Clatsop Community College
1651 Lexington Ave.
Astoria, OR 97103
1435 N. Roosevelt
Seaside, OR 97138

Postal Patron

Clatsop Community College Academic Schedule Now ONLINE!
Looking for a writing, math or welding class? Fall 2011 academic classes are available now. You can access the schedule online at www.clatsopcc.edu or call the Student Services Center at 503-338-2411, or the South County Campus 503-3383402 for assistance.
Returning students can register online using MyCCC.

Art Center Gallery: Exhibits [Gallery Info: www.clatsopcc.edu]

Womanizing Eve
September 26th - October 27th
Keith Howard
Solo Show Award Winner 2011 Au Naturale
Opening Reception: Thursday, October 6th, 6:00 p.m., CCC Art Center Gallery

Two Monotype Printmakers:
William Park and Stephen Hayes
November 3rd - December 9th
Printmaking exhibit curated by Royal Nebeker
Opening Reception: Thursday, November 3rd, 6:00 p.m., CCC Art Center Gallery

Graphic Design Exhibit
January 5th - February 9th
Curated by Lucien Swerdloff
Opening Reception: Thursday, January 5th, 6:00 p.m., CCC Art Center Gallery

Au Naturale: The Nude in the 21st Century
February 23rd - March 29th
International Juried Competition founded by Kristin Shauck
Opening Reception: Thursday, February 23rd, 6:00 p.m., CCC Art Center Gallery

Pacific Rim Ceramics
April 5th - May 11th
Ceramic exhibit curated by Richard Rowland
Opening Reception: Thursday, April 5th, 6:00 p.m., CCC Art Center Gallery

CCC Student Art Show
May 17th - June 7th
Opening Reception: Thursday, May 17th, 6:00 p.m., CCC Art Center Gallery

Are there classes you would like to see offered that are not listed in this schedule? Would you like to teach a class? Let us hear from you.
Contact: PAULA DUNCAN Coordinator, Education For Life at 503-338-2408 or pduncan@clatsopcc.edu
Fall 2011

How To Read This Schedule:

COURSE NUMBER:
The 3-letter, 6-digit number listed to the right of the class title needed to register for the class.

SECTION ID:
The 1-letter, 1-digit number needed to register for the class.

INSTRUCTOR:
Indicates who teaches the class.

TIME:
The time the class is offered.

DAYS:
The day(s) the class is offered.

LOCATIONS:
See below for class locations.

TUITION/FEES:
Cost to enroll in class.

NO FEE:
There is no fee to take this class.

SEE ABOVE:
The fee is not collected through CCC but rather through the individual instructor/business that offers the course. See class description for pricing information.

KEY:
- =Evening Class
Indicates that the class begins at or after 5:00 p.m.

I-Instructor Permission
Students must have permission from course instructor before registering for the class.

O=Open Entry/Open Exit
Many Open Entry/Exit courses have no late registration fees. Many of these classes may be started at anytime during the term. You must complete the required amount of hours. Contact the class instructor for more information.

Locations:

ARTB: Art Building, CCC
1799 Lincoln Ave., Astoria

ASTR AQUATIC: Aquatics Center
1997 Marine Dr., Astoria, OR

ASTR ARC: American Red Cross
1054 Exchange St., Astoria, OR

ASTR ARTMOV: Art Building, CCC
1296 Duane St., Astoria, OR

ASTR FBRART: Fiber Arts Academy
1642 Franklin St., Astoria, OR

ASTR LOTUS: Lotus Yoga Studio
2035 Marine Dr., Suite F, Astoria, OR

CLTK CMS: Clatskanie Middle School
505 SW Bryant St., Clatskanie, OR

CLTK SENIOR: Clatskanie Senior Center
6201 SW Richter, Clatskanie, OR

COLUMBIA HALL: Columbia Hall, CCC
1651 Lincoln Ave., Astoria, OR

PATR/PATR GYM: Patriot Hall/Patriot Hall Gym, CCC
1650 Lincoln Ave., Astoria, OR

RAIN RNS: Rainier High School
28170 Old Rainier Rd., Rainier, OR

SCCC/SCCC LAB: CCC South County Campus/Computer Lab
1455 N Roosevelt, Seaside, OR

SEAS BCC: Bob Chisholm Community Center
1225 AVE. A, Seaside

SEAS HIGHS: Seaside High School
1901 N. Holladay Dr., Seaside, OR

SEAS LIBR: Seaside Public Library
1131 Broadway, Seaside

SEAS MASON: The Masonic Temple
201 N. Holladay Dr., Seaside, OR

TOW: Towler Hall, CCC
1660 Lincoln Ave., Astoria, OR

WARR OCEAN: Ocean Crest Motors
855 Mt. Hay, 101, Warrenton, OR

HISTORIC PRESERVATION AND RESTORATION Weekend Workshops Fall 2011

For more information contact Lucien Swerdloff at LSwerdloff@clatsopcc.edu or 503-338-2301.

BLD 226: Window Documentation and Restoration
Students gain knowledge and skills to document and restore historic wood windows.
Instructor: Kevin Palo
Times: 9:00am-4:00pm, 24-25 Sep.
Location: Astoria Train Depot

BLD 122: Floor Systems
Students gain knowledge and practical hands-on experience in materials and methods of construction for floor systems.
Instructor: Kirk Garrison
Times: 9:00am-4:00pm, 1 Oct. and 8 Oct.
Location: TBA

BLD 123: Wall Systems
Students gain knowledge and practical hands-on experience in materials and methods of construction for wall systems.
Instructor: Kirk Garrison
Times: 9:00am-4:00pm, 15 Oct. and 22 Oct.
Location: TBA

Clatsop Community College offers a Professional Truck Driving Less-Than-One-Year Certificate and courses can be taken by degree and non-degree seeking students looking to increase their workforce skills. Upon completion of the courses a student will be able to hold a CLASS A CDL with All Endorsements except passengers.

Fall term class dates are currently being developed.

Professional truck driving training prepares the student to enter a wide variety of work within the transportation and logistics industry, including associated jobs such as warehousing and local delivery.

Place: Maritime Science Building Conference Room, MERTS Campus, 6550 Liberty Lane, Astoria
Courses: TTL 101 Intro. To Professional Truck Driving and Logistics (4 credits)
TTL 102 Practical Applications in Professional Truck Driving and Logistics (6 credits)
Cost: $4,700 for the two courses which must be registered for together. Payment will be made to IITR directly.

To register please call: 503-325-7962 or 503-338-7696.

BLD 226: Wood Window Restoration
Students do restoration work on wood windows in the old Astoria Train Depot
Instructor: Kevin Palo
Times: 9:00am-4:00pm, 24-25 Sep.
Location: Astoria Train Depot

BLD 136: Materials: Glass
Students gain knowledge and practical hands-on experience in applications and properties of glass in construction.
Instructor: Pam Chestnut
Times: 9:00am-4:00pm, 5-6 Nov.
Location: TBA

BLD 127: Stair Layout
Students gain knowledge and practical hands-on experience in materials and methods of construction for stairs.
Instructor: Ed Overbay
Times: 9:00am-4:00pm, 19-20 Nov.
Location: Overbay Houseworks, Warrenton
I authorize Clatsop Community College to use my social security number to verify enrollment and/or degree information with the National Student Clearinghouse.

by the due date published in the relevant term schedule. If I do not make payment, make arrangements for payment, withdraw from my classes by the required date, and any other charges relating to my enrollment at the College. I understand that unless I officially withdraw from my classes that I am obligated to make payment provided confidential and free business counseling, specialized services, workshops, conferences and seminars. Clatsop is a one-stop, high quality and low cost business solutions.

Small Business Management Program (SBM)

Since 1979, the Small Business Management Program has assisted small business owners to achieve their goals through improved organization, management, operations and marketing of their businesses. Instruction is practical and immediately usable, tailored to each business’s individual needs. If you’re a business owner who is willing to commit time for classes and on-site visits and willing to try and accept new ideas, then this program is for you!

You’ll benefit from monthly classroom sessions, covering topics such as: current topics and subjects of your choosing, and an analysis of your business to help you develop a sound plan for growth, expansion and greater profits.

South County Campus 503-738-2417

Small Business Development Center (SBDC)

The path traveled to start, run and grow a business is filled with a variety of obstacles that often result in costly setbacks, or even failure. Traveling this path alone can be overwhelming and is extremely risky. The Clatsop Community College SBDC counselors can show you the path and can assist with overcoming the obstacles. The result is lower risk and increased probability of success. We accomplish this by providing:

- No Cost Business Consulting
- Training Sessions and Materials
- Free Business Counseling

South County Campus 503-338-2402

1455 N. Roosevelt
Seaside, OR 97138
**SECTION ID** | **INSTRUCTOR** | **TIME** | **DAY** | **LOCATION** | **TUITION/FEES** | **CODES**
---|---|---|---|---|---|---
COTTAGE INDUSTRY STARTUPS (BUS575214) (o Credit) |  |  |  |  |  | 
Would you like to be your own boss? You can turn your sewing, leather working, soap or candle making and gardening into a business! These programs offer the skills necessary to overcome any reluctance to act in emergency situations and care for life-threatening emergencies such as respiratory or cardiac problems in adults. Workshop cost is $25. Call 305-325-4721 for dates and to pre-register. Fee based on pre-registration.

**Start Date:** SEPTEMBER 26 **End Date:** NOVEMBER 28

**INDIVIDUAL LESSONS: PIANO (PER006501) (0 Credit)** | WALKER | TBA | TBA | PACM 109 | $212.00 | 

Students develop skills for piano, focusing on the basics of music theory, chords, & basic skills. Fee includes 10 half-hour lessons. Call 503-440-3506 for info.

**Start Date:** SEPTEMBER 26 **End Date:** NOVEMBER 28

**ADULT CPR (HEL94460) (o Credit)** |  |  |  |  |  | 
Participants will develop the skills necessary to overcome any reluctance to act in emergency situations and care for life-threatening emergencies such as respiratory or cardiac problems in adults. Workshop cost is $25. Call 305-325-4721 for dates and to pre-register. Fee based on pre-registration.

**Start Date:** SEPTEMBER 26 **End Date:** NOVEMBER 28

**ADULT CPR/FIRST AID (HEL94460) (o Credit)** |  |  |  |  |  | 
Participants will develop the skills necessary to overcome any reluctance to act in emergency situations and care for life-threatening emergencies such as respiratory or cardiac problems, sudden illnesses or injury. Workshop cost is $35. Call 305-325-4721 for dates and to pre-register. Fee based on pre-registration.

**Start Date:** SEPTEMBER 26 **End Date:** NOVEMBER 28

**INFANT/CHILD CPR (HEL94460) (o Credit)** |  |  |  |  |  | 
Participants will learn the basic skills necessary to overcome any reluctance to act in emergency situations and care for life-threatening emergencies such as respiratory or cardiac problems in infants and children. Workshop cost is $25. Call 305-325-4721 for dates and to pre-register. Fee based on pre-registration.

**Start Date:** SEPTEMBER 26 **End Date:** NOVEMBER 28

**HAM RADIO TRAINING (CRJ91260) (o Credit)** |  |  |  |  |  | 
In this introductory class, students will be prepared for the Amateur Radio "Technician License Exam". This is a Federal Communications Commission course you must have to operate on Ham Radio Frequencies. Students will learn about Radio Theory, Allowable Frequency Bands, RF Exposure Limits, Repeaters, Radio Ethics, Antennas, Allowable Frequency Bands, as well as other important and necessary subjects to know in order to pass your Ham Radio exam. Exam will be given at 4:30pm on the last day of class. The objective of this class is to improve public skills necessary to work with radio communications for non-emergencies and emergency situations such as wind storms, floods, tornadoes and other natural disasters that may cause major damage, and power and communications outages. Class begins on Saturday at 9:00 am and ends at 6:00 pm.

