MARCH 28 End Date: JUNE 9

SOCCER REFEREE TRAINING (PED9974X) (o Credit)

Students will review and discuss soccer officiating, rules and other aspects of officiating high school soccer games according to the rules of the National Federation of High Schools. Call 503-338-2445 for registration information.

E2	TOYAS	TBA	TBA	No Fee	No Fee
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Start Date: MARCH 28 End Date: JUNE 9

VOLLEYBALL REFEREE TRAINING (PED9974X) (o Credit)

Students will review and discuss volleyball officiating, rules and other aspects of officiating high school volleyball matches according to the National Federation of High Schools rules. Please call 503-338-2445 for registration information.

E3	TOYAS	TBA	TBA	No Fee	No Fee
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Start Date: MARCH 28 End Date: JUNE 9

LIVE AUDIO ENGINEERING (THE968501) (o Credit)

Whether you want to be a rock & roll roadie or just make your band or choir sound better, this course will teach you to mix live sound in a large or small venue. This study of live sound engineering is taught by a sound technician who has mixed in great venues such as the House of Blues, the Roxy, 30,000 seat outdoor festivals, all with national acts. The course includes: the physics of sound, the set up and use of various sound equipment including front of house and monitors, and the practical application of this knowledge as pertains to live performance.

E1	BROWN	6:00-7:50pm	T	TOWL-207	\$95.00	\$95.00
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Start Date: MARCH 29 End Date: MAY 31

Education For Life Courses - Spring 2011

Continuing Education

SECTION ID	INSTRUCTOR	TIME	DAY	LOCATION	TUITION/ FEES	GOLD CARD	CODES
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ART


ART: CREATING WITH PAINT (PER000140) (o Credit)

Discover your artistic talents in the mediums of oil and acrylic and learn to make collage. Learn the basic color wheel and how to mix yellow, red and blue to create every color in the rainbow! Develop the fundamental skills in placing color, composition, the use of brushes and paint, design and concept utilization.

D1 DAHLSTEN 10:00am-1:00pm F ARTB-101 \$95.00 \$95.00
Start Date: APRIL 1 End Date: JUNE 3


ENHANCING YOUR DIGITAL PHOTOGRAPHY (PER003009) (o Credit)

The pleasure and processes of digital photography will be revealed through lecture, demonstration, and student image review. Principals and practices for camera use and image enhancement and preservation will be illustrated using Adobe Lightroom as a full-featured tool.

E1 LYNCH 6:00-8:50pm R SCCC-LAB \$65.00 \$65.00 
Start Date: MARCH 31 End Date: JUNE 2

EXPLORING WATERCOLOR (PER000124) (o Credit)


Exploring Watercolor provides painting experiences to learn important watercolor techniques including washes, glazes, special effects, negative painting, and saving white spaces. Elements of design, the golden mean, horizon lines, value patterns, basic color theory and use of thumbnail sketches are discussed and incorporated in each artist's paintings.

E1 POMEROY 6:30-9:20pm R ARTB-101 \$53.00 \$53.00 
Start Date: MARCH 31 End Date: JUNE 9

New! Astoria Fiber Arts Academy Classes Offered. See pg. 15.

JEWELRY METALSMITHING (PER000123) (o Credit)

Add a little BLING to your life! Join our Jewelry Metalsmithing class to learn how to make silver, brass, or copper jewelry by using hand tools and precious metals to produce cut-work using designs and formed items that reflect your individual style.

E1 HALL 6:00-8:50pm R ASTR-JOSIE \$65.00 \$65.00 
Start Date: MARCH 31 End Date: JUNE 2

JEWELRY SOLDERING (PER000141) (o Credit)


Take the regular Jewelry Metalsmithing class to a whole new level! You can make jewelry using silver, brass, or copper jewelry by using hand tools and the process of soldering - joining two metal pieces together by melting a filler metal and causing it to flow onto the joint of the two pieces of metal. Create your own designs! This lab is available to students registered in the Jewelry Metalsmithing Class and requires additional fees and instruction by appointment during the quarter. Please call 503-791-1758 or 503-325-0998 for information about dates, days, times and location.

E1 HALL TBA TBA TBA See Above See Above
Start Date: MARCH 28 End Date: JUNE 2

BUSINESS AND PERSONAL DEVELOPMENT

COTTAGE INDUSTRY STARTUPS (BUS975214) (o Credit)

Would you like to be your own boss? You can turn your sewing, leatherworking, soap or sail or candle or cheese making and gardening into a business! There are minimal investment and operating expenses that can produce both income and enjoyment. Cottage industries are the perfect marriage of creativity with practicality, producing a whole new array of local economic opportunities. Class emphasis is on low-tech, low-energy input, local materials and local markets. The course is limited only by your imagination! Thinking outside the box is both encouraged and fostered! Course fee is \$45 per person. Couples discounts available. Register by calling 503-325-6886 or on-line at LifeboatAcademy@aol.com. Class will be located at 91868 Youngs River Road. Pay at the first class.

E1 BLACK 6:30-8:30pm T ASTR LBACAD \$75 \$75 
Start Date: APRIL 4 End Date: MAY 2

EVENT PLANNING & COORDINATION (GWF077801) (o Credit)

Meetings and conventions bring people together for a common purpose, and meeting and convention planners work to ensure that this purpose is achieved seamlessly. If you are interested in coordinating and planning every detail of meetings and conventions, then this class is for you! You will learn about general planning, the timing of an event, how to work within a budget, how to work with vendors and staff. You'll also gain knowledge about the aesthetics of setting up an event and how to get the best WOW factor for clients through the use of color coordination. You'll also learn the importance of excellent customer service! Please call 503-338-2408 for information about dates, days, times and location. Cost of the class is \$75.

E1 STAFF 1:00-4:00pm MT SCCC-RM2/3 \$75.00 \$75.00
Start Date: MAY 9 End Date: MAY 10

SECTION ID	INSTRUCTOR	TIME	DAY	LOCATION	TUITION/ FEES	GOLD CARD	CODES
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BUSINESS & PERSONAL DEVELOPMENT *continued...*

TOURISM GUEST SERVICE TRAINING BEGINNERS (HRT975301) (o Credit)

Knowing how to give exceptional service is one of the keys to growing and sustaining a tourist business, whether you are the business owner who manages employees, or if you are the employee. This course is designed to teach students how to maintain a friendly attitude to ensure customer loyalty, how to keep a smile on your face, even during stressful and busy times, and how to handle difficult, unpleasant or dissatisfied customers. Students will also learn how to make hotel and restaurant guests comfortable and welcome, and how to tailor the customer's experience to their specific needs. With this class students can be prepared for the Coastal Career Fair at the Seaside Convention Center on April 13th from 12:30 to 4:00 pm!

