People come to Clatsop Community College (CCC) to make improvements in their lives, to work toward a more satisfying future. Substance abuse is an obstacle to achieving these goals, and is not tolerated in the college community.

COLLEGE POLICY ON ALCOHOL AND ILLEGAL DRUG USE

Clatsop Community College has a policy of non-use of alcohol and illegal drugs. This is both in compliance with the Drug-Free School and Colleges Act effective 1990, and in the interest of student success. Your chance of success at college is severely reduced if you abuse alcohol or illegal drugs.

On College owned/controlled property, or at activities sponsored by Clatsop CC student organizations, the following are IN VIOLATION of college policy:
1. Possession, consumption, being perceptibly under the influence or furnishing of alcoholic beverages (as identified by state or federal law.)
2. Possession, consumption, being perceptibly under the influence or furnishing of a narcotic or other dangerous drug, as defined by ORS 475 or ORS 167.203 to 167, as now law or hereinafter amended, unless lawfully prescribed by a licensed medical practitioner or dentist.

SANCTIONS MAY BE IMPOSED FOR POLICY VIOLATIONS, HELP IS AVAILABLE ON CAMPUS

Sanctions administered through the Dean of Student Services may include: Expulsion (removal of privilege to attend Clatsop CC), suspension for a definite period of time, disciplinary probation with specific requirements for continued enrollment, suspension or expulsion for violation of these terms, and/or disciplinary admonition or warning.

ON-CAMPUS HELP - Student assistance counseling is available both on and off campus concerning personal difficulties, including alcohol and drug use related problems. Free and confidential evaluation, brief interventions, and appropriate referrals are available by requesting an appointment with the College Counselor at the Student Service Center (SSC.) To schedule an appointment with Jim Holen, Student Services Counselor, contact the SSC front-counter staff, extension 2474, or email to jholen@clatsopcc.edu.

Additional College Supports - To assist with transitions and adjustment to college life, students enrolled in the Lives in Transition (LIT) program (Alder Hall) and the Student Support Services (PLUS) program receive extra help with personal and academic planning and problem solving. Also, several credit courses in the Health and Social Sciences Departments can increase your awareness of substance abuse, and help with intervention concerning alcohol and drug abuse and dependency. Clatsop CC offers extensive opportunities for substance abuse-free student activities.

Students can feel free to talk to any faculty or staff member with whom you feel comfortable, and can expect that your requests for resource information and assistance will be treated with respect, confidentiality, and compassion.

OFF-CAMPUS RESOURCES FOR HELP WITH SUBSTANCE ABUSE AND RELATED PROBLEMS

- OREGON PARTNERSHIP Helpline 1-800-923-HELP (4357) www.orpartnership.org
- Clatsop Behavioral Healthcare: Mental health evaluation, counseling, referral for recovery: (503) 325-5722
- Private practitioners - phone book yellow pages, or “substance abuse treatment Clatsop County OR” web search
- SELF-HELP GROUPS: Schedules and pamphlets for Alcoholics Anonymous (AA), Narcotics Anonymous (NA), and Alanon may be found on the self-help rack in the Student Services Center and on bulletin boards. Meeting times and contact phone numbers are listed. Local newspapers also list meetings weekly.
- AA: Self-help support group for alcohol abuse recovery: (503) 861-5526 or (360) 423-2520
- NA: Self-help support group for drug abuse recovery, (503) 325-1076
- Alanon: Self-help support group for people in a relationship with alcohol or drug addicts, or who grew up in homes with addicts: (503) 861-1703. Meeting info-line: (503) 338-5688 or 1-800-4AL-ANON.

Tobacco Cessation Contact: OREGON TOBACCO QUIT LINE: 1-800-QUIT-NOW (800-784-8669); Spanish: 1-877-2NO-FUME (877-266-3863); TTY: 1-877-777-6534; www.oregonquitline.org Tobacco use is illegal if under age 18.

INFORMATION ON HEALTH RISKS AND LEGAL PENALTIES FOR POSSESSION/TRAFFICKING FOLLOW
ILLEGAL SUBSTANCES: PHYSICAL SYMPTOMS, EFFECTS, AND HEALTH RISKS

ALCOHOL (beer, wine, liquor; illegal if under 21): Alcohol is a depressant, and misuse can lead to risk-taking and physical dependence. Alcohol may cause: addiction, accidents as a result of impaired ability and judgment, fatal overdose when mixed with other depressants, and long-term heart, liver, nerve and brain damage.

DEPRESSANTS (These include Opiate and Opioid narcotics, such as heroin, morphine, codeine. Sedatives, like Valium, Quaaludes, etc.) Use of Depressants may cause: Tissue dependence; muscle rigidity, withdrawal, tremors/seizures, tissue toxicity, and overdose coma, especially in combination with alcohol. Heroin users who share needles are also at risk of contracting Hepatitis and the HIV/AIDS virus.