**Start Date:** SEPTEMBER 14 **End Date:** OCTOBER 15

**MUSIC & DANCE**

**NORTH COAST CHORALE (PER07500) (o Credit)** |  |  |  |  |  | 
Various ensembles will learn to work together with the North Coast Chorale under the direction of Music Director and Choral Conductor. Ensembles sing each week, then perform together during the closing concert. Ensemble members will improve their skills and techniques, both individually and as a group by studying music, including sight reading, understanding musical notation and following directions, while rehearsing. Students will be given the opportunity to experience the general music staff and contemporary composers.

**Start Date:** SEPTEMBER 27 **End Date:** NOVEMBER 29

**THE CANNON BEACH ORCHESTRA (PER07509) (o Credit)** |  |  |  |  |  | 
Through participation in rehearsals and performances, those enrolled in this course will focus on developing building musicianship, sight reading and singing skills, and learn of the professional and semi-professional opportunities available to them through the ethos and performance of chorals. Students will develop an understanding of musical performance, and be prepared for the wider world of music.

**Start Date:** SEPTEMBER 26 **End Date:** NOVEMBER 28

**NORTH COAST SYMPHONIC BAND (PER07560) (o Credit)** |  |  |  |  |  | 
Participants will learn or improve their ability to play musical instruments within a symphonic band made up of a wind ensemble and a percussion section. Students will have the opportunity to experience band music and are encouraged to consider further study of the wider world of music.

**Start Date:** SEPTEMBER 26 **End Date:** NOVEMBER 28

**FLUTE (PER06500) (o Credit)** |  |  |  |  |  | 
Students develop music fundamentals focusing on the mechanics of music theory & skills. Fee includes 10 half-hour lessons. Call 503-340-3506 for scheduling info.

**Start Date:** SEPTEMBER 26 **End Date:** NOVEMBER 28

**GUITAR (PER06509) (o Credit)** |  |  |  |  |  | 
Students should gain a greater knowledge of music and acoustic, electric, or bass guitarists. Course emphasizes techniques and music theory for amateur or professional guitarists and bass guitarists. Fee includes 10 half-hour lessons. Call 503-338-2313 for scheduling info.

**Start Date:** SEPTEMBER 26 **End Date:** NOVEMBER 28

**ADULT CPR (HEL94460) (o Credit)** |  |  |  |  |  | 
Participants will develop the skills necessary to overcome any reluctance to act in emergency situations and care for life-threatening emergencies such as respiratory or cardiac problems in adults. Workshop cost is $25. Call 305-325-4721 for dates and to pre-register. Fee based on pre-registration.

**Start Date:** SEPTEMBER 26 **End Date:** NOVEMBER 28

**INDIVIDUAL LESSONS: GUITAR (PER06509) (o Credit)** |  |  |  |  |  | 
Students should gain a greater knowledge of music and acoustic, electric, or bass guitarists. Course emphasizes techniques and music theory for amateur or professional guitarists and bass guitarists. Fee includes 10 half-hour lessons. Call 503-338-2313 for scheduling info.

**Start Date:** SEPTEMBER 26 **End Date:** NOVEMBER 28

**SAFETY N.E.T. (EMS935004) (o Credit)** |  |  |  |  |  | 
Knowledge from this course will provide participants with individuals and communities, a better sense of security in being able to handle disaster situations that continue to face coastal communities. It's a fun way to get together and develop skills you need to continue to expand. The training allows participants to continue working on the status quo. The training is facilitated by Megan Black, a member of local CERTs (Community Emergency Response Teams) who set up her own neighborhood emergency network after the 2007 storm. Based on FEMA's Citizen Corps "Map your Neighborhood", the N.E.T. training goes beyond "mapping" with additional organizational structuring, planning, tools and information as well as ongoing updates. There is a $10 materials fee, payable at the first class, in addition to class fees. For further information, please call 503-325-6886.

**Start Date:** SEPTEMBER 24 **End Date:** SEPTEMBER 24

**W1 BLACK 9:00am-2:00pm S TOWL 310 $35.00**
FIBER ARTS ACADEMY
Please pre-register for all Fiber Arts Academy classes by calling 503-325-5598 or registering online at www.astorlfiberarts.com

SEWING FOR ABSOLUTE BEGINNERS (PER002527) (o Credit)
Learn all of the basics of sewing machine operation while creating a market bag. Student must provide a sewing machine for use in class.
D1 STAFF 2:00-5:00pm T-W-F ASTR FBRART $45.00
Start Date: NOVEMBER 7 End Date: NOVEMBER 21

SEWING ROMAN SHADERS (PER002531) (o Credit)
Create Roman shades, intermediate sewing skills required. Student must provide a sewing machine for use in class.
D1 THERIY 10:00am-12:20pm MFN ASTR FBRART $108.00
Start Date: NOVEMBER 7 End Date: NOVEMBER 18

KNITTING BASICS (PER002530) (o Credit)
Learn the basic knitting stitches, knit and purl, casting on and off, increase and decrease stitches. Students will complete a project at their own skill level.
D1 STAFF 1:00-3:00pm T-W-F ASTR FBRART $72.00
Start Date: NOVEMBER 7 End Date: NOVEMBER 18

BEGINNING CROCHETING (PER002504) (o Credit)
Students will learn the basics of crocheted stitches, different sizes of crochet hooks, what types of yarn to use for various projects, how to increase and decrease stitches, and how to follow a pattern. Students will progress at their own pace. Students will buy materials in class $15.
D1 STAFF 1:00-3:00pm T-W-F ASTR FBRART $40.00
D2 R (Nov. 10, 17, 24) ASTR FBRART $40.00

LEARN TO WEAVE IN TWO DAYS (PER002528) (o Credit)
Warp and thread a loom while creating a scarf in 2 classes. Students will buy materials in class for $20.
D1 THERIY 10:00am-4:00pm SN (Nov. 12 & 13) ASTR FBRART $115.00
D2 THERIY 10:00am-4:00pm SN (Dec. 10 & 11) ASTR FBRART $115.00

RYA WEAVING (PER002539) (o Credit)
Learn the ancient art of Rya weaving using knotting and color. Looms will be pre-warped. Students will buy materials in class for $15.
D1 THERIY 1:00-5:00pm TR (Nov. 3, 8, & 10) ASTR FBRART $75.00

LEARN TO BLEND FIBERS (PER002513) (o Credit)
Students will learn how to blend fibers for spinning, weaving, knitting, etc. They will also learn color principles and color applications and other blending techniques for combining fibers. Students will buy materials in class $75.
D1 STAFF 1:00-3:00pm T (Oct. 16) ASTR FBRART $40.00
D2 STAFF 1:00-5:00pm T (Nov. 22 & 29) ASTR FBRART $40.00

SAFE FIBER DYING (PER002513) (o Credit)
Students will learn to dye protein fibers with food coloring and/or Koolaid®. They will also learn color principles and applications to color wool and other fibers. Students will buy materials in class $10.
D1 STAFF 1:00-3:00pm T (Oct. 6 & 13) ASTR FBRART $30.00
D2 STAFF 1:00-3:00pm T (Nov. 6 & 13) ASTR FBRART $30.00

BEGINNING SPINNING (PER002534) (o Credit)
Students will learn to spin yarn from prepared fiber or roving, and will make a continuous skein of yarn and learn how to draft fiber. Students will buy materials in class $5.
D1 STAFF 3:00-5:00pm M (Oct. 10 & 17) ASTR FBRART $45.00
D2 STAFF 3:00-5:00pm M (Nov. 14 & 21) ASTR FBRART $45.00

WOOL PREPARATION (PER002513) (o Credit)
Students will learn the complete wool preparation process and learn how to select a fleece that is suitable for their project. They will also learn how to skirt it and wash it and to comb or pick card fiber to prepare it for spinning and weaving. Students will buy materials in class $30.
D1 STAFF 2:00-4:00pm T (Nov. 28 & 29) ASTR FBRART $45.00
D2 STAFF 2:00-4:00pm N (Nov. 6 & 13) ASTR FBRART $45.00

 SECTION ID  INSTRUCTOR  TIME  DAY  LOCATION  TUITION/ FEES  CODES  SECTION ID  INSTRUCTOR  TIME  DAY  LOCATION  TUITION/ FEES  CODES

THE INS AND OUTS OF PTSD (SOC94952CE) (o Credit)
Overview of the latest findings on the effects of trauma on the brain. Licensed Social Workers, Counselors, Nurses and Neurologists will learn how an individual experiences it and later, re-experiences the trauma; how family members react and how they experience the survivor’s re-experiencing; and how the community experiences the survivors’ re-experiencing. Throughout the day treatment suggestions will be made and discussed. This is a new looking, rapidly growing field and one that benefits us all to understand. Cost of the class for Clatsop College students for CEUs is $35 made payable to Clatsop College, and additional $10 fee made payable to WRCDC. For Community Members (who are not students of the college), the cost is $85 if paid by October 15, and thereafter the cost of the class is $110. Please call 503-325-4076 for registration and payment. This course is for CEU credit only.
D1 STAFF 9:00am-4:30pm T WRCDC 219 $15.00
D2 STAFF 9:00am-4:30pm W WRCDC 219 $15.00

FLAGGER TRAINING-ODOT CERT. (OSTG878Y) (o Credit)
Prepares those employed or employable as flaggers to train or retrain for certification in Oregon, Washington and Idaho. Alerts participants to dangers and pitfalls inherent in the work place, provides them with the information they need to be safe and prepare a safe environment for coworkers, drivers and pedestrians.
D1 MACDONALD 9:00am-3:50pm S TOMC 306 $60.00
Start Date: OCTOBER 8 End Date: OCTOBER 8
D2 MACDONALD 9:00am-4:50pm S TOMC 306 $60.00
Start Date: NOVEMBER 12 End Date: NOVEMBER 12
W1 MACDONALD 9:00am-4:50pm S TOMC 306 $60.00
Start Date: DECEMBER 3 End Date: DECEMBER 3

HANDGUN SAFETY (CRJ92600) (o Credit)
Participants will learn handgun safety for personal and/or professional applications, and will obtain the necessary training to apply for a concealed weapon permit.
D1 OLSEN 7:00-9:50pm M ARTB-101 $60.00
Start Date: OCTOBER 3 End Date: OCTOBER 3
D2 OLSEN 7:00-9:50pm M ARTB-101 $60.00
Start Date: NOVEMBER 7 End Date: NOVEMBER 7
E1 OLSEN 7:00-9:50pm M ARTB-101 $60.00
Start Date: DECEMBER 5 End Date: DECEMBER 5

FOOD HANDLERS TRAINING (HRT95583X) (o Credit)
Food Handlers will learn preparation and serving of safe food. Emphasis will be placed on the five major factors of food-borne illnesses. An exam is required for certification. Student required to complete 2 hours of training. Contact CCC South County Campus for registration information at 503-338-2402. This class is offered in English Language only. Please pay $10 fee to instructor at the first class.
E2 NAUMAN 7:00-8:20pm M SCCC RM1 $10.00
Start Date: OCTOBER 9 End Date: OCTOBER 9
E3 NAUMAN 7:00-8:20pm M SCCC RM1 $10.00
Start Date: NOVEMBER 12 End Date: NOVEMBER 12
E4 NAUMAN 7:00-8:20pm M SCCC RM1 $10.00
Start Date: DECEMBER 9 End Date: DECEMBER 9