D1	NOFIELD	2:00-5:00pm	MT	SCCC-RM2	\$50.00	\$50.00	
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Start Date: APRIL 11 End Date: APRIL 12

TOURISM GUEST SERVICE TRAINING BEGINNERS (HRT975301) (o Credit)


Knowing how to give exceptional service is one of the keys to growing and sustaining a tourist business, whether you are the business owner who manages employees, or if you are the employee. This course is designed to teach students how to maintain a friendly attitude to ensure customer loyalty, how to keep a smile on your face, even during stressful and busy times, and how to handle difficult, unpleasant or dissatisfied customers. Students will also learn how to make hotel and restaurant guests comfortable and welcome, and how to tailor the customer's experience to their specific needs.

D2	NOFIELD	2:00-5:00pm	TW	SCCC-RM2	\$50.00	\$50.00	
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Start Date: May 17 End Date: May 18

BASIC COMPUTING (TECo70114) (o Credit)

If you feel it's finally time to get acquainted with computers, this is the class for you. We'll start at the very beginning: learning basic terminology, turning on and off the computer, using different programs, using email, and searching the internet. This is a hands-on class which revolves around student needs. We suggest you plan to practice during the week to get the most out of the class.

E1	FRANCIS	6:00-8:50pm	T	TOWL-108	\$75.00	\$75.00	
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Start Date: MARCH 23 End Date: APRIL 26

BEYOND BASIC COMPUTING (TECo70115) (o Credit)

You know the basics but want to learn more. This class picks up where Basic Computing left off. We'll start with a review of basics and a survey of student interests. Core topics include customizing Microsoft Windows; installing and removing software; managing email and files; and reviewing basic applications (word processors, spreadsheets, presentations). We can move on to digital photo applications or whatever you desire. This is a hands-on class; you'll learn by working on the computer with the instructor's help.

E1	FRANCIS	6:00-8:50pm	T	TOWL-108	\$75.00	\$75.00	
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Start Date: MAY 3 End Date: MAY 31

WEBSITES FOR BEGINNERS (TECo70116) (o Credit)

You want to create a website, but don't know where to start? Clarify the reasons for your website, the audiences you want to attract, and the functions you need on the site. Learn about domain names, web hosts, search engine optimization, html, css, and ftp. You don't need programming experience, but you should be willing to try writing some basic html and css code. By the end of the class, you can have a simple website available to the public, or the knowledge to work with web developers who can create a more advanced site.

E1	FRANCIS	6:00-7:50pm	M	TOWL-108	\$75.00	\$75.00	
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Start Date: MARCH 28 End Date: MAY 9

FITNESS

AQUATIC FITNESS (FITo85003) (o Credit)


More than just a splash in the pool, this class is a physical conditioning program for women and men. Body conscious cardio/resistance workout targets heart rate, range of motion and strength building techniques done in chest deep water.

D1	GRUHLKEY	7:00-7:45am	MWF	ASTR-AQUACT	\$99.00	\$99.00	
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Start Date: MARCH 28 End Date: JUNE 10

AWAKENING LIGHT QI GONG (FITo85017) (o Credit)

Qi Gong is an ancient system of exercises consisting of gentle, slow and easy to learn movements. Qi Gong is a beneficial practice for adults of all ages and skill levels. By practicing this form, you will bring balance and harmony to the body, the breath and the mind. Qi Gong has been proven to increase energy, release stress, bring focus and clarity to the mind, as well as enhance overall health and well being. This is a workshop on Saturday, June 4th from 9 am to 5 pm at the South County Campus in Seaside.

D1	POTTER	9:00am-5:00pm	S	SCCC-RM2	\$45.00	\$45.00	
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Start Date: JUNE 4 End Date: JUNE 4

Education For Life Courses - Spring 2011

Continuing Education

SECTION ID	INSTRUCTOR	TIME	DAY	LOCATION	TUITION/ FEES	GOLD CARD	CODES
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FITNESS continued...

LEVEL 1 YOGA (FITo85034) (o Credit)

Relax, restore and rejuvenate! This Yoga class is for all levels of participation. You will gently strengthen your body, create flexibility and begin to learn to build personal practice of the movements and positions. Learn how to modify even challenging postures. Take your time and enjoy a freedom of body and a calming of the mind. Monday and Wednesday classes are held from 6:00 pm to 8:15 pm and are 75 minutes each. The Tuesday class is held beginning 12:20 pm to 12:40 pm and are only 20 minutes for those with time constraints. For more information, please call 503-298-3874 or email lotusyoga@live.com. Lotus Yoga is located at 1230 Marine Drive in Astoria.

D1	MATULICH	6:00-7:20pm	MTW	ASTR-LOTUS	See Above	See Above	☾
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Start Date: MARCH 28 End Date: JUNE 8

LEVEL 2 YOGA (FITo85035) (o Credit)

Learn to take the level 1 postures into a yoga flow while exploring deeper levels of the postures you have already learned. Learn how to guide the body with good alignment through flowing series of poses and challenging postures. A good workout for the body and the mind! Go even deeper into the joints and muscles for greater strength and flexibility and flush toxins from the body (get a good sweat!). Be creative, have fun and get healthy. Tuesday and Thursday classes are from 6:00 pm to 7:15 pm and are 75 minutes. Friday class is from 6:00 pm to 7:30 and are 90 minutes. An Open Practice is followed by an optional meditation. For more information, please call 503-298-3874 or email lotusyoga@live.com. Lotus Yoga is located at 1230 Marine Drive in Astoria.

D1	MATULICH	6:00-7:20pm	TRF	ASTR-LOTUS	See Above	See Above	☾
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Start Date: MARCH 29 End Date: JUNE 3

YOGA FLOW GENTLE/THERAPEUTIC YOGA (FITo85036) (o Credit)

This Yoga class is for people who are already aware of what yoga is about and who deal with limitations due to injury, illness, aging or just want a slower paced approach to yoga. These classes are wonderful for all ages and all levels of ability. This class will help lubricate the joints, stretch the muscles, strengthen the bones and help release fascia. Classes are every Friday from 9 am to 10 am and on the first Wednesday of each month at 7:30 pm. Sessions are 1 hour. Please call 503-298-3874 for further information, or email at lotusyoga@live.com. Lotus Yoga is located at 1230 Marine Drive in Astoria.