COCAINE (including crack): Taken as an “upper”, cocaine is the most addictive drug known and one of the most difficult to kick. It is an extremely unpredictable and destructive drug physically. Use of Cocaine may cause: Physical dependence, compulsive use, sudden heart attack, seizures, gland exhaustion, and brain disturbances leading to loss of all appetites and pleasure, then craving.

OTHER STIMULANTS (Amphetamines —speed, meth, crank, caffeine, nicotine): Stimulants are the most widely used illegal drugs in the US. Use of Other Stimulants may cause: Physical dependence, compulsive use, hyperactivity leading to exhaustion, toxicity, paranoia, depression, confusion, possible hallucinations, and severe weight loss.

MARIJUANA: In addition to lung cancer causing agents, most studies now show a particular hormonal problem for younger males, and for women during pregnancy, which can result in miscarriages and genetic disorders. Use of Marijuana may inhibit goal motivation and cause: Panic reaction, permanently impaired short term memory, as well as psychological addiction.

HALLUCINOGENS: (LSD, PCP, MDMA, mushrooms, peyote). Use of Hallucinogens may cause: Unpredictable behavior, emotional instability, and, with PCP, psychosis for a susceptible users, violent behavior.

INHALANTS: (gas, aerosols, nitrites, Rush, White Out): Chemicals in existing products, intended for other uses, are now being abused. Abuse of such substances can unpredictably result in severe damage to the brain and all vital organs, much of which is irreversible. Use of Inhalants may cause: Unconsciousness, suffocation, nausea and vomiting, damage to brain and central nervous system, sudden death.

FEDERAL PENALTIES: The following are Federal penalties for ILLEGAL POSSESSION of drugs, under the Comprehensive Drug Abuse Prevention and Control Act. PENALTIES: Schedules I-V (penalties for possession are the same for all schedules) 1st Offense - 1 yr/$5,000 (for first offense, probation may be given), 2nd Offense - 2 yr/$10,000. Federal Trafficking Penalties (dea.gov) and State of Oregon Trafficking Penalties (OR.us.gov) also apply.

SCHEDULE I: Heroin, marijuana, THC (tetrahydrocanabinnol), LSD, mescaline, some morphine salts, methaqualone.

SCHEDULE II: Morphine, cocaine, methadone, opium, codeine, seco-barbital, pentobarbital, meperidine, amphetamine, methamphetamine.

SCHEDULE III: Nonamphetamine-type stimulants; some barbiturates, some narcotic preparations, paregoric, phenacyclidine.

SCHEDULE IV: Barbital, chloral hydrate, meprobamate, phenobarbital, propoxyphene, diazepam, chloridiazepoxide, and certain non-amphetamine stimulants not listed in previous schedules.

SCHEDULE V: These are compounds, mixtures, and preparations with very low amounts of narcotics, diluted codeine and opium compounds.

STATE PENALTIES: The following are Oregon penalties for ILLEGAL POSSESSION of drugs. Oregon laws are stricter than Federal laws.

SCHEDULE I: Class B Felony: Heroin, LSD, other hallucinogens, marijuana, others. Maximum prison time: 10 years. Maximum fine: $100,000.

SCHEDULE II: Class C Felony: Methadone, morphine, amphetamines, methamphetamines, cocaine, and PCP. Maximum prison time: 5 years. Maximum fine: $100,000.

SCHEDULE III: Class A Misdemeanor: Non-amphetamine stimulants, some depressants. Maximum prison time: 1 year. Maximum fine: $2,500.

SCHEDULE IV: Class C Misdemeanor: Valium-type tranquilizers, some less potent depressants. Maximum prison time: 30 days. Maximum fine: $500.

SCHEDULE V: Violation, small amounts (less than one ounce) of marijuana, dilute mixtures, compounds with small amounts of controlled drugs. Maximum prison time: none. Maximum fine: $1,000.

HB2479 established mandatory evaluation, education and treatment services for those below 18 years of age. If services are successfully completed, the charges will be dropped.

Oregon has new laws allowing cars, boats, etc., that transport illegal drugs to be seized and forfeited. For the purposes of the Oregon DUII statutes, for a person under 21 years of age, any amount of alcohol in the blood constitutes being under the influence of intoxicating liquor (class A misdemeanor, penalty of up to 1 year and $2,500 fine and suspension and/or revocation of driving privileges). Rev 3-31-2011

FEDERAL FINANCIAL AID CAN BE LOST FOR ONE TO FIVE YEARS FOR A DRUG CHARGE CONVICTION