VOLLEYBALL REFEREE TRAINING (PED97974X) (o Credit)
Students will review and discuss new rules which pertain to officiating high school basketball. The rules are sanctioned under the National Federation of High Schools. Students will also practice floor positioning and correct referee techniques. Call 503-338-2445 for registration information.
D1 TOYS TBA TBA TBA TBA No Fee
Start Date: SEPTEMBER 20 End Date: SEPTEMBER 20
D2 TOYS TBA TBA TBA TBA No Fee
Start Date: SEPTEMBER 20 End Date: SEPTEMBER 20
D3 TOYS TBA TBA TBA TBA No Fee
Start Date: SEPTEMBER 20 End Date: SEPTEMBER 20
D4 TOYS TBA TBA TBA TBA No Fee
Start Date: SEPTEMBER 20 End Date: SEPTEMBER 20

LIVE AUDIO ENGINEERING (THE968501) (o Credit)
Whether you want to be a rock and roll roadie or just make your band or choir sound better, this course will teach you to mix live sound in a large or small venue. This study of live sound engineering is taught by a sound technician who has mixed in great venues such as the House of Blues, the Rex, 3000-seat outdoor festivals, all with national acts. The course includes: the physics of sound, the set up and use of various sound equipment including front of house and monitors, and the practical application of this knowledge as pertains to live performance.
E1 BROWN 6:00-7:30pm M PATR 303 $85.00
Start Date: SEPTEMBER 26 End Date: NOVEMBER 28
ART

OIL PAINTING ART: CREATING W/PAINt (PER000103) (0 Credit)
Students will learn the fundamentals of oil painting, including color theory, color mixing, brush techniques, and composition.
E1 DAWLSTER 10:00-11:50am F ARTB 101 $75.00
Start Date: SEPTEMBER 27 End Date: NOVEMBER 29

JEWELRY METALSMITHING (PER000123) (0 Credit)
Add a little BLING to your life! Join our Jewelry Metalworking class to learn how to make silver, brass, or copper jewelry by using hand tools and precious metals to produce cut-out work using designs and forms that you can picture to yourself.
E1 HALL 6:00-8:30pm R ASTR JOSIE $56.00
Start Date: SEPTEMBER 27 End Date: NOVEMBER 30

MAKE BEADED JEWELRY (PER000129) (0 Credit)
Students will make earrings, necklaces and bracelets that feature beads and use copper, brass, silver or gold wire from their own materials or items available to be purchased at the class.
E1 HALL 6:00-8:30pm W ASTR JOSIE $56.00
Start Date: SEPTEMBER 28 End Date: NOVEMBER 30

BLACK/WHITE PHOTO & DARKROOM (PER003000) (0 Credit)
Students will learn production of photographic images using a variety of darkroom techniques for black and white photography.
E1 MEYER 7:00-9:50pm R ARTB 111 $118.00
Start Date: SEPTEMBER 29 End Date: DECEMBER 1

DIGITAL PHOTOGRAPHY WORKSHOP (PER003014) (0 Credit)
Enjoy the beauty of Cannon Beach and the stimulation of an interactive discussion of light, lighting and the artistic enrichment of your digital photography in this Light Hearted Imaging Photography Workshop. The instructor’s demonstrations will feature equipment and techniques for students to increase their capabilities in using and controlling light artistically and technically. The 3-day session cost is $195--early registration is $165. Call Frank Lynch regarding registration, payment of class fees, times and further info at 503-804-7881.
D1 STAFF See Above NFS Tolovana Inn, CB See Above
Start Date: NOVEMBER 6 End Date: NOVEMBER 8

ENHANCING YOUR DIGITAL PHOTOGRAPHY (PER003009) (0 Credit)
The pleasure and processes of digital photography will be revealed through lecture, demonstration, and student image review. Principals and practices for camera use and image enhancement and preservation will be illustrated using Adobe Lightroom as a full-featured tool.
E1 MEYER 6:00-8:30pm T SCCLAB $56.00
Start Date: SEPTEMBER 27 End Date: NOVEMBER 29

BEGINNING STAINED GLASS (PER000137) (0 Credit)
Join in the fun of putting together a work of art made from glass! You don’t need to be an artist though…just bring your ideas and learn to turn your ideas into a stained glass window! Students will learn the ancient art of cutting pieces of colored glass and learn how to do leading for a stained glass window.
D1 FERGUSON 12:00-3:00pm F ARTB 101 $75.00
Start Date: SEPTEMBER 27 End Date: NOVEMBER 29

THE ARTIST’S WAY-GET STARTED (PER000143) (0 Credit)
This intensive workshop is designed to facilitate a deep personal dialogue about what it means to be a creative person. We will study the Artist’s Way process as our primary tool kit. Prepare to embrace a renewed relationship with your inner creative pulse. For all types of artists, active, retired,权, 2d imaging, working in all mediums - writing, painting, dancing, gardening, you name it! All levels and all art expressions are welcome. Plan on working hard. This is the pleasure and processes of digital photography will be revealed through lecture, demonstration, and student image review. Principals and practices for camera use and image enhancement and preservation will be illustrated using Adobe Lightroom as a full-featured tool.
E1 MEYER 6:00-8:30pm T ARTB 111 $79.00
Start Date: SEPTEMBER 27 End Date: NOVEMBER 29

BUSINESS & PERSONAL DEVELOPMENT

COMPUTERS: BEGINNING 3 DS MAX (TEC070122) (0 Credit)
The 3 ds max program was used in the making of the blockbuster hit movie Avatar! Learn the basics of a program that has been used in many industries including (but not limited to) video games, special effects for movies, TV and architectural visualization. Learn to navigate & familiarize yourself with software that provides powerful, integrated 3D modeling & animation rendering tools. This class is great for artists, designers, game developers, architects, engineers & visualizers. Specializes who want to learn the 3D computer aided design. The course will be held Friday, October 15 from 6:00-9:00 pm; Saturday, October 16 from 7:30-10:30 am; & Sunday, October 17 from 7:30-10:00 am. A $179 fee is payable to Team Oregon. Students must pre-register. Call 1-800-545-9944 Ext. 0 to register & pay for the class. Safety equipment is provided. This class is mandated for motorcycle riders from 16 to 50 years of age.
W1 ARMSTR 6:00-8:50pm NFS COBL 221 $75.00
Start Date: OCTOBER 14 End Date: OCTOBER 16

GENERAL INTEREST continued...

KNOT AWAY! (PER003533) (0 Credit)
Working knots to decorative knots - learn enough about knots to sail a boat, tie on a load, decorate your house, or make a rug. Learning this ancient craft will be everything to those interested in seamanship, outdoor activities and survival. The class project is to build a chair or table for outdoor use. The materials cost is $20, payable at the first class.
E1 HALL 6:00-8:50pm M ASTR JOSIE $35.00
Start Date: SEPTEMBER 26 End Date: OCTOBER 10

WRITER’S WORKSHOP (PER010505) (0 Credit)
Are you writing your memoirs, or a short story, article or other writing project? Bring your work-in-progress to class and discuss it with other writers. This ten-week class is limited to 12 people. Be prepared at the first class to discuss your writing project or start a writing project with the help of the instructor. We will read aloud and discuss the writing projects with your permission.
E1 MEYER 6:00-8:50pm W TOWL 211 $56.00
Start Date: SEPTEMBER 26 End Date: NOVEMBER 28

WOMEN’S WRITING WORKSHOP (PER003510) (0 Credit)
Through the use of a personal journal, assignments, readings and group interaction, women will investigate the proverbial “Who Am I?” question and how women fit into their families, whether a daughter, mother, wife, or sister. Explore the various approaches to writing and find out what works best for women as individuals. Please bring a sack lunch to class.
W1 ADAM 10:00am-3:00pm S PRTR 302 $35.00
Start Date: OCTOBER 8 End Date: OCTOBER 22

AARP DRIVER’S SAFETY COURSE (SAF090200) (0 Credit)
This course explains the changes that occur in vision, hearing, and reaction time as we age, and provides useful driving tips to handle these changes. Designed for drivers aged 50 & older who wish to participate in discussions surrounding safety & aging. One does not have to be an AARP member to register. Oregon state law provides a discount on your auto insurance premium for completing this course. If you have already taken this or a similar course, most insurance companies require that a refresher course be taken every 3 years to continue to receive the discount; or every 2 years if you are 70 or over. Please call Paula at 503-338-2408 to register for the class.
D1 STAFF 9:00am-12:50pm TW TOWL 206 See Above
Start Date: SEPTEMBER 13 End Date: SEPTEMBER 14
D4 STAFF 9:00am-12:50pm S SCCLAB See Above
Start Date: SEPTEMBER 17 End Date: SEPTEMBER 24
D3 STAFF 1:00-5:30pm S WARR OCEAN See Above
Start Date: OCTOBER 8 End Date: OCTOBER 9
W1 STAFF 9:00am-12:50pm MT SEAS BCC See Above
Start Date: NOVEMBER 7 End Date: NOVEMBER 8
D2 STAFF 9:00am-12:50pm TW TOWL 206 See Above
Start Date: NOVEMBER 15 End Date: NOVEMBER 16
W2 STAFF 1:00-5:00pm MT CLXK SENIOR See Above
Start Date: NOVEMBER 15 End Date: NOVEMBER 16

CLUTTER FREE FOR GOOD! (PER041001) (0 Credit)
Do you remember hearing “Place everything and everythng in its place”? Are you always searching for your keys? Take this opportunity to learn how to declutter your life and learn an amazing process that helps you get rid of significant clutter issues! Learn how simply taking things off the floor and putting them into drawers or in cabinets can make a huge difference! Learn to discard items that are broken or that you no longer use.
D1 POOLE 9:00am-12:50pm W TOWL 211 $29.00
Start Date: OCTOBER 15 End Date: OCTOBER 15
D2 9:30-11:30am S SCCRM 1 See Above
Start Date: OCTOBER 15 End Date: OCTOBER 15

MOTORCYCLE RIDER SAFETY CLASS (SAF090090) (0 Credit)
Students develop the fundamental motorcycle riding skills of turning, shifting & braking, as well as practical mental & technical techniques for riding in special situations expanding into more advanced street riding techniques. The course will be held Friday, October 15 from 6:00-9:00 pm; Saturday, October 16 from 7:30-10:30 pm; & Sunday, October 17 from 7:30am-4:00 pm. A $179 fee is payable to Team Oregon. Students must pre-register. Call 1-800-545-9944 Ext. 0 to register & pay for the class. Safety equipment is provided. This class is mandated for motorcycle riders from 16 to 50 years of age.
W1 ARMSTR 6:00-8:50pm NFS COBL 221 $75.00
Start Date: OCTOBER 14 End Date: OCTOBER 16

See page 2 for “How To Read This Schedule”, “Key”, “Important Dates”, and “Locations”. 6

11
**GENERAL INTEREST continued...**

**LIVE WELL W/CHRONIC CONDITIONS (HELO85310) (0 Credit)**
Encore and Columbia Medical will present a 6-week workshop that provides tools for living a healthy life with chronic health conditions including diabetes, heart disease, and asthma. Developed at Stanford University, these classes will be taught by trained instructors under the auspices of OMH. The classes are designed to be fun and interactive, using resources, skills, and action planning to give us a greater sense of control in our lives. Participants share their successes and build a common source of support. For those who live with chronic health conditions, or know someone who do, you are urged to attend these classes. Call Columbia Medical Hospital to register and for further information at 503-338-7564.

- **D1**
  - **Start Date:** SEPTEMBER 26
  - **End Date:** DECEMBER 2
  - **INSTRUCTOR:** TBA
  - **TIME:** TBA
  - **LOCATION:** ASTR OMIH
  - **Tuition/Fees:** See Above
  - **CODES:**

**QUITTING TOBACCO/NICOTINE (HELO85312) (0 Credit)**
This course covers tobacco cessation and the physiological and psychological aspects of tobacco use. The benefits of tobacco cessation will be discussed along with tips for quitting. Students will learn the seven FDA-approved nicotine replacement therapy options and proper use of each. This course would be beneficial to anyone who is trying to quit tobacco or is assisting others in quitting. Please call 503-338-7564 to register and for further information regarding date, day and time.