D1	MATULICH	9:00-10:00am	F	ASTR-LOTUS	See Above	See Above	
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Start Date: APRIL 1 End Date: JUNE 3

PILATES EXERCISE FOR SENIORS (FITo85037) (o Credit)

Loosen stiff joints, lose weight, increase your cardiovascular stamina and respiratory strength - all at the same time - with Pilates Exercise for Seniors!! Learn the fundamentals of Pilates including correct form, breathing, core body strengthening and how to apply them to enhance your mind-body connection. Please bring a yoga mat with you to class.

E1	GRUHLKEY	6:30-7:20pm	MW	PATR-GYM	\$54.00	\$54.00	☾
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Start Date: MARCH 28 End Date: JUNE 8

FIT MAMA (FITo85039) (o Credit)

Moms, workout with your babies! Hold your baby as you do squats, lunges, bicep curls, and more. We do ab strengthening for moms, baby massage and baby movement too, all while exercising to good tunes and exchanging parenting tips with other moms. Ages 6 weeks to 4 years - toddler toys provided; your other children are welcome to come play too! Cost of the class is \$75 per term or \$29 per month and will be held at the Presbyterian Church, 1103 Grand, Astoria. Please call 503-325-8201 to register and for further information.

D1	GUSTAFSON	9:00-10:00pm	M	See Above	See Above	See Above	
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Start Date: MARCH 28 End Date: JUNE 2

IMPROVE BONE DENSITY & BALANCE (FITo85040) (o Credit)

Increase your bone density, especially in the hip area, with traditional exercises such as squats, pushups, lunges and more. Using a very gentle approach in this class, we can modify exercises for you as needed. You will also improve your balance to prevent falls or just to improve your performance in any activity. Cost of the class is \$75 per term, or \$29 per month. Class will be held at the Presbyterian Church at 1103 Grand in Astoria. Please call 503-325-8201 to register. Please pay instructor at the class.

E1	GUSTAFSON	7:00-7:50pm	TR	See Above	See Above	See Above	☾
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Start Date: MARCH 29 End Date: JUNE 2

CHUAN-FA KUNG FU (PERo31001) (o Credit)

Learn the basics to advanced techniques in Chuan-Fa Kung Fu from the Kajukenbo system. This well-rounded class is designed so that beginning students and continuing students at any level of mastery can learn new and/or additional skills.

E1	POOLE	7:00-7:45pm	MR	SEAS-MASON	\$70.00	\$70.00	☾
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Start Date: MARCH 28 End Date: JUNE 2

SECTION ID	INSTRUCTOR	TIME	DAY	LOCATION	TUITION/ FEES	GOLD CARD	CODES
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FITNESS continued...

HIP HOP CARDIO EXERCISE (FITo85o41) (o Credit)

Join the fun and keep your New Year's resolution by getting in shape! Learn how to exercise for maximum cardiovascular workout while moving vigorously to hip-hop music! Students will learn about cardio vascular health and why it is important to exercise to stay heart healthy and keep the heart in the best shape. Classes will be held at the Columbia Memorial Hospital. Please call 503-338-7564 or 503-338-7543 for times, dates, days and registration information.

D1	STAFF	TBA	TBA	ASTR CMH	See Above	See Above	
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FOREIGN LANGUAGES

FRENCH LANGUAGE & CULTURE (FRNo6o2o2) (o Credit)

Students will learn to speak beginning French conversation and phrases. Students will develop their vocabulary while learning elements of French culture and a bit of the historical background of France.

E1	SHEPHERD	6:30-8:30pm	W	SCCC-RM1	\$65.00	\$65.00	☾
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Start Date: MARCH 30 End Date: JUNE 1

HEBREW LANGUAGE (FRLo6o1o2) (o Credit)

Learn the language of the ancient Hebrews! Students will begin by learning to read the Hebrew alphabet phonetically and how to write the alphabet. Reading and translation will begin with the earliest lessons and will increase in complexity as the student progresses through this language course. Please call 503-338-2408 for the location, times and dates of the class.

D1	LIVINGSTON	TBA	TBA	TBA	\$65.00	\$65.00	
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Start Date: MARCH 28 End Date: JUNE 10

JAPANESE CONVERSATION (JPNo6o1o0) (o Credit)

Students will develop skills necessary to function in the Japanese speaking community, with emphasis on pronunciation and conversational flow of sentences and everyday phrases. Includes cultural training as well as speaking and listening.

E1	SWITZER	6:00-8:50pm	W	PATR-326	\$140.00	\$140.00	☾
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Start Date: MARCH 30 End Date: JUNE 1

SPANISH LANGUAGE AND CULTURE (SPNo6o1o3) (o Credit)

Some of the oldest Pre-historic cave artwork known to exist in the world is found in Spain at the Altamira caves. The long, colorful history of the Spanish people and their culture, art and literature will be the topic of discussion in this class. Also, will learn to speak beginning Spanish phrases!

E1	SCHULTE	6:00-8:50pm	T	CLTK-CHS	\$65.00	\$65.00	☾
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Start Date: APRIL 5 End Date: JUNE 7

GERMAN LANGUAGE AND CULTURE (GERo6o1o2) (o Credit)

Gesundheit, Kindergarten, Schadenfreude, Wienerschnitzel, Angst, Fahrvergnuegen or Ich bin ein Berliner - You have likely heard these words or phrases before, and you probably did not realize how much German you already know. English is rife with Germanic influence, and an understanding of the German language will not only enhance your cultural awareness, it will help you grasp some of the intricacies of English grammar. This course is like a two for one deal with cultural fun to boot!

E1	CHAMBERS	6:00-8:50pm	R	TOWL 206	\$65.00	\$65.00	☾
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Start Date: MARCH 31 End Date: June 2

GENERAL INTEREST

WOMEN'S HISTORY – THE SUFFRAGETTES (PERo325o8) (o Credit)

Women gained the right to vote because of the brave women who fought for women's rights during the Suffragette Movement in America. Join the celebration of Women's History Month in this class which is an introduction to Women's History. The suffragette film, "Iron Jawed Angels" will be hosted by LaRee Johnson (dressed in period attire) and presented at the Performing Arts Center. Cost is \$5 per person and can be paid at the door the evening of the program.