- **D1**
  - **Start Date:** SEPTEMBER 26
  - **End Date:** DECEMBER 2
  - **INSTRUCTOR:** TBA
  - **TIME:** TBA
  - **LOCATION:** ASTR OMIH
  - **Tuition/Fees:** See Above
  - **CODES:**

**BUSINESS & PERSONAL DEVELOPMENT continued...**

**EVENT PLANNING & COORDINATION (GWFO7801) (0 Credit)**
Meetings and conventions bring people together for a common purpose, and meeting and convention planners work to ensure that this purpose is achieved seamlessly. If you are interested in coordinating and planning every detail of meetings and conventions, then this class is for you! You will learn about general planning, the timing of an event, how to work within a budget, how to work with vendors and staff, and the importance of excellent customer service. You will gain knowledge about the aesthetics of setting up an event and how to get the best WOW factor for clients through the use of color coordination.

- **E1**
  - **Start Date:** NOVEMBER 7
  - **End Date:** NOVEMBER 8
  - **INSTRUCTOR:** TBA
  - **TIME:** 6:00-8:50pm MT
  - **LOCATION:** TOWL 209
  - **Tuition/Fees:** $75.00
  - **CODES:**

**BEGINNERS PHOTOGRAPHY C55 (TEC070121) (0 Credit)**
This class will help the novice photographer to bring out the best in their digital photos by manipulating their photos of people, objects, landscapes & lighting in images. You, too, can make professional looking photos by editing & enhancing the original digital photo, transform professional looking photos (imaginary)! You can also showcase your photos in an extraordinary way. Learn how to create artistic images & manipulate photos using Photoshop CS5.

- **E1**
  - **Start Date:** SEPTEMBER 26
  - **End Date:** NOVEMBER 28
  - **INSTRUCTOR:** TBA
  - **TIME:** TBA
  - **LOCATION:** ASTR CMH
  - **Tuition/Fees:** $65.00
  - **CODES:**

**FITNESS**

**AQUATIC FITNESS (FIT085005) (0 Credit)**
A physical activity program for women and men. Body-conscious cardiovascular/resistance workout targets heart rate, range of motion and strength building techniques done in chest deep water. Please call 503-338-2408 for further information about location and registration.

- **D1**
  - **Start Date:** SEPTEMBER 26
  - **End Date:** DECEMBER 2
  - **INSTRUCTOR:** TBA
  - **TIME:** TBA
  - **LOCATION:** ASTR CMH
  - **Tuition/Fees:** $62.00
  - **CODES:**

**YOGA FLOW (FIT085036) (0 Credit)**
This Yoga class is for people who are already aware of what Yoga is about and who deal with limitations due to injury, illness, aging or just want a slower paced approach to Yoga. These classes are wonderful for all ages and all levels of ability. This class will help you understand how the stretch/strengthen systems work and help release fascia. Classes are every Friday from 9:00 am to 10:00 am and on the first Wednesday of each month at 7:30 pm. Sessions are $35. Please call 503-298-3874 for further information, or email at lotusyoga@live.com.

- **E1**
  - **Start Date:** SEPTEMBER 26
  - **End Date:** DECEMBER 2
  - **INSTRUCTOR:** TBA
  - **TIME:** TBA
  - **LOCATION:** ASTR CMH
  - **Tuition/Fees:** $70.00
  - **CODES:**

**LEVEL 1 YOGA (FIT085035) (0 Credit)**
This class is designed for everyone, for all levels of participation. You will gently strengthen your body, create flexibility and begin to learn basic personal practice of the movements and positions. Learn how to modify even challenging postures. Take your time and enjoy a freedom of body and a calming of the mind. Monday and Wednesday classes are held from 6:00 pm to 7:15 pm and are 75 minutes each. The Tuesday classes is held beginning 12/19/12 from 12:00 to 12:40 pm and are only 20 minutes for those with time constraints. For more information, please call 503-298-3874 or email to yogalove@live.com.

- **D1**
  - **Start Date:** SEPTEMBER 26
  - **End Date:** DECEMBER 2
  - **INSTRUCTOR:** TBA
  - **TIME:** TBA
  - **LOCATION:** ASTR CMH
  - **Tuition/Fees:** $70.00
  - **CODES:**

**LEVEL 2 YOGA (FIT085038) (0 Credit)**
This class will help you understand how the stretch/strengthen systems work and help release fascia. Classes are every Friday from 9:00 am to 10:00 am and on the first Wednesday of each month at 7:30 pm. Sessions are $35. Please call 503-298-3874 for further information, or email at lotusyoga@live.com.

- **E1**
  - **Start Date:** SEPTEMBER 26
  - **End Date:** DECEMBER 2
  - **INSTRUCTOR:** TBA
  - **TIME:** TBA
  - **LOCATION:** ASTR CMH
  - **Tuition/Fees:** $70.00
  - **CODES:**

See page 2 for "How To Read This Schedule", "Key", "Important Dates", and "Locations".
FITNESS continued...

PILOTLES EXERCISE FOR SENIORS (FIT085037) (0 Credit)
Loosen stiff joints, lose weight, increase your cardiovascular stamina and respiratory strength—all at the same time—with Pilates Exercise for Seniors! Learn the fundamentals of Pilates including correct form, breathing, core body strengthening and how to apply them to enhance your mind-body connection. Please bring a yoga mat with you to class.
E1: GRABER 6:00-8:00pm MW PTTR DWM $49.00
Start Date: SEPTEMBER 26 End Date: NOVEMBER 30

TAI CHI FOR SENIORS (FIT08503802) (0 Credit)
Taichi, also known as T’ai Chi, is a traditional Chinese martial art which is often practiced for health and wellness. The slow and controlled movements and deep breathing help to balance the mind and body, reducing stress and promoting relaxation. Individuals of any age or level can learn new and/or additional skills.
E1: GUERRAUX 6:00-8:00pm MW PTTR DWM $65.00
Start Date: SEPTEMBER 26 End Date: NOVEMBER 30

SOARING CRANE QI GONG (FIT085039) (0 Credit)
Soaring Crane Qigong is an ancient system of exercises consisting of gentle, slow and easy to learn movements. This is a beginner’s level form of Qi Gong and is a beneficial practice for adults of all ages & skill levels. By practicing this form, you will bring balance & harmony to body, mind & spirit.
E1: POOTER 9:00-10:30am T SECC FOM $49.00
Start Date: SEPTEMBER 26 End Date: NOVEMBER 30

TURBO KICK (FIT085040) (0 Credit)
Burn hundreds of calories as you exercise to hip-hop music using kick-boxing moves which the instructor will teach. All fitness levels welcome!
E1: STRECKER 6:00-8:00pm F PTTR DWM $54.00
Start Date: SEPTEMBER 26 End Date: NOVEMBER 30

COMBAT HAPKIDO (PER030006) (0 Credit)
This self-defense class trains practitioners to either counter or preemptively strike an oncoming attack to defend one’s self. It emphasizes small circular motions, non-resisting movements and control of an opponent through force redirection and varied movements. Practitioners seek to gain advantage in a personal attack through framework, striking distance and body positioning to employ leverage.
E1: STAFF TBA TBA TBA No Fee I
Start Date: SEPTEMBER 26 End Date: DECEMBER 2

CANE DO THE WAY OF THE CANE (PER030007) (0 Credit)
Learn to use the cane as a martial tool. This class is an extension of the Hapkido method. You will learn to defend yourself from a variety of attacks. You will also learn a cane exercise form to use for health and vitality. This is a moderate intensity martial arts class for all ages of adults. Provide your own hook style cane or contact the instructor to purchase at pgdine60@yahoo.com
E1: STAFF TBA TBA TBA No Fee I
Start Date: SEPTEMBER 26 End Date: DECEMBER 2

FOREIGN LANGUAGES

FRENCH LANGUAGE & CULTURE (FRN060202) (0 Credit)
Students will learn to speak beginning French conversation and phrases. Students will develop their vocabulary while learning elements of French culture and a bit of the historical background of France.
E1: CHAMBERS 6:00-8:00pm M PTTR DWM $65.00
Start Date: SEPTEMBER 26 End Date: NOVEMBER 30

HUMANITY FLAPR-0601001 (0 Credit)
Learn the language of the ancient Hebrews! Students will begin by learning to read the Hebrew alphabet phonetically and how to write the alphabet. Reading and translation will begin with the earliest lessons and will increase in complexity as the student progresses through the language course.
Phone 503-801-1156 for information regarding days, times, dates, and location.
E1: CHAMBERS 6:00-8:00pm M PTTR DWM $65.00
Start Date: SEPTEMBER 26 End Date: DECEMBER 2

FOREIGN LANGUAGES continued...

GERMAN LANGUAGE AND CULTURE (GER060010) (0 Credit)
Did you realize that the Germans are believed to have been the first inhabitants of Germany, followed by the Scandinavian and Northern German tribes who moved into the region in the 8th century BC? You will learn much more about German history, culture and how to speak the German language, this class is for you!
E1: SIHL 6:00-8:00pm M TOWL 206 $65.00
Start Date: SEPTEMBER 29 End Date: DECEMBER 1

JAPANESE CONVERSATION (JPN060100) (0 Credit)
Learn the fundamentals of the Japanese language including the reading and writing of basic Japanese characters and some basic expressions. This course will also cover the basics of Japanese culture.
E1: CHAMBERS 6:00-8:00pm M TOWL 206 $65.00
Start Date: SEPTEMBER 26 End Date: NOVEMBER 30

COLLEGE FINANCIAL LITERACY (LIF065913) (0 Credit)
Financial literacy for college is a course designed to help students and their long-term financial future. Students will increase their understanding of the federal financial aid system and explore options for reducing their dependence on student loans (i.e., scholarships). Please call 503-338-2007 for further information.
D1: WEATHERLY TBA TBA TBA No Fee I
Start Date: SEPTEMBER 26 End Date: DECEMBER 2

FINANCIAL PLAN FOR RETIREMENT (LIF065759) (0 Credit)
This is a class designed to educate you on how to successfully build a sound retirement plan using all of your resources. The class is currently being taught by a number of large employers for work force training to educate employees on the benefits of financial planning. We will cover 401(k)s & work based plans, pensions both public & private, Social Security, IRA’s and other sources of income at retirement. We will review several written financial plans to educate you on the benefits of financial planning for retirement both financially and from a holistic approach. You will also learn which asset to use first to minimize the impact of taxes.
E1: THOMAS 6:00-8:00pm M TOWL 206 See Above
Start Date: SEPTEMBER 26 End Date: OCTOBER 5
E2: THOMAS 6:30-8:30pm M TOWL 206 See Above
Start Date: OCTOBER 12 End Date: OCTOBER 19

MUSHROOM IDENTIFICATION (PER033302) (0 Credit)
This course is designed for mushroom enthusiasts to learn the basic and advanced mushroom how to identify the edible fungi of Oregon, with an emphasis on edible varieties. The course will be a combination of classroom lectures, field trips and lab work. In addition, students will learn the rules & regulations for picking mushrooms, how to keep out habitats, tools & techniques for harvesting, preserving mushrooms for storage, and cooking techniques & recipes. Participants will have opportunities to experience picking mushrooms. There will also be a cooking lab where the seafood school will present techniques & recipes for cooking fungi. The first class (Monday, September 19) and third class (Monday, September 26) will be held in CCC’s Tower Hall (Rm 206) from 6:00-8:00pm. The second class (Sunday, September 25, 9am-12pm) is a field trip to Gnat Creek. The fourth class (Tuesday, September 27, 6:00-8:00pm), “Cooking with Mushrooms”, is at Astoria Middle School’s Life Skills Room. The fifth class (Sunday, October 2, 9:00am-12:00pm) is a field trip to Fort Stevens State Park. Please call 503-797-5594 or email daniessie@hotmail.com for further info.
E1: OGD 6:00-7:00pm MNT See Above $49.00
Start Date: SEPTEMBER 19 End Date: DECEMBER 2

SOCIAL SECURITY DISABILITY (LIF065793) (0 Credit)
This course will provide a basic overview of the supplemental security income and social security disability insurance benefits and administrative processes presented by Oregon lawyers. A question & answer discussion will follow the class.
D1: STAFF 9:00am-4:00pm T PTTR DWM $303 No Fee
Start Date: OCTOBER 18 End Date: OCTOBER 18

US POWER SQUADRON SAFE BOATING (SAF090500) (0 Credit)
Present the basic elements of equipment, regulations, elementary seamanship, charts & their uses, boat trailering, sailing, and marine troubleshooting.
D1: STAFF 7:00-9:00pm M ATSB 101 No Fee
Start Date: SEPTEMBER 27 End Date: NOVEMBER 15

WRITING MEMOIRS & LIFE STORIES (PER031009) (0 Credit)
Memoir writing, the art of turning memories into stories & books, is tough to land, like a slippery fish. Becky Hart will teach the basics of memoir writing to help you land your story. This is a class designed to help you learn how to turn your memories into a book.
E1: HART 6:00-8:00pm M TOWL 206 See Above $54.00
Start Date: SEPTEMBER 28 End Date: NOVEMBER 30

See page 2 for “How To Read This Schedule”, “Key”, “Important Dates”, and “Locations”.

Fall 2011
Education For Life Courses - Fall 2011

FITNESS continued...

PILOT EXERCISE FOR SENIORS (FIT08503) (0 Credit)
Loosen stiff joints, lose weight, increase your cardiovascular stamina and respiratory strength—all at the same time—with Pilates Exercise for Seniors! Learn the fundamental system of Pilates including correct form, breathing, core body strengthening and how to apply them to enhance your mind-body connection. Please bring a yoga mat with you to class.
E1 POTTER 7:30-8:20pm MW PMTR/GYM $49.00
Start Date: SEPTEMBER 26 End Date: NOVEMBER 30

TAI CHI FOR SENIORS (FIT08508C0) (0 Credit)
T’ai Chi’s falls are the leading cause of death for those over age 65. The Arthritis Foundation promotes this form and research has proven that this form of T’ai Chi helps increase balance and reduces falls, and is also appropriate for those who need to remain seated. These classes are funded by the Older American Act Funds so there is no charge for individuals over 60 years old. Please call Columbia Memorial Hospital at 503-338-7564 for info.
D1 STAFF TBA TBA See Course
Start Date: SEPTEMBER 26 End Date: DECEMBER 8

SOARING CRANE QI GONG (FIT08507) (0 Credit)
Soaring Crane QI Gong is an ancient system of exercises consisting of gentle, slow and easy to learn movements. This is a beginner’s level form of Qi Gong and is a beneficial practice for adults of all ages & skill levels. By practicing this form, you will bring balance & harmony to your mind, body, and spirit.
E1 POTTER 9:00-10:20am T SCI 200C MID $49.00
Start Date: SEPTEMBER 29 End Date: NOVEMBER 27

TURBO KICK (FIT08503) (0 Credit)
Burn hundreds of calories as you exercise to hip-hop music using kick-boxing moves which the instructor will teach. All fitness levels welcome!
E1 STRECKER 7:30-7:50pm TR PMTR/GYM $54.00
Start Date: SEPTEMBER 26 End Date: DECEMBER 1

COMBAT HAPKIDO (PER03006) (0 Credit)
This self-defense class trains practitioners to either counter or preemptively strike an imminent attack to defend one’s self. It emphasizes small circular motions, non-resisting movements and control of an opponent through force redirection and varied movements. Practitioners seek to gain advantage in a personal attack through footwork, destructive striking and body positioning to employ leverage.
D1 ARDOS 7:30-7:50pm F PMTR/GYM $54.00
C1 ARDOS 9:30-10:50am T PMTR/GYM $54.00
Start Date: SEPTEMBER 10 End Date: DECEMBER 2

CANOE THE WAY OF THE CANE (PER03007) (0 Credit)
Learn to use the canoe as a martial art. Vicious, add-on to the Combat Hapkido course. You will learn to defend yourself from a variety of attacks. You will also learn a canoe exercise form to use for health and vitality. This is a moderate intensity martial arts class for all ages of adults. Provide your own hook style cane or contact the instructor to purchase at padme@p-ima.com
D1 ARDOS 8:00-8:50pm F PMTR/GYM $40.00
Start Date: SEPTEMBER 26 End Date: DECEMBER 2

FOREIGN LANGUAGES

FRENCH LANGUAGE & CULTURE (FRN06020) (0 Credit)
Students will learn to speak beginning French conversation and phrases. Students will develop their vocabulary while learning elements of French culture and a bit of the historical background of France.
E1 SHEPHERD 6:10-8:50pm W SEAS LIBRY $65.00
Start Date: SEPTEMBER 28 End Date: NOVEMBER 30

ELEMENTARY HEBREW LANGUAGE (FRL06010) (0 Credit)
Learn the language of the ancient Hebrews! Students will begin by learning to read the Hebrew alphabet phonetically and how to write the alphabet. Reading and translation will begin with the earliest lessons and will increase in complexity as the student progresses through the language course. Please call 503-801-1156 for information regarding days, times, dates and location.
E1 LIVINGTON TBA TBA $65.00
Start Date: SEPTEMBER 26 End Date: DECEMBER 2

GERMAN LANGUAGE AND CULTURE (GER06010) (0 Credit)
Did you realize that the Germans are believed to have been the first inhabitants of Germany, followed by the Scandinavian and Northern German tribes who moved into the area by the 1st century? If you want to learn more about German history, culture and how to speak the German language, this class is for you!
E1 CHAMBERS 6:00-8:50pm R TMBL 206 $65.00
Start Date: SEPTEMBER 29 End Date: DECEMBER 1

JAPANESE CONVERSATION (JPN060100) (0 Credit)
Students will develop skills necessary to function in the Japanese speaking community, with emphasis on pronunciation and conversational flow of sentences and everyday phrases. Includes cultural training as well as speaking and listening.
E1 SMITHERS 6:00-8:50pm W TMBL 207 $140.00
Start Date: SEPTEMBER 26 End Date: NOVEMBER 30

FOREIGN LANGUAGES continued...

GENERAL INTEREST

COLLEGE FINANCIAL LITERACY (LIF065913) (0 Credit)
Financial literacy for college is a course designed to help students make college and their long-term financial futures. Students will increase their understanding of the federal financial aid system and explore options for reducing their dependence on student loans (i.e., scholarships). Please call 503-338-2007 for further information.
D1 WEATHERLY TBA TBA No Fee T
Start Date: SEPTEMBER 26 End Date: DECEMBER 2

FINANCIAL PLAN RETIREMENT (LIF065795) (0 Credit)
This is a class designed to educate you on how to successfully build a sound retirement plan using all of your resources. The class is currently being used by a number of large employers for work force training to educate employees on the benefits of financial planning. We will cover 401(k)s & work based plans, pensions both public & private, Social Security, IRAs and other sources of income at retirement. We will review several written financial plans to educate you on the benefits of financial planning for retirement both financially and from a holistic approach. You will also learn which asset to use first to minimize the impact of taxes.
E1 THOMAS 6:00-8:50pm W TMBL 206 See Above
E2 THOMAS 6:30-8:50pm W TMBL 206 See Above
Start Date: OCTOBER 12 End Date: OCTOBER 19

MUSHROOM IDENTIFICATION (PER023302) (0 Credit)
This course is designed to teach the beginner to moderately advanced mushroom how to identify the fleshy fungi of Oregon, with an emphasis on edible varieties. The course will be a combination of classroom lectures, field trips and lab work. In addition, students will learn the rules & regulations for picking mushrooms, how to key out habitats, tools & techniques for harvesting, preserving mushrooms for storage, and culinary cooking techniques & recipes. Participants will be given an experience picker’s identifying mushrooms in the field. There will also be a cooking lab where the students will present techniques & recipes for cooking fungi. The first class (Monday, September 19) and third class (Monday, September 26) will be held in CCC’s Tower Hall (Rm 206) from 6:00-8:00pm. The second class (Sunday, September 25, 9am-12pm) is a field trip to Gnat Creek. The fourth class (Tuesday, September 27, 6:00-8:00pm), “Cooking with Mushrooms”, is at Astoria Middle School’s Life Skills Room, The fifth class (Sunday, October 2, 9:00am-12:00pm) is a field trip to Fort Stevens, State Park. Please call 503-791-5594 or email danesosti@hotmail.com for further info.
D1 OGD 6:00-7:00pm NMT See Above $49.00
Start Date: OCTOBER 19 End Date: DECEMBER 2

SOCIAL SECURITY DISABILITY (LIF065797) (0 Credit)
Learn how to acquire a basic overview of the supplemental security income and social security disability income benefits and administrative processes presented by Oregon lawyers. A question & answer discussion will follow the class.
D1 STAFF 9:00-4:00pm T PMBR 303 No Fee T
Start Date: OCTOBER 18 End Date: OCTOBER 18

US POWER SQUADRON SAFE BOATING (SAF09500) (0 Credit)
Presents the basic elements of equipment, regulations, elementary seamanship, charts & their uses, boat trailing, sailing, and marine troubleshooting.
D1 STAFF 7:00-8:00pm T ARTB 101 No Fee T
Start Date: SEPTEMBER 27 End Date: NOVEMBER 15

WRITING MEMOIRS & LIFE STORIES (PER033509) (0 Credit)
Memoir writing, the art of turning memories into stories & books, is tough to land, like a slippery fish. Becky Hart will teach the basics of memoir writing & recipes. Participants will get hands on experience picking & identifying mushrooms in the field. There will also be a cooking lab where the students would learn to cook basics of memoir writing & recipes. Participants will get hands on experience picking & identifying mushrooms in the field. There will also be a cooking lab where the students would learn to cook
D1 HART 9:00-4:00pm W TMBL 207 $54.00
Start Date: SEPTEMBER 28 End Date: NOVEMBER 30
GENERAL INTEREST continued...

LIVE WELL W/CHRONIC CONDITIONS (HEL085310) (0 Credit)
ENCORE and Columbia Memorial Hospital will present a six-week workshop that provides tools for living a healthy life with chronic health conditions including depression, asthma, heart disease, fibromyalgia, and more. Each week will include a discussion of the condition, current medical treatments, and personal success stories. The course will be taught by trained instructors for people of all ages. The class will provide tools to help you live well with chronic health conditions and support groups will be available to meet your needs.

Start Date: SEPTEMBER 26      End Date: DECEMBER 2
Start Date: OCTOBER 31      End Date: NOVEMBER 28

QUITTING TOBACCO/NICOTINE (HEL085321) (0 Credit)
This course covers tobacco cessation and the physiological and psychological aspects of tobacco use. The benefits of tobacco cessation will be discussed along with tips for quitting. Students will learn the seven FDA-approved nicotine replacement therapy options and proper use of each. This course would be beneficial to anyone who is trying to quit tobacco or is assisting others in quitting. Please call 503-338-7564 to register and for further information regarding time and day.

Start Date: SEPTEMBER 26      End Date: DECEMBER 2

THE INS AND OUTS OF PTSD (HEL085332) (0 Credit)
Overview of the latest findings on the effects of Trauma on the brain. Students learn how the individual experiences and re-experiences the trauma; how family members react and how they experience the survivor’s re-experiencing and how the community experiences the survivors re-experiencing. Throughout the day, treatment suggestions will be made and discussed. This is a new look at a rapidly growing field and one that benefits all that use it.