W1	JOHNSON	7:30-9:30pm	S	PACM200	\$5	\$5	☾
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Start Date: MARCH 19 End Date: MARCH 19

FOOD POWER! (HELo85313) (o Credit)

We all want healthy, tasty food at reasonable prices, but how do we find it in the maze of "organic" versus "natural" versus "safe" versus "fast" versus "slow" and "processed" versus "local". Complex labels omit vital information. Commercials entice us with foods that doctors forbid us to eat. "Health food" seems expensive; "fast food" is cheap. "Food Safety" is a legal issue. Why can't we just eat? Why is food political and complicated? What can we do about it? This class takes a broad view of our most important consumer item, encouraging discussion and research through articles and films. Cost of the class is \$35, payable to the instructor at the first class. For registration and information, please contact instructor Caren Black at 503-325-6886 or LifeboatAcademy@aol.com. Class location is 91868 Youngs River Road.

D1	BLACK	6:30-8:45pm	T	ASTR-LBACAD	See Above	See Above	☾
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Start Date: APRIL 7 End Date: APRIL 28

Education For Life Courses - Spring 2011

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GENERAL INTEREST continued...


HEALTHY EATING GROUP (HELo85311) (o Credit)

Join our laid-back group of people improving their diets one small step at a time. No particular diet is encouraged. Simply tell the group your next goal and several of us will chime in and offer tips on how to help you reach it. Cost of the class is \$49 per term. For further information and to register and pay for the class, please call 503-325-8201. The studio is located at 1103 Grand Avenue, Astoria. (Entrance is on 11th and Harrison in the grey building).

D1	GUSTAFSON	12:00-12:50pm	M	See Above	See Above	See Above
Start Date: MARCH 28		End Date: JUNE 6				

NUTRITION FOR CHRONIC DISEASES (HELo85308) (o Credit)

This course will provide basic information about the relationship between diet and chronic diseases such as diabetes, heart disease, cancer arthritis and strokes. Emphasis will be on prevention and improving current health status through diet.

E1	LAMAN	6:30-7:50pm	T	TOWL-206	\$48.00	\$48.00	
Start Date: MARCH 29		End Date: MAY 31					

SMOKED & PICKLED SEAFOOD 101 (PER043510) (o Credit)

Learn the principles of safely brining, smoking and pickling local seafood along with how to safely package recreationally caught salmon and tuna. This class includes classroom instruction on smoking and pickling seafood at home as well as "hands on" experience led by an OSU Extension seafood product development specialist using home-style "Little Chief" smokers. Students will be able to take home samples of their own smoked and pickled fish at the end of the second class. This course is divided into two classes on consecutive evenings. Please call 503-338-2408 to enroll in the class. Fee of \$50 to be paid to the instructor at the first class.

E1	STAFF	6:00-9:50pm	WR	SEAS-HIGH S	See Above	See Above	
Start Date: MARCH 23		End Date: MARCH 24					

COLLEGE FINANCIAL LITERACY (LIF065913) (o Credit)

Financial literacy for college is a course designed to help students see the relationship between the financial decisions they make as college students and their long-term financial future. Students increase their understanding of the federal financial aid system and explore options for reducing their dependence on student loans (i.e., scholarships). Please call 503-338-2307 for further information.

D1	WEATHERLY	TBA	TBA	TBA	See Above	See Above	I
Start Date: MARCH 28		End Date: JUNE 3					

ENROLL NOW FOR SPRING TERM

through the **Columbia Memorial Hospital** in Astoria



CHILDBIRTH PREPARATION (HELo85314) (o Credit) (D1)

Labor preparation is a six-week course. This course is designed to help prepare the mother and her support person in what to expect during the birthing process and options that may be available to her. The class includes a Maternity Department tour, consultation with a lactation educator and information on exercise during pregnancy. Classes will be held:

March 30 through May 4, 2011 for due date range May 11 to June 21
 May 11 through June 15, 2011 for due date range June 22 to August 2
 June 22 through July 27th for due date range August 3 to September 13

Please call 503-338-7564 for pricing and further information.

SECTION ID	INSTRUCTOR	TIME	DAY	LOCATION	TUITION/ FEES	GOLD CARD	CODES
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GENERAL INTEREST *continued...*

MOTORCYCLE RIDER SAFETY CLASS (SAF090100) (o Credit)

Students will develop the fundamental motorcycle riding skills of turning, shifting, and braking, as well as practical mental skills and techniques for riding in special situations expanding into more advanced street riding techniques. This 3-day course will be held on Friday, April 22 from 6:00 pm to 9:00 pm; Saturday, April 23 from 7:30 am to 3:00 pm; and Sunday, April 24 from 7:30 am to 4:00 pm. A fee of \$179 is payable to Team Oregon. Students MUST PRE-REGISTER by calling 1-800-545-9944 Ext.0 to register and pay for the class. Safety equipment is provided. This class is mandated for motorcycle riders from age 16 to age 20.

W1	AXMAKER	6:00-8:50pm	UFS	ARTB-101	See Above	See Above	☾
Start Date: APRIL 22	End Date: APRIL 24						
W2	AXMAKER	6:00-8:50pm	UFS	ARTB-101	See Above	See Above	☾
Start Date: MAY 13	End Date: MAY 15						
W3	AXMAKER	6:00-7:50pm	UFS	ARTB-101	See Above	See Above	☾
Start Date: JUNE 10	End Date: JUNE 12						

AARP DRIVER'S SAFETY COURSE (SAF090200) (o Credit)

This course explains the changes that occur in vision, hearing, and reaction time as we age, and provides useful driving safety tips to handling these changes. Designed for drivers aged 50 and older who wish to participate in discussions surrounding safety and aging. One does not have to be a member of AARP to take this class. Oregon State law provides a discount on your auto insurance premium for completing this course. If you have already taken this or a similar course, most insurance companies require that a refresher course be taken every three years to continue to receive the discount; or every two years if you are 70 or over. Please call 503-338-2408 to register. The fee for the class is \$12 for AARP members and \$14 for non-members. Please pay instructor at the class.

D1	STAFF	1:00-5:00pm	MT	ASTR PEACE	See Above	See Above	
Start Date: APRIL 11	End Date: APRIL 12						
D2	STAFF	1:00-5:00pm	TW	SEAS-BCCC	See Above	See Above	
Start Date: APRIL 12	End Date: APRIL 13						
D4	STAFF	1:00-5:00pm	MT	CLTK-SENIOR	See Above	See Above	
Start Date: MAY 9	End Date: MAY 10						
D3	STAFF	1:00-5:00pm	S	WARR-OCEAN	See Above	See Above	
Start Date: MAY 7	End Date: MAY 14						

NAMI FAMILY TO FAMILY EDUCATION PROGRAM (HEL085351) (o Credit)

Students develop knowledge and skills related to understanding, support of, and advocacy on behalf of a close relative or friend who suffers from a major mental (brain) illness, including depression, bipolar, schizophrenia, obsessive-compulsive disorder, or anxiety/panic disorder.

W1	WOOD	8:00am-12:00pm	S	SCCC-RM3	No Fee	No Fee	
Start Date: MARCH 5	End Date: MAY 14						

SPRING WILDFLOWER IDENTIFICATION (PER022303) (o Credit)

Explore and learn to identify the wildflowers of Saddle Mountain! Included in the identifications are a wide range of forest and meadow plants unique to our region. Students will be hiking the Saddle Mountain Trail which can be steep and uneven in certain areas. The pace will be slow, but reasonable fitness and hiking shoes are a must! Please bring a daypack with a bag lunch, water, snacks and don't forget your camera to capture the beauty of these Oregon wildflowers! Identification guides will be provided for your use. This class will be held on April 30th from 9 am to 5 pm and will explore the early blooming wildflowers. A van will take you to the Saddle Mountain trail head (please meet at the Performing Arts Center on 16th and Franklin streets at 9 am). You can drive your own car as well and meet the group at the trail head at 10:00am.

W1	CHOATE	9:00am-5:00pm	S	TBA	\$45.00	\$45.00	☾
Start Date: APRIL 30	End Date: APRIL 30						

SPRING WILDFLOWER IDENTIFICATION (PER022303) (o Credit)

This class will be held on June 4th from 9 am to 5 pm will explore the late blooming wildflowers. A van will take you to the Saddle Mountain trail head (please meet at the Performing Arts Center on 16th and Franklin streets at 9 am). You can drive your own car as well and meet the group at the trail head at 10:00am. See Section W1 for items to bring with you for this class.

W2	CHOATE	9:00am-5:00pm	S	TBA	\$45.00	\$45.00	☾
Start Date: JUNE 4	End Date: JUNE 4						

NAUI BASIC SCUBA DIVING COURSE (PER031406) (o Credit)

National Association of Underwater Instructor Basic Scuba Course to provide the essential skills in snorkeling and about dive equipment, the science of diving, responsible diving practices and the environment. You will also learn many skills in the water with practice time for your safety and comfort. Certification option available after 5 dives in open-water available. Please call Floyd Holcomb at Astoria Scuba at 503-325-2502 for more detailed information.

D1	STAFF	TBA	TBA	TBA	See Above	See Above	
Start Date: MARCH 28	End Date: JUNE 3						

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SECTION ID	INSTRUCTOR	TIME	DAY	LOCATION	TUITION/ FEES	GOLD CARD	CODES
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GENERAL INTEREST continued...

US POWER SQUADRON SAFE BOATING (SAF090500) (0 Credit)

Presents the basic elements of equipment, regulations, elementary seamanship, charts and their uses, boat trailering, sailing, and engine troubleshooting.

E1	STAFF	7:00-8:50pm	T	ARTB101	No Fee	No Fee	
Start Date: MARCH 29 End Date: MAY 17							



WOMEN'S WRITING WORKSHOP (PER013510) (0 Credit)

Through the use of a personal journal, assignments, readings and group interaction, women will investigate the proverbial "Who Am I?" question and how women fit into their families, whether a daughter, mother, wife, or sister. Explore the various approaches to writing and find out what works best for women as individuals. Please call 503-338-2408 for location in Clatskanie/Rainier.

D1	ADAIR	11:00am-2:00pm	R	TBA	\$56.00	\$56.00	
Start Date: MARCH 31 End Date: JUNE 2							

MASTER GARDENER (PER028004) (0 Credit)

Spring has sprung! All those little buds are popping out on trees and shrubs and flowers are sprouting out of the ground! Learn how to take care of them all in your garden when you join us for this Master Gardener's seminar! There will be plants, classes, advice, vendors and a raffle! The guest keynote speaker will be Sean Hogan. Free admission to Plant Sale and Vendors area. Seminars: \$18 at the door, \$12 for seniors, \$15 before April 11, Students with ID are free. Please pre-register at the Clatsop County Extension Office at 2001 Marine Drive, Astoria, or by calling 503-325-8573 or on line at www.extension.oregonstate.edu/clatsop/gardening/master-gardeners. Class held at the Astoria Fair Grounds.

W1	STAFF	9:00am-4:00pm	S	See Above	See Above	See Above	
Start Date: APRIL 16 End Date: APRIL 16							

MUSIC & DANCE

INDIVIDUAL LESSONS: FLUTE (PER006500) (0 Credit)

Students develop skills for flute, focusing on the basics of music theory and skills. Fee includes 10 half-hour lessons. Please call 503-440-3506 for scheduling information.

D1	WALKER	TBA	TBA	TBA	\$212.00	\$212.00	
Start Date: MARCH 28 End Date: JUNE 3							

INDIVIDUAL LESSONS: GUITAR (PER006501) (0 Credit)

Students should gain a greater knowledge of music and acoustic, electric, or bass guitars. Class emphasizes techniques and music theory for amateur or professional guitarists and bass guitarists. Fee includes 10 half-hour lessons. Please call 503-338-2313 for scheduling information.

D1	DRURY	TBA	TBA	TBA	\$212.00	\$212.00	
Start Date: MARCH 28 End Date: JUNE 3							

INDIVIDUAL LESSONS: BLUEGRASS GUITAR (PER006505) (0 Credit)

Individual instruction in Bluegrass Guitar and Mandolin will be streamlined for every student based on his or her musical ambitions. Focus will be flat picking traditional "Bluegrass" and "Old Time Tunes." We will strive to understand what makes the rhythm of bluegrass so infectious and invigorating. We will study flat picking, cross picking, single note melodies and double stops. Fee includes 10 half-hour lessons. Please call 503-325-3737 for scheduling information.