Start Date: OCTOBER 28      End Date: OCTOBER 28

HEALTHY COOKING 4 GOOD HEALTH (HEL085355) (0 Credit)
This 8-week introductory cooking course will present cooking techniques for special needs diets and cooking for optimal nutrition. There will also be information on food composition, healthy cooking on a budget, and adjusting recipes for those people who may be diabetic, lactose intolerant, or have other special dietary considerations. Please call 503-338-2408 for information regarding dates, days, times and location.

Start Date: SEPTEMBER 26      End Date: OCTOBER 24

FARMERS, CHEFS, CHARCUTERIE (PER043352) (0 Credit)
A day-long workshop for food professionals interested in making charcuterie with locally raised meats that is not only delicious but safe and legal. Tutors will cover general regulations and best practices for controlling pathogens during meat curing. In the afternoon and expert sulaiman will demonstrate techniques and best practices. Space is limited, so reserve your spot today! For reservations and required pre-registration, please contact Kalle Spring at 503-335-8573 or stop by the OSU Extension Clatsop County, 2001 Marine Drive, Room 210 in Astoria. The class will be held at the EVDO Cooking School in Cannon Beach, OR. Cost is $25 and includes lunch. Please pay at the class.

Start Date: SEPTEMBER 26      End Date: SEPTEMBER 26

HOME BREW BEER (PER043351) (0 Credit)
Brewing beer began in ca 3000 BC by ancient Sumerians and later the Egyptians, and was also brewed by America’s Founding Father, and today, brewing beer is still enjoyed by millions. Join this fun and learning experience to learn about beer and how to make your own! This is a hands-on class requiring a text, “the Joy of Home Brewing” for $15.99 available for purchase at the class.

Start Date: SEPTEMBER 26      End Date: SEPTEMBER 26

NAUI BASIC SCUBA DIVING COURSE (PER031406) (0 Credit)
National Association of Underwater Instructor Basic Scuba Course to provide the essential skills in snorkeling and above dive equipment, the science of diving, responsible diving practices and the environment. You will also learn many skills in the water with practice time for your safety and comfort. Certification option available after 5 dives in open-water available. Please contact Floyd Holcomb at Astoria Scuba 503-325-2502 for more detailed information.

Start Date: SEPTEMBER 26      End Date: SEPTEMBER 26

BUSINESS & PERSONAL DEVELOPMENT continued...

EVENT PLANNING & COORDINATION (GWF079801) (0 Credit)
Meetings and conventions bring people together for a common purpose, and meeting and convention planners work to ensure that this purpose is achieved by coordinating and planning every detail of meetings and conventions, then this class is for you! You will learn about general planning, the timing of an event, how to work within a budget, how to work with vendors and staff, and the importance of excellent customer service. You will gain knowledge about the aesthetics of setting up an event, and know how to get the best WOW factor for clients through the use of color coordination.

Start Date: SEPTEMBER 26      End Date: NOVEMBER 8

BEGINNERS PHOTOSHOP CS5 (TEC070121) (0 Credit)
This class will help the novice photographer to bring out the best in their digital photos by manipulating their photos of people, objects, landscapes & lighting in images. You, too, can make professional looking photos by editing & enhancing the original digital photo, transform professional photos (even those you've taken yourself)! You can also showcase your photos in an extraordinary way. Learn how to create artistic images & manipulate photos, using Photoshop CS5.

Start Date: SEPTEMBER 26      End Date: NOVEMBER 28

BASIC COMPUTING (TEC070141) (0 Credit)
If you feel it's finally time to get acquainted with computers, this is the class for you! We'll start at the very beginning: learning basic terminology, turning on and off the computer, using different programs, using email, and searching the internet. This is a hands-on class which revolves around student needs. We suggest you plan to practice during the week to get the most out of the class.

Start Date: SEPTEMBER 26      End Date: OCTOBER 24

FITNESS

AQUATIC FITNESS (FIT085033) (0 Credit)
A physics-based total body strength and endurance workout in the water that targets specific needs and challenges its users to move weight about the water through the use of water currents.

Start Date: SEPTEMBER 26      End Date: OCTOBER 24

LEVEL 1 YOGA (FIT085034) (0 Credit)
This 6-week workshop is designed for women and men. Body-conscious cardio/resistance workout targets heart rate, range of motion and strength building techniques done in chest deep water. Please call 503-338-2408 for further information about location and registration.

Start Date: SEPTEMBER 26      End Date: DECEMBER 2

LEVEL 2 YOGA (FIT085035) (0 Credit)
Learn to make the most of students into a yoga flow while exploring deeper levels of the postures you have already learned. Learn how to guide the body with good alignment through a flowing series of poses & challenging postures. A good workout for the body mind & soul even deeper into the joints muscles for greater strength & flexibility and flush toxins from the body. Be creative, have fun & get healthy. Tuesday & Thursday classes are 6:00-7:15pm. An open class is followed by optional meditation. For more information, please call 503-298-3874 or email class@lotusyoga@live.com.

Start Date: SEPTEMBER 26      End Date: DECEMBER 2

LEVEL 3 YOGA (FIT085036) (0 Credit)
This 6-week workshop is designed for women and men. Body-conscious cardio/resistance workout targets heart rate, range of motion and strength building techniques done in chest deep water. Please call 503-338-2408 for further information about location and registration.

Start Date: SEPTEMBER 26      End Date: DECEMBER 2

See page 2 for “How To Read This Schedule”, “Key”, “Important Dates”, and “Locations.”
ART

OIL PAINTING ART: CREATING W/PAINT (PER000109) (0 Credit)
Students will learn the fundamentals of oil painting, including color theory, color mixing, brush techniques, and composition.
E1 DAWSON 10:00-11:00am F ARMB 101 $75.00
Start Date: SEPTEMBER 10 End Date: DECEMBER 2
JEWELRY METALSMITHING (PER000123) (0 Credit)
Add a little Bling to your life! Join our Jewelry Metalsmithing class to learn how to make silver, brass, or copper jewelry by using hand tools and precious metals to produce cut-out work using designs and forms that you choose to make.
E1 DAWSON 6:00-8:30pm R ASTR JOSIE $56.00
Start Date: SEPTEMBER 29 End Date: DECEMBER 1
MAKE BEADED JEWELRY (PER00012) (0 Credit)
Students will make earrings, necklaces and bracelets that feature beads and use copper, brass, silver or gold wire from their own materials.
E1 DAWSON 6:00-8:30pm W ASTR JOSIE $56.00
Start Date: SEPTEMBER 28 End Date: NOVEMBER 30
BLACK/WHITE PHOTO & DARKROOM (PER000300) (0 Credit)
Students will learn production of photographic images using a variety of darkroom techniques for black and white photography.
E1 DAWSON 7:00-9:50pm R ARMB 111 $118.00
Start Date: SEPTEMBER 29 End Date: DECEMBER 1
D1 LYNCH See Above $56.00
Start Date: NOVEMBER 6 End Date: NOVEMBER 6
ENHANCING YOUR DIGITAL PHOTOGRAPHY (PER000309) (0 Credit)
The pleasure and processes of digital photography will be revealed through lecture, demonstration, and student image review. Prerequisites and practices for camera use and image enhancement will be illustrated using Adobe Lightroom as a full-featured tool.
E1 MEYER 6:00-8:00pm T SCCC LAB $56.00
Start Date: SEPTEMBER 27 End Date: NOVEMBER 29
BEGINNING STAINED GLASS (PER000137) (0 Credit)
Join in the fun of putting together a work of art made from glass! You don't need to be an artist though... just bring your ideas and learn to turn your ideas into a stained glass window! Students will learn the ancient art of cutting pieces of colored glass and learn how to do leading for a stained glass window.
D1 FERGUSON 12:00-3:00pm T ARMB 101 $79.00
Start Date: SEPTEMBER 27 End Date: NOVEMBER 29
THE ARTIST'S WAY-GET STARTED (PER000413) (0 Credit)
This intensive workshop is designed to facilitate a deep personal dialog about what it means to be a creative person. We will study The Artist's Way process as our primary tool kit. Prepare to embrace a renewed relationship with your inner creative pulse. For all types of artists, active, retired, læpsed, working in all mediums - writing, painting, dancing, gardening, you name it! All levels and all art expressions are welcome. Plan on working hard. This is the tough inner work and you will emerge with a different person, with a new commitment to your creative process! Required textbook is, "The Artist’s Way" by Julia Cameron (any edition). Please bring textbook to first class.
E1 DAWSON 6:00-8:30pm T ARMB 101 $45.00
Start Date: SEPTEMBER 27 End Date: NOVEMBER 29
BUSINESS & PERSONAL DEVELOPMENT

COMPUTERS: BEGINNING 3 DS MAX (TEC070122) (0 Credit)
The 3 ds max program was used in the making of the blockbuster hit movie Avatar! Learn the basics of a program that has been used in many industries including (but not limited to) video games, special effects for movies, TV and architectural visualization. Learn to navigate & familiarize yourself with software that provides powerful, integrated 3d modeling & animation rendering tools. This class is great for artists, designers, game developers, architcets, engineers & visualization specialists who want to use this technology to enhance their work!
E1 DAWSON 6:00-8:00pm T IMTC COMP $75.00
Start Date: SEPTEMBER 29 End Date: NOVEMBER 29
GENERAL INTEREST continued...

KNOT AWAY! (PER005312) (0 Credit)
Working knots to decorative knots - learn enough about knots to sail a boat, tie on a load, build a house, decorate your crafts, or make a rug. Learning this ancient craft will be everything to those interested in seamanship, outdoorsmanship and survival. The class project is to build a chair or table for outdoor use. The materials cost is $20, payable at the first class.
E1 DAWSON 6:00-8:50pm M ASTR JOSIE $35.00
Start Date: SEPTEMBER 26 End Date: OCTOBER 10
W1 ADAIR 9:00am-12:30pm W TOWL 211 $56.00
Start Date: SEPTEMBER 26 End Date: NOVEMBER 28
WOMEN'S WRITING WORKSHOP (PER003510) (0 Credit)
Through the use of a personal journal, assignments, readings, and group interaction, women will investigate the proverbial "Who Am I?" question and how we fit into their families, whether a tearful mother, wife, or sister. Explore the various approaches of personal writing and find out what works best for women as individuals. Please bring a sack lunch to class.
W1 ADAIR 10:00am-3:30pm S PATR 302 $35.00
Start Date: OCTOBER 8 End Date: OCTOBER 22
AARP DRIVER'S SAFETY CLASS (SAF092000) (0 Credit)
This course explains the changes that occur in vision, hearing, and reaction time as we age, and provides useful driving tips to handle these changes. Designed for drivers aged 50 & older who wish to participate in courses surrounding safety & aging. One does not have to be an AARP member to register. Oregon state law provides a discount on your auto insurance premium for completing this course. If you have already taken this or a similar course, most insurance companies require that a refresher course be taken every 3 years to continue the discount, or every 2 years if you are 70 or over. Please call Paula at 503-338-2408 to register for the class.
D1 POOLE 9:00am-12:50pm W TOWL 206 See Above
Start Date: SEPTEMBER 13 End Date: SEPTEMBER 14
D4 STAFF 9:00am-12:00pm W SCCC RM1 See Above
Start Date: SEPTEMBER 17 End Date: SEPTEMBER 24
D3 STAFF 1:00-5:00pm S WARR OCEAN See Above
Start Date: OCTOBER 8 End Date: OCTOBER 8
W1 ADAIR 9:00am-12:00pm W SEAS BCC See Above
Start Date: OCTOBER 9 End Date: OCTOBER 9
W2 STAFF 9:00am-12:00pm W TOWL 206 See Above
Start Date: NOVEMBER 15 End Date: NOVEMBER 15
W2 STAFF 1:00-5:00pm W CLTK SENIOR See Above
Start Date: NOVEMBER 15 End Date: NOVEMBER 15
CLUTTER FREE FOR GOOD (PER040100) (0 Credit)
Do you remember hearing "A place for everything and everything in its place"? Are you always searching for your keys? Take this opportunity to learn how to declutter your life and learn an amazing process that helps you get rid of significant clutter issues! Learn how simply taking off the floor and putting them into drawers or in cabinets can make a huge difference! Learn to discard items that are broken or that you no longer use. 
D1 POOLE 9:00am-12:00pm W TOWL 211 $25.00
Start Date: OCTOBER 15 End Date: OCTOBER 15
D2 9:30-11:30am S SCCRM1 See Above
Start Date: OCTOBER 15 End Date: OCTOBER 15
MOTORCYCLE RIDER SAFETY CLASS (SAF090000) (0 Credit)
Students develop the fundamental motorcycle riding skills of turning, shifting & braking, as well as practical mental & physical techniques for riding in special situations expanding into more advanced street riding techniques. The course will be held Friday, October 15 from 6:00-9:00 pm; Saturday, October 16 from 7:30-9:00 pm; & Sunday, October 17 from 7:30-4:00 pm. A $179 fee is payable to Team Oregon. Students must pre-register. Call 1-800-545-9944 Ext. 0 to register & pay for the class.
W1 ARMSTRONG 6:00-9:00pm FR TOWL 206 $35.00
Start Date: OCTOBER 15 End Date: OCTOBER 15
D1 POOLE 9:00am-12:00pm W TOWL 206 See Above
Start Date: OCTOBER 15 End Date: OCTOBER 15
FIBER ARTS ACADEMY
Please pre-register for all Fiber Arts Academy classes by calling 503-325-5598 or registering online at www.astoriafiberarts.com