D1	WEESE	TBA	TBA	TBA	\$212.00	\$212.00	
Start Date: MARCH 28 End Date: JUNE 3							

INDIVIDUAL LESSONS: BLUEGRASS MANDOLIN (PER006506) (0 Credit)

This course will be streamlined for every student based on hers or his musical ambitions. "Bluegrass" and "Old Time Tunes" will be the focus of this course. We will strive to understand what makes the rhythm of bluegrass so infectious and invigorating. We will study bluegrass and old time tunes that are the ABC's of bluegrass music. Fee includes 10 half-hour lessons. Please call 503-325-3737 for scheduling information.

D1	WEESE	TBA	TBA	TBA	\$212.00	\$212.00	
Start Date: MARCH 28 End Date: JUNE 3							

INDIVIDUAL LESSONS: PIANO (PER006502) (0 Credit)

Students develop skills for piano, focusing on the basics of music theory, chords, and basic skills. Please call 503-440-3506 for scheduling information.


D1	WALKER	TBA	TBA	TBA	\$212.00	\$212.00	
Start Date: MARCH 28 End Date: JUNE 3							

SECTION ID	INSTRUCTOR	TIME	DAY	LOCATION	TUITION/ FEES	GOLD CARD	CODES
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MUSIC & DANCE continued...

LIVE AUDIO ENGINEERING (THE968501) (o Credit)


Whether you want to be a rock and roll roadie or just make your band or choir sound better, this course will teach you to mix live sound in a large or small venue. This study of live sound engineering is taught by a sound technician who has mixed in great venues such as the House of Blues, the Roxy, 30,000 seat outdoor festivals, all with national acts. The course includes: the physics of sound, the set up and use of various sound equipment including front of house and monitors, and the practical application of this knowledge as pertains to live performance.

E1	BROWN	6:00-7:50pm	T	TOWL-207	\$95.00	\$95.00	
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Start Date: MARCH 29 End Date: MAY 31

NORTH COAST CHORALE (PER007500) (o Credit)


Participants will learn or improve their ability to sing with a choral group by studying music, including sight reading, understanding musical notation and following directions, while rehearsing it. Students will be given the opportunity to experience the genius of old masters and contemporary composers.

E1	REED HINDS	6:30-8:20pm	T	PACM-200	No Fee	No Fee	
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Start Date: MARCH 29 End Date: MAY 31

THE CANNON BEACH CHORUS (PER007501) (o Credit)


Through participation in rehearsals and performances, those enrolled in this course will focus on developing/building musicianship, sight reading and sight singing skills, and especially development of the singing voice through the rehearsal and performance of choral music especially suited for the adult community chorus. Rehearsals will be in Cannon Beach each Monday evening from 6:30 pm to 8:30 pm. Please call 785-691-7202 for location and further information.

E1	BUEHLER	6:30-8:20pm	M	TBA	No Fee	No Fee	
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Start Date: MARCH 28 End Date: MAY 30

NORTH COAST SYMPHONIC BAND (PER007600) (o Credit)


Participants will learn or improve their ability to play musical instruments within a symphonic band made up of a wind ensemble and a percussion section. Students will prepare for a public performance or concert of band music and gain concept and understanding for the work of music.

E1	STAFF	7:00-8:50pm	M	PACM-200	No Fee	No Fee	
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Start Date: MARCH 28 End Date: MAY 30

BALLROOM DANCING LESSONS: FOXTROT (PER006003) (o Credit)


Introduction to ballroom dancing. Students will learn different styles of ballroom dancing and explore the dynamics of partner dancing.

E1	BRYANT	7:00-7:50pm	F	PATR-GYM	\$49.00	\$49.00	
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Start Date: APRIL 1 End Date: APRIL 29

BALLROOM DANCING LESSONS: SAMBA (PER006003) (o Credit)

Introduction to ballroom dancing. Students will learn different styles of ballroom dancing and explore the dynamics of partner dancing.

E2	BRYANT	7:00-7:50pm	F	PATR-GYM	\$49.00	\$49.00	
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Start Date: MAY 6 End Date: JUNE 3

BEGINNING BELLY DANCING (PER006002) (o Credit)

Though the origin of belly dancing remains a subject of great debate, we know it to be one of the most ancient forms of dance. Endless gestures and postures involving the entire body combine to create one of the most fluid forms of feminine expression. At the beginner level, most moves and positions are surprisingly easy to learn and offer an exotic way to have fun and exercise. Physical benefits include improved muscle tone and joint movement; however, the spiritual enhancement is far more persuasive.

W1	PARHAM	11:00am-12:20pm	S	PATR-GYM	\$54.00	\$54.00	
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Start Date: APRIL 2 End Date: JUNE 4

SALSA DANCE LESSONS (PER006009) (o Credit)

This class is an introduction course in the fast and fun world of Salsa Dancing! Join in the fun of learning this Latin dance filled with spins, twists and fancy footwork! It's a great workout if you want to lose weight!

E1	BRYANT	8:00-8:50pm	F	PATR-GYM	\$49.00	\$49.00	
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Start Date: APRIL 1 End Date: JUNE 3

Are there classes you would like to see offered that are not listed in this schedule?
Would you like to teach a class? Let us hear from you. Contact:

PAULA DUNCAN Coordinator, Education For Life
Phone: 503-338-2408 / Email: pduncan@clatsopcc.edu

CLATSOP COMMUNITY COLLEGE

REGISTRATION & SCHEDULE CHANGE FORM Use This Schedule To Register For *Workforce Training* and *Education For Life* Courses.

Mail-In & Fax Registration • Fax 503-338-2503 or 503-338-2351 • Phone 503-338-2438, 503-338-2411 or 503-338-2402

Mail-In: Student Services Center, Clatsop Community College, 1653 Jerome Avenue, Astoria, OR 97103-3698

Name _____ Student ID # _____
 Last First Middle Gender ☐ Male ☐ Female
 Mailing Address _____
 Street City State Zip
 Home Phone _____ Work Phone _____
 Birthdate _____ E-mail Address _____

Today's Date: _____
☐ Fall 20____
☐ Winter 20____
☐ Spring 20____
☐ Summer 20____

 Social Security Number *

If you were previously an admitted student at CCC but have not attended in the past year, check here ☐

Residency *Required for tuition purposes*

- ☐ In State US Citizen (Resident of OR, CA, ID, WA, or NV.)
 Out of State:
☐ Maintain Alaska Residency
☐ US citizen outside of OR, CA, ID, WA or NV
☐ International student (requires I-20)
☐ Immigrant ☐ Refugee ☐ Other

Veteran: ☐ Yes ☐ No

Employed: ☐ Yes ☐ No ☐ Retired
 If yes, ☐ FT (35+hrs) ☐ PT (<35hrs)

Education:

- ☐ High School Grad
☐ GED
☐ Adult High School Diploma
☐ Still in High School
☐ Did not finish High School
☐ Associates
☐ Bachelors
☐ Masters
☐ Doctorate

Ethnicity

- ☐ American Indian/Alaska Native
☐ Asian/Pacific Islander/Filipino
☐ Black, Non-Hispanic
☐ Caucasian
☐ Non US Citizen
☐ Hispanic
☐ Do not wish to provide

Current Residence

- ☐ Astoria City Limits
☐ Cannon Beach/Arch Cape/Tolovana Park
☐ Clatskanie/Westport
☐ Cullaby Lake/Sunset Beach/Surf Pines
☐ Gearhart
☐ Hamlet/Elsie/Jewell
☐ Knappa/Svensen/Fernhill
☐ Lewis & Clark/Youngs River/Jeffers Garden
☐ Olney/Walluski
☐ Pacific/Wahkiakum County
☐ Seaside
☐ Tongue Point
☐ Warrenton/Hammond
☐ Other

* Providing your social security number is voluntary. If you provide it, the college will use your social security number for keeping records, doing research, aggregate reporting, extending credit and collecting debts. Your social security number will not be given to the general public. If you choose not to provide your social security number, you will not be denied any rights as a student. Please read the statement in the Academic Information section of your class schedule which describes how your number will be used. Providing your social security number means that you consent to use of the number in the manner described.

If you are under 18, additional permissions are required before you can register for class.

Directory information is student information that may be released by the College without written authorization. Refer to our college catalog for the current policy.

Clatsop Community College is an affirmative action, equal opportunity institution.

If you have a documented disability and would like accommodations, please contact the Disability Specialist at 503-338-2474

☐ Initial registration this term or ☐ Add classes to current schedule (check the "Audit" box and circle the CRN # if you are auditing a class)

Course #	Course Title	Days	Time	Credits	Audit	Instructor Signature (required for late reg.)

Please bill my

☐ VISA ☐ MASTERCARD

Card # _____ Expiration Date _____ Cardholder's Signature _____

FINANCIAL RESPONSIBILITY: I understand that by registering for a class at Clatsop Community College, I have incurred a legal obligation to pay all tuition and fees and any other charges relating to my enrollment at the College. I understand that unless I officially withdraw from my classes that I am obligated to make payment by the due date published in the relevant term schedule. If I do not make payment, make arrangements for payment, withdraw from my classes by the required date, I will also be responsible for additional late charges, and collection and attorney's fees.

I authorize Clatsop Community College to use my social security number to verify enrollment and/or degree information with the National Student Clearinghouse.

Student Signature _____

Date _____

Advisor Signature _____

Date _____

ENROLL NOW FOR SPRING TERM

at the **Fiber Arts Academy** in Astoria

SEWING FOR BEGINNERS / ADVANCED (PER002511) (o Credit)

Learn the basic sewing skills for those who have a sewing machine and want to learn how to construct clothing. Please bring your own portable sewing machine. Students will provide their own material and notions. Cost of the class is \$140. Students will buy materials in class (\$35).

D1 STAFF 11:00am-2:00pm S Start Date: APRIL 9 End Date: MAY 28

BOOK BINDING WITH CLOTH (PER002517) (o Credit)

Create your own books with Barbara Pickett using fabric for covers or texts. Learn to make your own paste adhesive and embellish your cover with stamping, stenciling and more. Learn to use cloth instead of paper for the text. Most sewing will be done by hand. Cost of the class is \$155.

D1 STAFF 1:00-5:00pm FS Start Date: MAY 13 End Date: MAY 14

BEGINNING KNITTING (PER002502) (o Credit)

Learn the basic knitting stitches, knit and purl, casting on and off, increase and decrease stitches. Students will complete a project at their own skill level. Learn basic knitting while creating a scarf. Cost of the class is \$40. Students will buy materials in class (\$15).

D1 STAFF 4:00-5:50pm W Start Date: April 6 End Date: April 27

D2 STAFF 4:00-5:50pm W Start Date: May 4 End Date: May 25

KNITTING: BEADED LACE SHAWL (PER002516) (o Credit)

This course is an introduction to lace knitting. Learn to add beads to your knitted projects, read pattern instructions in chart form and learn how to block the final project. Students need basic knitting skills. The cost of the class is \$65. A list of materials needed will be available when registered. (There will be no class on May 26th).

E1 STAFF 5:00-6:50pm R Start Date: APRIL 7 End Date: APRIL 21

KNITTING: KNIT A TOP-DOWN SWEATER (PER002502) (o Credit)

Learn to knit a sweater from the top down! Cost of the class is \$65.

D3 STAFF 5:00-6:50pm R Start Date: APRIL 7 End Date: APRIL 21

BEGINNING CROCHETING (PER002504) (o Credit)

Students will learn the basics of crochet stitches, different sizes of crochet hooks, what types of yarn to use for various projects, how to increase and decrease stitches, and how to follow a pattern. Students will progress at their own pace. Cost of the class is \$40. Students will buy materials in class (\$15).

D1 STAFF 1:00-3:00pm R Start Date: April 7 End Date: April 28

D2 STAFF 1:00-3:00pm R Start Date: May 5 End Date: May 26

BEGINNING WEAVING (PER002509) (o Credit)

The Beginning Weaving class will teach students how to make a warp, how to thread the reed and heddles, how to dress a loom, and how to roll on a warp and weave a web. Students will also learn how to take the woven project off the loom and can keep their finished piece. Cost of this class is \$195 per person for 30 hours of instruction which includes materials. Please pay instructor at the first class.

E1 STAFF 6:00-8:50pm W Start Date: JUNE 8 End Date: AUGUST 17

WEAVING: TAPESTRY (PER002519) (o Credit)

Beginning and intermediate students will design and weave a small tapestry with Pam Patrie using loom and materials provided. Framing and mounting of the finished tapestry will be demonstrated. A light lunch is provided each session. Tuition is \$110.

D1 STAFF 10:00am-4:00pm TWR Start Date: JUNE 8 End Date: JUNE 10

RUG WEAVING (PER002510) (o Credit)

This class is great for beginners and advanced weavers who want to learn how to weave a rug! Students will learn the elements of rug weaving on a floor loom. Materials and the loom will be provided and students will have a finished product to take home. Cost of the class is \$195. Please register and pay the instructor at the first class.