SEWING FOR ABSOLUTE BEGINNERS (PER000257) (o Credit)
Learn all of the basics of sewing machine operation while creating a market bag. Student must provide a sewing machine for use in class.

D1 STAFF 2:00-2:20pm MWF ASTR FBRART $48.00
Start Date: NOVEMBER 7 End Date: NOVEMBER 18

SEWING ROMAN SHAPES (PER000251) (o Credit)
Create Roman shades, intermediate sewing skills required. Student must provide a sewing machine for use in class.

D1 THIERRY 1:00-2:00pm MNF ASTR FBRART $108.00
Start Date: NOVEMBER 2 End Date: NOVEMBER 21

KNITTING BASICS (PER000250) (o Credit)
Learn the basic knitting stitches, knit and purl, casting on and off, increase and decrease stitches. Students will complete a project at their own skill level.

D1 TBA 1:00-3:00pm TBA ASTR FBRART $72.00
Start Date: NOVEMBER 7 End Date: NOVEMBER 18

BEGINNING CROCHETING (PER000254) (o Credit)
Students will learn the basics of crochet stitches, different sizes of crochet hooks, what types of yarn to use for various projects, how to increase and decrease stitches, and how to follow a pattern. Students will progress at their own pace. Students will buy materials in class $15.

D1 STAFF 1:00-3:00pm R (Oct. 6, 13, 20, & 27) ASTR FBRART $40.00
D2 STAFF 1:00-3:00pm R (Nov. 10, 17, 24, & 31) ASTR FBRART $40.00

LEARN TO WEAVE IN TWO DAYS (PER000252) (o Credit)
Learn to weave a loom while creating a scarf in 2 classes. Students will buy materials in class for $20.

D1 THERY 10:00am-4:00pm SN (Nov. 12 & 13) ASTR FBRART $115.00
D2 THERY 10:00am-4:00pm SN (Dec. 10 & 11) ASTR FBRART $115.00

RYA WEAVING (PER000259) (o Credit)
Learn the ancient art of Rya weaving using knotting and color. Looms will be pre-warped. Students will buy materials in class for $15.

D1 THERY 1:00-3:00pm TR (Nov. 1, 8, & 15) ASTR FBRART $75.00

LEARN TO BLEND FIBERS (PER000251) (o Credit)
Students will learn how to blend fibers for spinning, weaving, knitting, tatting, etc. They will also learn color principles and color applications and other blending techniques for combining fibers. Students will buy materials in class for $15.

D1 STAFF 1:00-3:00pm T (Oct. 6 & 13) ASTR FBRART $40.00
D2 STAFF 1:00-3:00pm T (Nov. 22 & 29) ASTR FBRART $40.00

SAFE FIBER DYING (PER000253) (o Credit)
Students will learn to dye protein fibers with coloring food and/or Koolaid! They will also learn color principles and applications to color wool and other fibers. Students will buy materials in class for $10.

D1 STAFF 1:00-3:00pm M (Oct. 6 & 13) ASTR FBRART $30.00
D2 STAFF 1:00-3:00pm T (Nov. 1 & 8) ASTR FBRART $30.00

BEGINNING SPINNING (PER000254) (o Credit)
Students will learn to spin yarn from prepared fiber or roving, and will make a continuous skein of yarn and learn how to draft fiber. Students will buy materials in class for $15.

D1 STAFF 1:00-3:00pm M (Oct. 6 & 13) ASTR FBRART $45.00
D2 STAFF 1:00-3:00pm T (Nov. 1 & 8) ASTR FBRART $45.00

WOOL PREPARATION (PER000256) (o Credit)
Students will learn the complete wool preparation process and learn how to select a fleece that is suitable for their project. They will also learn how to card it and wash it and to comb or pick and card fiber to prepare it for spinning and weaving. Students will buy materials in class for $30.

D1 STAFF 2:00-4:00pm N (Oct. 9 & 16) ASTR FBRART $45.00
D2 STAFF 2:00-4:00pm N (Nov. 6 & 13) ASTR FBRART $45.00

THE INS AND OUTS OF PTSD (SOC94932CE) (o Credit)
Overview of the latest findings on the effects of trauma on the brain. Licensed Social Workers, Counselors, Nurses and Neurologists will learn how an individual responds and how they experience the survivor’s re-experiencing. Through the day treatment suggestions will be made and discussed. This is a new looking, a rapidly growing field and one that benefits us all to understand. Cost of the class for Clatsop College students for CEUs is $35 made payable to Clatsop College, and additional $10 fee made payable to NRWC: For Community Members (who are not students of the college), the cost is $85 paid by October 15, and thereafter the cost of the class is $110. Please call 503-325-9076 for registration and payment. This course is for CEU credit only.

D1 STAFF 9:00am-4:30pm F COLB 219 $15.00

FLAGGER TRAINING-ODOT CERT. (OSTY897X) (o Credit)
Prepares those employed or employable as flaggers to train or retrain for certification in Oregon, Washington and Idaho. Alerts participants to dangers and pitfalls inherent in the work place, provides them with the information they need to be safe and prepare a safe environment for coworkers, drivers and pedestrians.

D1 MACDONALD 9:00am-3:50pm S TMOB 306 $60.00
D2 MACDONALD 9:00am-4:50pm S TMOB 306 $60.00
D3 MACDONALD 9:00am-4:50pm W TMOB 306 $60.00
D1 WILSON 9:00am-4:50pm S TMOB 306 $60.00
D2 WILSON 9:00am-4:50pm W TMOB 306 $60.00

HANDGUN SAFETY (CRJ912600) (o Credit)
Participants will learn handgun safety for personal and/or professional applications, and will obtain the necessary training to apply for a concealed weapon permit.

D1 OLSEN 7:00-9:50pm M ARTB-101 $60.00
D2 OLSEN 7:00-9:50pm M ARTB-101 $60.00
E1 OLSEN 7:00-9:50pm M ARTB-101 $60.00
D1 MACDONALD 7:00-9:50pm M ARTB-101 $60.00
D2 MACDONALD 7:00-9:50pm M ARTB-101 $60.00

FOOD HANDLERS TRAINING (HRT9543X) (o Credit)
Food Handlers will learn preparation and serving of safe food. Emphasis will be placed on the five major factors of food-borne illnesses. An exam is required for certification. Student required to complete 2 hours of training. Contact CCC South County Campus for registration information at 503-338-2402. This class is offered in English Language only. Please pay $10 fee to instructor at the first class.

D2 NAUMAN 7:00-8:30pm M SCCC RM1 $10.00

SOCRER REFEREE TRAINING (PD59794X) (o Credit)
Students will review and discuss soccer officiating and rules, and other aspects of officiating high school soccer games according to national federation rules. Call 503-338-2445 for registration information.

D3 TOWAS TBA TBA TBA No Fee
D2 TOWAS TBA TBA TBA No Fee

VOLLEYBALL REFEREE TRAINING (PD59794X) (o Credit)
Students will review and discuss volleyball officiating, rules and other aspects of officiating high school volleyball matches according to national federation rules. Call 503-338-2445 for registration information.

D3 TOWAS TBA TBA TBA No Fee
D2 TOWAS TBA TBA TBA No Fee

LIVE AUDIO ENGINEERING (THE368501) (o Credit)
Whether you want to be a rock and roll roadie or just make your band or choir sound better, this course will teach you to mix live sound in a large or small venue. This study of live sound engineering is taught by a sound technician who has mixed in great venues such as the House of Blues, the Roxy, 30,000-seat outdoor festivals, all with national acts. The course includes: the physics of sound, the set up and use of various sound equipment including front of house and monitors, and the practical application of this knowledge as pertains to live performance.

D1 BRADBURY 6:00-7:30pm M FPM 207 $85.00
D2 BRADBURY 6:00-7:30pm M FPM 207 $85.00

See page 2 for “How To Read This Schedule”, “Key”, “Important Dates”, and “Locations”. 12
## COTTAGE INDUSTRY STARTUPS (BUS357214) (0 Credit)
Would you like to be your own boss? You can build your own business, whether it be baking, soap making, or sell handmade crafts and jewelry.  Business training and support is provided, so call for information.

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## SAFETY N.E.T. (EMS550046) (0 Credit)
This course will provide students with theoretical and practical knowledge and skills required to safely and effectively assist in emergency situations.  Course fee is $35, payable at the first class.  Registration deadline is OCTOBER 14.  There are 300 seats available.  Start Date: SEPTEMBER 19 End Date: OCTOBER 15

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## ADULT CPR (HEL9446X) (0 Credit)
This course will provide students with theoretical and practical knowledge and skills required to safely and effectively assist in emergency situations.  Course fee is $35, payable at the first class.  Start Date: SEPTEMBER 24 End Date: OCTOBER 13

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## ADULT CPR/FIRST AID (HEL94460) (0 Credit)
This course will provide students with theoretical and practical knowledge and skills required to safely and effectively assist in emergency situations.  Course fee is $35, payable at the first class.  Start Date: SEPTEMBER 24 End Date: OCTOBER 13

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## INFANT/CHILD CPR (HEL9446X) (0 Credit)
This course will provide students with theoretical and practical knowledge and skills required to safely and effectively assist in emergency situations.  Course fee is $35, payable at the first class.  Start Date: AUGUST 28 End Date: SEPTEMBER 26

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## CPR FOR HEALTH PROVIDERS (HEL94465X) (0 Credit)
The American Heart Association Basic Life Support for Health Care Providers is designed to provide health professionals training to recognize several life-threatening emergencies.  Course fee is $35, payable at the first class.  Registration deadline is OCTOBER 14.  There are 300 seats available.  Start Date: SEPTEMBER 24 End Date: OCTOBER 13

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</tr>
<tr>
<td>D3</td>
<td>NORMAN</td>
<td>8:00-11:50am</td>
<td>W</td>
<td>ASTR-IOSE</td>
<td>$28.00</td>
<td></td>
</tr>
<tr>
<td>Start Date: SEPTEMBER 24</td>
<td>End Date: SEPTEMBER 27</td>
<td></td>
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</tr>
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</table>

## HAM RADIO TRAINING (CR29126X) (0 Credit)
This course is an entry level course in the basics of ham radio.  Course fee is $125, payable at the first class.  Start Date: SEPTEMBER 24 End Date: DECEMBER 11

<table>
<thead>
<tr>
<th>SECTION ID</th>
<th>INSTRUCTOR</th>
<th>TIME</th>
<th>DAY</th>
<th>LOCATION</th>
<th>FEES</th>
<th>CODES</th>
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<tbody>
<tr>
<td>W1</td>
<td>HOUSING</td>
<td>5:30-8:20pm</td>
<td>F</td>
<td>SCCC 010</td>
<td>No Fee</td>
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</tr>
<tr>
<td>Start Date: OCTOBER 14</td>
<td>End Date: OCTOBER 15</td>
<td></td>
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</tbody>
</table>
Do You Employees Need Additional Training To Increase Productivity At Work? Are You Sending Employees Out Of The Region For Training? Do You Struggle With Organizing and Finding The Time For In-house Training?