D1 STAFF 1:00-4:00pm MWF Start Date: MAY 2 End Date: MAY 23

LEARN TO BLEND FIBERS (PER002512) (o Credit)

Students will learn how to blend fibers for spinning, weaving, felting, etc. They will also learn color principles and color applications and other blending techniques for color combinations. Learn blending techniques for combining fibers. Cost of the class is \$40. Students will buy materials in class (\$15).

D1 STAFF 1:00-5:00pm T Start Date: April 19 End Date: April 26

D2 STAFF 1:00-5:00pm T Start Date: May 24 End Date: May 31

SAFE FIBER DYEING (PER002513) (o Credit)

Students will learn to dye protein fibers with food coloring and/or Koolaid! They will also learn color principles and applications to color wool and other fibers. Cost of this class is \$30 per person. Students will buy materials in class (\$10). Please pay the instructor at the class.

D1 STAFF 1:00-3:00pm T Start Date: April 5 End Date: April 12

D2 STAFF 1:00-3:00pm T Start Date: May 3 End Date: May 10

BEGINNING SPINNING (PER002514) (o Credit)

Students will learn to spin yarn from prepared fiber or roving, and will make a continuous skein of yarn and learn how to draft fiber. Cost of the class is \$30. Students will buy materials in class (\$15).

D1 STAFF 2:00-4:00pm N Start Date: April 17 End Date: April 24

D2 STAFF 2:00-4:00pm N Start Date: May 22 End Date: May 29

WOOL PREPARATION (PER002515) (o Credit)

Students will learn the complete wool preparation process and learn how to select a fleece that is suitable for their project. They will also learn how to skirt it and wash it and to comb or pick and card fiber to prepare it for spinning and weaving. The cost of the class is \$35 and should be paid to the instructor at the first class. Students will also buy materials (\$40) in class.

D1 STAFF 2:00-4:00pm N Start Date: April 3 End Date: April 10

D2 STAFF 2:00-4:00pm N Start Date: May 1 End Date: May 8

For more information and to register, call 503-325-5598 or visit www.fiberarts.com

All classes will be held at the Fiber Arts Academy at 1296 Duane St., Astoria

Clatsop Community College
1653 Jerome Ave
Astoria, OR 97103
1455 N. Roosevelt
Seaside, OR 97138

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The Clatsop Community College Academic Classes Are ONLINE!

Looking for a writing, math or science class? Spring 2011 academic classes are available now in our 2010/11 Schedule. You can access the schedule online at www.clatsopcc.edu or call the Student Services Center at 503-338-2438, 503-338-2411, or the South County Campus at 503-338-2402 for assistance.

Returning students can register online using MyCCC.

New! Astoria Fiber Arts Academy Classes Offered. See pg. 15.

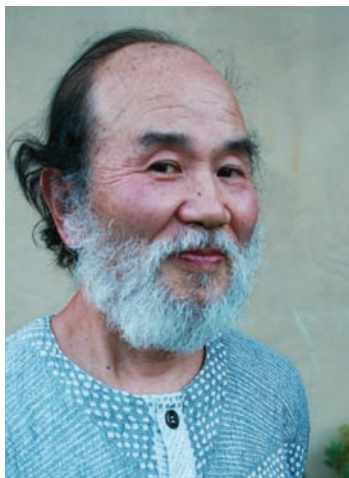
ART CENTER GALLERY: EXHIBITS (Gallery Info: www.clatsopcc.edu)

Au Naturel: The Nude in the 21st Century
February 17 - April 14

Opening Reception: Thursday, February 17, 6:00 p.m., Art Center Gallery

CCC Juried Student Art Show
April 21 - May 12

Opening Reception: Thursday, April 21, 6:00 p.m., Art Center Gallery



Yoshihiko Yoshida
Master Potter from Mino, Japan
Exhibit of Ceramic Pottery in
Mino Tradition

May 20 - June 30

Opening Reception: Friday, May 20,
6:00 p.m., Art Center Gallery

Ceramic Workshop & Tea Ceremony:
Saturday, May 21, 9:00 a.m. - 3:00 p.m.,
Art Center/Ceramic Studio.

(Fee: CCC Students/\$20. Public/\$30.)

Left: The artist, Yoshihiko Yoshida.
Submitted photo.

ARTS & IDEAS: EVENTS (A&I Info: 503-338-5735)

March 19 7:30 p.m. PAC
Women's History Month, Film
"Iron Jawed Angels"

April 8/9 7:00 p.m./2:00p.m. PAC
Little Ballet Theater, Performance
"Young Choreographers Showcase"

April 23 7:00 p.m. PAC
Chemistry Magic Show

April 30 7:30 p.m. PAC
Stump Town Winds, Concert
"Woodwind Quintet Concert"

May 1 4:00 p.m. PAC
Astoria Chamber Players, Concert
"Menu for Four Players"

May 7 7:00 p.m. PAC
Maddox Dance Studio, Performance
"Tap Dance Extravaganza"

May 8 2:00 p.m. PAC
North Coast Symphonic Band, Concert
"Guest Conductor Concert"

May 11 7:00p.m. PAC
Clatsop Community College, Event
"End of Year Awards and Talent Show"

May 14/15 7:00 p.m./2:00p.m. PAC
North Coast Chorale, Concert
"Voices of Astoria, Past, Present, and Future"

May 20 7:00 p.m. PAC
North Oregon Coast Symphony, Concert
"Russian Harp"

May 21 7:00 p.m. PAC
Yoshihiko Yoshida, Master Potter, Lecture & Slide
Presentation, "In The Mino Tradition"
Music by Larry Tyrrell,
Shakuhachi-Traditional Bamboo Flute

Last Saturday of Each Month:
KMUN Troll Radio Revue

All shows held at the PAC at 11:00 a.m.

Accredited by the Northwest Commission on Colleges & Universities

It is the policy of Clatsop Community College that there will be no discrimination or harassment on the grounds of race, color, sex, marital status, religion, national origin, age, sexual orientation, or disability in any educational programs, activities, or employment. Questions or complaints should be directed to the Affirmative Action/Title IX Officer in Patriot Hall 225 at 503-338-2450; TDD 503-338-2468. The Section 504 Coordinator is located in the Student Services Center 503-338-2474. For ADA and other accommodations call: 503-338-2474 TDD 503-338-2468