Our customized training services are designed to help you identify specific industry skills and create convenient and affordable training sessions that hit the target. Assessment consulting is free!

What Is Workforce Training?

Workforce training strives to be responsive to the workforce needs of local businesses by providing training opportunities for workers seeking to gain or improve skills, knowledge or understanding of various topics needed in their occupations. Customized training is also available to businesses based on specific needs and is delivered in a flexible format geared to specific schedules and site locations. For example, training topics may include pre-employment orientation, industrial and manufacturing, safety and regulatory, medical, computer, and hospitality service. You can increase your business capacity to utilize specialized training with such services as train-the-trainer workshops, job analysis, needs assessment, pre-employment preparation, leader and skill upgrading, and consulting services. For more information call 503-338-2408.

Types Of Training Available To You

- Industry-Specific Short Courses and Workshops
- Accounting and Bookkeeping
- Supervisory and Management Training
- Industry Certifications/Recertification and Testing
- Effective Workplace Communications and Team Building
- New Employee Orientation
- Customer Service
- OSHA Safety
- Manufacturer Training
- Supervisory Training
- Medical Training
- Computer Training
- Basic Office Skills
- Pre-employment Orientation
- Safety and Regulatory Training
- Real Estate Workshops
- Leadership Training
- Public Safety Classes & Workshop

For Information On Workforce Training, Contact:

Kristen Wilkin
Dean, Workforce Education
CCC - MERTS Campus
6540 Liberty Lane
Astoria, OR 97103
503-338-7696

Paula Duncan
Education For Life Coordinator
CCC - Josie Peper Building
1642 Franklin St.
Astoria, OR 97103
503-338-2408

INDUSTRIAL SAFETY TRAINING APPLICATIONS

Clatsop Community College's Industrial and Manufacturing Technologies Center offers modules affording open entry/exit enrollment utilizing a self-paced format of delivery approximately four hours in length. For available modules, days, times, and registration information, contact the IMTC Department office at 503-338-7670.

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**Fall 2011**

**How To Read This Schedule**

- **COURSE NUMBER:** The 3-letter, 6-digit number listed to the right of the class title needed to register for the class.
- **SECTION ID:** The 1-letter, 1-digit number needed to register for the class.
- **INSTRUCTOR:** Indicates who teaches the class.
- **TIME:** The time the class is offered.
- **DAYS:** The day(s) the class is offered.
- **LOCATIONS:** See below for class locations.
- **TUITION/FEES:** Cost to enroll in class. NO FEE: There is no fee to take this class.
- **SEE ABOVE:** See class description for pricing information.
- **KEY:**
  - E = Evenig Class
  - O = Open Entry/Open Exit
- **Instructor Permission:** Students must have permission from course instructor before registering for the class.
- **Open Entry:** Many Open Entry/Exit courses have no late registration fees. Many of these classes may be started at anytime during the term. You must complete the required amount of hours. Contact the class instructor for more information.

**Locations:**

- **ARTB:** Art Building, CCC 1799 Lexington Ave., Astoria
- **ASTR AQUACULTURE:** Aqauristics Center 1997 Marine Dr., Astoria, OR
- **ASTR AQA:** Aqauristics Center 1997 Marine Dr., Astoria, OR
- **ASTR ARC:** American Red Cross 1054 Exchange St., Astoria, OR
- **ASTR ARTMOV:** Arts and Movement Center 1103 Grand Ave., Astoria, OR
- **ASTR CMH:** Columbia Memorial Hospital 2111 Exchange St., Astoria, OR
- **ASTR FINE ARTS ACADEMY:** Columbia Hall, CCC 1296 Duane St., Astoria, OR
- **ASTR HONDO:** Hondo’s Brew 2703 Marine Dr., Astoria, OR
- **ASTR LOTUS:** Lotus Yoga Studio 2535 Marine Dr., Suite F, Astoria, OR
- **CLTK CMS:** Clatskanie Middle School 505 SW Bryant St., Clatskanie, OR
- **CLTK SENIOR:** Clatskanie Senior Center 6201 SW Tichenor, Clatskanie, OR
- **COLB:** Columbia Hall, CCC 1651 Lexington Ave., Astoria, OR
- **PACM:** Performing Arts Center 16th St. and Franklin St., Astoria, OR
- **PATR/PATR GYM:** Patriot Hall/Patriot Hall Gym, CCC 1650 Lexington Ave., Astoria, OR
- **RAIN RHS:** Rainier High School 28170 Old Rainier Rd., Rainier, OR
- **SCCC/SCCC LAB:** CCC South County Campus/Computer Lab 1455 N Roosevelt, Seaside, OR
- **SEAS BCC:** Bob Ochismal Community Center 1225 A, Seaside, OR
- **SEAS HIGHS:** Seaside High School 1901 N. Holland Dr., Seaside, OR
- **SEAS LIBR:** Seaside Public Library 1131 Broadway, Seaside, OR
- **SEAS MASON:** The Masonic Temple 201 N. Holland Dr., Seaside, OR
- **TOW:** Shoestock Hall, CCC 1660 Lexington Ave., Astoria, OR
- **WAR OCEAN:** Ocean Crest Motors 855 N. Hwy. 101, Warrenton, OR

**Clatsop Community College and IITR Fall CDL Courses**

Professional truck driving training prepares the student to enter a wide variety of work within the transportation and logistics industry, including associated jobs such as warehousing and local delivery.

Clatsop Community College offers a Professional Truck Driving Less-Than-One-Year Certificate and courses can be taken by degree and non-degree seeking students looking to increase their workforce skills. Upon completion of the courses a student will be able to hold a CLASS A CDL with all Endorsements except passengers.

**Fall term class dates are currently being developed.**

**Place:** Maritime Science Building Conference Room, MERTS Campus, 6550 Liberty Lane, Astoria

**Courses:** TTL 101 Intro. To Professional Truck Driving and Logistics (4 credits)

TTL 102 Practical Applications in Professional Truck Driving and Logistics (6 credits)

**Cost:** $4,700 for the two courses which must be registered for together. Payment will be made to IITR directly.

To register please call: 503-325-7962 or 503-338-7696.

**Historic Preservation and Restoration Workshops Fall 2011**

For more information contact Lucien Swerdloff at Lswerdloff@clatsopcc.edu or 503-338-2301.

**BLD 226: Wood Window Restoration**

Students gain knowledge and practical hands-on experience in materials and methods of construction for wood systems.

**Instructor:** Kevin Palo

**Times:** 9:00am-4:00pm, 24-25 Sep. Location: Astoria Train Depot

**BLD 122: Floor Systems**

Students gain knowledge and practical hands-on experience in materials and methods of construction for floor systems.

**Instructor:** Kirk Garrison

**Times:** 9:00am-4:00pm, 1 Oct. and 8 Oct. Location: TBA

**BLD 123: Wall Systems**

Students gain knowledge and practical hands-on experience in materials and methods of construction for wall systems.

**Instructor:** Kirk Garrison

**Times:** 9:00am-4:00pm, 15 Oct. and 22 Oct. Location: TBA

**BLD 225: Window Documentation and Restoration**

Students gain knowledge and skills to document and restore historic wood windows.

**Instructor:** Kevin Palo

**Times:** 9:00am-4:00pm, 24-25 Sep. Location: Astoria Train Depot

**BLD 136: Materials: Glass**

Students gain knowledge and practical hands-on experience in applications and properties of glass in construction.

**Instructor:** Pam Chestnut

**Times:** 9:00am-4:00pm, 5-6 Nov. Location: TBA

**BLD 127: Stair Layout**

Students gain knowledge and practical hands-on experience in materials and methods of construction for stairs.

**Instructor:** Ed Overbay

**Times:** 9:00am-4:00pm, 19-20 Nov. Location: Overbay Houseworks, Warrenton

**HISTORIC PRESERVATION AND RESTORATION WORKSHOPS FALL 2011**

**For more information contact Lucien Swerdloff at Lsuerdloff@clatsopcc.edu or 503-338-2301.**

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1651 Lexington Ave.
Astoria, OR 97103
1455 N. Roosevelt
Seaside, OR 97138

Postal Patron

Clatsop Community College Academic Schedule Now ONLINE!
Looking for a writing, math or welding class? Fall 2011 academic classes are available now. You can access the schedule online at www.clatsopcc.edu or call the Student Services Center at 503-338-2411, or the South County Campus 503-338-3402 for assistance. Returning students can register online using MyCCC.

Art Center Gallery: Exhibits  Gallery Info: www.clatsopcc.edu

Womanizing Eve
September 26th - October 27th
Keith Howard
Solo Show Award Winner 2011 Au Naturel
Opening Reception: Thursday, October 6th, 6:00 p.m., CCC Art Center Gallery

Two Monotype Printmakers:
William Park and Stephen Hayes
November 3rd - December 9th
Printmaking exhibit curated by Royal Nebeker
Opening Reception: Thursday, November 3rd, 6:00 p.m., CCC Art Center Gallery

Graphic Design Exhibit
January 5th - February 9th
Curated by Lucien Swerdloff
Opening Reception: Thursday, January 5th, 6:00 p.m., CCC Art Center Gallery

Au Naturel: The Nude in the 21st Century
February 23rd - March 29th
International Juried Competition founded by Kristin Shauck
Opening Reception: Thursday, February 23rd, 6:00 p.m., CCC Art Center Gallery

Pacific Rim Ceramics
April 5th - May 11th
Ceramic exhibit curated by Richard Rowland
Opening Reception: Thursday, April 5th, 6:00 p.m., CCC Art Center Gallery

CCC Student Art Show
May 17th - June 7th
Opening Reception: Thursday, May 17th, 6:00 p.m., CCC Art Center Gallery

Are there classes you would like to see offered that are not listed in this schedule?
Would you like to teach a class? Let us hear from you.
Contact: PAULA DUNCAN
Coordinator, Education For Life at 503-338-2408 or pduncan@clatsopcc.edu

Accredited by the Northwest Commission on Colleges and Universities
It is the policy of Clatsop Community College that there will be no discrimination or harassment on the grounds of race, color, sex, marital status, religion, national origin, age, sexual orientation, or disability in any educational programs, activities, or employment. Questions or complaints should be directed to the Alternate Admissions Officer in Library, 1st fl at 503-338-2492; TDD 503-338-2468. The Section 504 Coordinator is located in the Student Services Center 503-338-2474. For ADA and other accommodations call 503-338-2474 TDD 503-338-2468